Biometric Screening
Blue Cross Providers

To register, click here

<table>
<thead>
<tr>
<th>Main Campus</th>
<th>Health Science Center</th>
<th>TASB</th>
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| Friday, April 11, 2014  
Howard Gittis Student Center  
Room 200B  
12:00 noon to 4:00 pm | Friday, April 25, 2014  
Student Faculty Center  
1st Floor Lobby  
12:00 noon to 4:00 pm | Friday, May 23, 2014  
Administrative Bldg.  
Cafeteria Area  
1st Floor |
| Tuesday, April 22, 2014  
Morgan Hall  
Room D301  
12:00 noon to 4:00 pm | Thursday, April 24th  
12th Annual Health & Wellness Fair  
Mitten Hall - Great Court  
11:00 am to 3:00 pm |

Get your numbers by attending an upcoming IBC health screening. The health screenings will check your weight, blood pressure, cholesterol and blood sugar levels.

If you can't make it to an IBC screening, check with your doctor's office to see if they can provide you with your weight, blood pressure, cholesterol and blood sugar levels.

To register, go to the HR Learning and Development Training website and select a date, time, and location.

Wellness check-ups and physical exams are covered once every two years for adults over the age of 18. For full details on the guidelines, click here.