

## **Temple Psychology Department & the PSC**

The PSC is a training clinic for the doctoral students in the Clinical Psychology Program. The program is one of the **Top 10 Clinical Psychology Doctoral Programs** in the country.

Among the faculty are leading researchers in the fields of depression, adult and child anxiety disorders. Most serve as editors of major research journals and have authored textbooks and treatment manuals which have gained national and international recognition.

### **PSC Director**

**Dr. Catherine Panzarella** received her Ph.D. in Clinical Psychology from **Temple University** and served as a postdoctoral fellow for a National Institute of Mental Health study on the etiology of depression. She is certified in cognitive therapy and is a founding fellow of the Academy of Cognitive Therapy. Prior to joining the PSC, Dr. Panzarella worked at the senior management level in public behavioral health services for the City of Philadelphia and the largest Mental Health Association affiliate in the United States. Additionally, she has provided therapy and behavioral consultation over the years through agencies and private practice.

Dr. Panzarella currently serves on the Philadelphia Compact for Children's Behavioral Health.

1701 North 13th Street  
Weiss Hall, 4th Floor  
Philadelphia, PA 19122  
215-204-7324  
psc@temple.edu



**Psychological  
Services  
Center**

**Quality, affordable mental  
health services for  
Temple University and  
surrounding communities**

**For Appointments,  
Call 215-204-7324**



## *What is the PSC?*

The Psychological Services Center (PSC) provides counseling and psychological services for mental health and relationship issues, as well as comprehensive psychological assessments.

We serve children, adolescents, adults, couples, and families from Temple University and the surrounding communities. We welcome families and individuals from all backgrounds and lifestyles.

## *PSC Staff*

The PSC is staffed by advanced doctoral students in clinical psychology, Temple faculty, and community psychologists. Clients are seen by doctoral students, who are supervised by licensed staff psychologists from the faculty.

## *Appointments*

To make an appointment, please call us Monday through Friday at  
**215-204-7324**

## *Therapy Services*

We offer a variety of psychological treatments, including cognitive-behavioral, acceptance-based, and relationship-based interventions. We provide services for:

- **Anxiety**
- **Depression**
- **Work/School Stress**
- **Couples/Marital Therapy**
- **Gay, Lesbian, Bisexual, and Transgender Issues**
- **Anger Management**
- **Trauma**
- **Disordered Eating**
- **Child-Family Conflicts**
- **Behavioral and Conduct Problems**

There is no limit on the number of sessions individuals can attend. Treatment length varies according to the needs of our clients.

## *Assessment Services*

We offer a variety of assessment services, including:

- **Cognitive evaluations for school admissions**
- **Personality assessments**
- **Neuropsychological evaluations**
- **Learning disability evaluations**
- **Attention-deficit hyperactivity disorder evaluation**

## *Fees and Hours*

We provide flexible fees and treatment hours to our clients. Our fees are based on a sliding scale according to clients' ability to pay and we have both day and evening hours available.

## *Location*

We are on the 4<sup>th</sup> floor of Weiss Hall at Temple University, located at the northeast corner of 13<sup>th</sup> Street and Cecil B. Moore. Our address is:

**1701 North 13<sup>th</sup> Street  
Philadelphia, PA 19122**

