

# YOUR DAILY COVID-19 RESPONSIBILITY

Use this chart to guide your behavior to help stop the spread of COVID-19.

## EXHIBITING ANY SYMPTOMS?

- Fever (100.4°F or 38°C)
- Dry cough
- Headache
- Sore throat
- Congestion or runny nose
- Muscle or body aches
- New loss of taste or smell
- Nausea, vomiting or diarrhea
- Chills
- Out-of-the-ordinary fatigue
- Shortness of breath or difficulty breathing

### YES

Stay in your residence and do not attend in-person classes or activities. Contact Student Health Services at **215-204-7500** and notify your faculty that you are unable to attend class.

Begin isolation immediately. You will need to isolate for a minimum of **10 days** and go at least **24 hours** without a fever and other symptoms before you may resume normal activity.

If you experience trouble breathing, persistent pain or pressure in the chest, new confusion, inability to wake or stay awake, or bluish lips or face

**CALL  
911**

**DO NOT COME  
TO CAMPUS**

### NO

- **Protect yourself by practicing the four public health pillars.**
  - Properly wear a face covering except when eating or drinking.
  - Maintain six feet of physical distance.
  - Wash your hands.
  - Monitor your health daily.
- **Clean and disinfect common spaces before and after use.**

