

Psychology 761: Special Topics in Clinical Psychology

MOOD DISORDERS

Fall, 2004

Professor: Dr. Lauren B. Alloy

Office: 762 Weiss Hall

Room: 704 Weiss Hall

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Time: Tues. 1:30 – 4:30

Office Hours: Tues. 10:30 – 1:30

Course Description:

The course will review a broad range of concepts, research, theory, and methodology in the field of mood disorders. We will study the mood disorders from multiple theoretical perspectives. The topics were chosen in consultation with the students registered for the course and were of interest to them. The major goal of the course is an appreciation of some of the issues in the psychopathology of mood disorders, development of the ability to think clearly about these issues, and the chance to engage in more in-depth discussion and research on these disorders.

Prerequisite:

Permission of professor.

Teaching Method:

The course is designed as a combination seminar and lab format. Each week we will spend half of class time discussing the readings on a specific topic within mood disorders. Each student should come prepared to discuss the major issues, findings, and controversies in the readings for that week. The other half of class will be devoted to a research lab in which the students will form small groups and, with the instructor's help, design and conduct a research study related to mood disorders (using either existing data or involving the collection of new data). Each group's research project will be discussed with the class for feedback.

Evaluation:

A research paper is due by December 7 (or any time before). Course grades will be based on three criteria: (1) participation in class discussion (25%); (2) your work on your research project (25%); and (3) an original, research paper (50%). The research paper must be on a topic somehow related to mood disorders, but it does not have to be on one of the topics actually covered in class. The research paper can be a paper that you are also using to fulfill other program requirements (e.g., predissertation, dissertation literature review or proposal, prelim. paper, or other journal article you are working on). Please have your research paper topic approved by me before proceeding with it.

Readings:

Please read as many of the readings on the attached list for each week as you can and be prepared to discuss them. I have tried to keep the readings for each week down to a reasonable amount. Readings will be placed on reserve in Room 748.

Discussion Topics

I. Introduction

August 31 -

Overview of Course/Getting Organized

- II. Comorbidity
 - September 7 - Anxiety/Depression Comorbidity
 - September 14 - Eating Disorders/Depression Comorbidity
 - September 21 - Substance Use/Depression Comorbidity
 - September 28 - Sexual Orientation and Depression
 - October 5 - No Class
- III. Bipolar Disorders and Suicidality
 - October 12 - Suicide and Parasuicide
 - October 19 - Social and Circadian Rhythms/Zeitgebers and Bipolar Disorders
 - October 26 - Behavioral Approach System and Bipolar Disorder
- IV. Stress, Coping, Personality, and Risk Promoting and Risk Protective Factors
 - November 2 - Life Stress and Depression
 - November 9 - Rumination and Depression
 - November 16 - Personality as Vulnerability, Symptomatic Expression, or Consequence of Depression
 - November 23 - Risk Protective Factors
Role of Social Support
- V. Developmental Origins of Depression
 - November 30 - Adolescent Depression
 - December 7 - Parenting Styles, Maltreatment, and Depression
 - December 7 - Research Paper Due**

Readings

August 31

None.

September 7

Alloy, L.B., Kelly, K.A., Mineka, S., & Clements, C.M. (1990). Comorbidity of anxiety and

- depressive disorders: A helplessness-hopelessness perspective. In J.D. Maser & C.R. Cloninger (Eds.), Comorbidity of mood and anxiety disorders. Washington, DC: American Psychiatric Press, Inc. pp. 499-543.
- Chorpita, B.F., & Barlow, D.H. (1998). The development of anxiety: The role of control in the early environment. Psychological Bulletin, *124*, 3-21.
- Kendler, K.S., Neale, M.C., Kessler, R.C., Heath, A.C., & Eaves, L.J. (1992). Major depression and generalized anxiety disorder: Same genes, (partly) different environments? Archives of General Psychiatry, *49*, 716-722.
- Mineka, S., Watson, D., & Clark, L.A. (1998). Comorbidity of anxiety and unipolar mood disorders. Annual Review of Psychology, *49*, 377-412.
- Swendsen, J.D. (1997). Anxiety, depression and their comorbidity: An experience sampling test of the helplessness-hopelessness theory. Cognitive Therapy and Research, *21*, 97-114.

September 14

- Abramson, L.Y., Bardone-Cone, A.M., Vohs, K.D., Joiner, T.E., Jr., & Heatherton, T.F. (in press). The paradox of perfectionism and bulimia: Toward a resolution. In L.B. Alloy & J.H. Riskind (Eds.), Cognitive vulnerability to emotional disorders. Hillsdale, NJ: Erlbaum.
- Hinz, L.D., & Williamson, D.A. (1987). Bulimia and depression: A review of the affective variant hypothesis. Psychological Bulletin, *102*, 150-158.
- Metalsky, G.I., Joiner, T.E., Jr., Wonderlich, S.A., Beatty, W.W., Staton, R.D., & Blalock, J.A. (1997). When will bulimics be depressed and when not? The moderating role of attributional style. Cognitive Therapy and Research, *21*, 61-72.
- Stice, E., Hayward, C., Cameron, R.P., Killen, J.D., & Taylor, C.B. (2000). Body-image and eating disturbances predict onset of depression among female adolescents: A longitudinal study. Journal of Abnormal Psychology, *109*, 438-444.
- Wade, T.D., Bulik, C.M., Neale, M., & Kendler, K.S. (2000). Anorexia nervosa and major depression: Shared genetic and environmental risk factors. American Journal of Psychiatry, *157*, 469-471.

September 21

- Breslau, N., Novak, S.P., & Kessler, R.C. (2004). Daily smoking and the subsequent onset of psychiatric disorders. Psychological Medicine, *34*, 323-333.
- Chassin, L., Hussong, A., Barrera, M., Molina, B.S.G., Trim, R., & Ritter, J. (in press). Adolescent substance use. In R. Lerner & L. Steinberg (Eds.), Handbook of adolescent psychology. New York: Wiley.
- Covey, L.S., Glassman, A.H., & Stetner, F. (1998). Cigarette smoking and major depression. Journal of addictive diseases, *17*, 35-46.
- Holahan, C.J., Moos, R.H., Holahan, C.K., Cronkite, R.C., & Randall, P.K. (2004). Unipolar depression, life context vulnerabilities, and drinking to cope. Journal of Consulting and Clinical Psychology, *72*, 269-275.
- Stice, E., Burton, E.M., * Shaw, H. (2004). Prospective relations between bulimic pathology, depression, and substance abuse: Unpacking comorbidity in adolescent girls. Journal of Consulting and Clinical Psychology, *72*, 62-71.

September 28

- Cochran, S.D., & Sullivan, J.G. (2003). Prevalence of mental disorders, psychological distress, and mental health services use among lesbian, gay, and bisexual adults in the United States. Journal of Consulting and Clinical Psychology, *71*, 53-61.
- Lewis, R.J., Derlega, V., Griffin, J.L., & Krowinski, A.C. (2003). Stressors for gay men and lesbians: Life stress, gay-related stress, stigma consciousness, and depressive symptoms. Journal of Social & Clinical Psychology, *22*, 716-729.
- Matthews, A.K., Hughes, T.L., Johnson, T., Razzano, L.A., & Cassidy, R. (2002).

- Prediction of depressive distress in a community sample of women: The role of sexual orientation. American Journal of Public Health, 92, 1131-1139.
- Mills, T.C., Paul, J., Stall, R., Pollack, L., Canchola, J., Chang, Y.J., Moskowitz, J.T., & Catania, J.A. (2004). Distress and depression in men who have sex with men: The Urban Men's Health Study. American Journal of Psychiatry, 161, 278-285.
- Oetjen, H., & Rothblum, E.D. (2000). When lesbians aren't gay: Factors affecting depression among lesbians. Journal of Homosexuality, 39, 49-73.

October 12

- Abramson, L.Y., Alloy, L.B., Hogan, M.E., Whitehouse, W.G., Gibb, B.E., Hankin, B.L., & Cornette, M.M. (2000). The hopelessness theory of suicidality. In T.E. Joiner & M.D. Rudd (Eds.), Suicide science: Expanding the boundaries (pp. 17-32). Boston: Kluwer Academic Publishers.
- Cornette, M.M., Abramson, L.Y., & Bardone, A.M. (2000). Toward an integrated theory of suicidal behaviors: Merging the hopelessness, self-discrepancy, and escape theories. In T.E. Joiner & M.D. Rudd (Eds.), Suicide science: Expanding the boundaries (pp. 43-66). Boston: Kluwer Academic Publishers.
- Gould, M.S. (2003). Suicide risk among adolescents. In D. Romer (Ed.), Reducing adolescent risk: Toward an integrated approach (pp. 303-320). Thousand Oaks, CA: Sage.
- Joiner, T.E., Jr., & Rudd, M.D. (2000). Intensity and duration of suicidal crises vary as a function of previous suicide attempts and negative life events. Journal of Consulting and Clinical Psychology, 68, 909-916.
- Soloff, P.H., Lynch, K.G., Kelly, T.M., Malone, K.M., & Mann, J.J. (2000). Characteristics of suicide attempts of patients with major depressive episode and borderline personality disorder: A comparative study. American Journal of Psychiatry, 157, 601-608.

October 19

- Chang, G.H., Alloy, L.B., & Abramson, L.Y. Social rhythm regularity and the onset of affective Episodes in bipolar spectrum individuals. Manuscript under editorial review.
- Ehlers, C., Frank, E., & Kupfer, D.J. (1988). Social zeitgebers and biological rhythms. Archives of General Psychiatry, 45, 948-952.

- Frank, E., Swartz, H.A., & Kupfer, D.J. (2000). Interpersonal and social rhythm therapy: Managing the chaos of bipolar disorder. Biological Psychiatry, 48, 593-604.
- Healy, D. (1987). Rhythm and blues: Neurochemical, neuropharmacological, and neuropsychological implication of a hypothesis of circadian rhythm dysfunction in affective disorders. Psychopharmacology, 93, 271-285.
- Malkoff-Schwartz, S., Frank, E., Anderson, B., Sherril, J.T., Siegel, L., Patterson, D., & Kupfer, D.J. (1998). Stressful life events and social rhythm disruption in the onset of manic and depressive bipolar episode. Archives of General Psychiatry, 55, 702-707.

October 26

- Carver, C.S. (2004). Negative affect deriving from the Behavioral Approach System. Emotion, 4, 3-22.
- Harmon-Jones, E., Abramson, L.Y., Sigelman, J., Bohlig, A., Hogan, M.E., & Harmon-Jones, C. (2002). Proneness to hypomania/mania symptoms or depression symptoms and asymmetrical frontal cortical responses to an anger-evoking event. Journal of Personality and Social Psychology, 82, 610-618.
- Johnson, S.L., Sandrow, D., Meyer, B., Winters, R., Miller, I., Solomon, D., & Keitner, G. (2000). Increases in manic symptoms after life events involving goal attainment. Journal of Abnormal Psychology, 109, 721-727.
- Meyer, B., Johnson, S.L., & Winters, R. (2001). Responsiveness to threat and incentive in bipolar disorder: Relations of the BIS/BAS scales with symptoms. Journal of

Psychopathology and Behavioral Assessment, 23, 133-143.

Urosevic, S., Abramson, L.Y., Harmon-Jones, E., Donovan, P.M., Van Voorhis, L.L., Hogan, M.E., & Alloy, L.B. (2004). The Behavioral Approach System (BAS) and bipolar spectrum disorders: Relationship of BAS and Behavioral Inhibition System (BIS) sensitivities to bipolar spectrum diagnoses and hypomanic personality. Manuscript under review.

November 2

- Daley, S.E., Hammen, C., Burge, D., Davila, J., Paley, B., Lindberg, N., & Herzberg, D.S. (1997). Predictors of the generation of episodic stress: A longitudinal study of late adolescent women. Journal of Abnormal Psychology, 106, 251-259.
- Kendler, K.S., Kessler, R.C., Walters, E.E., MacLean, C., Neale, M.C., Heath, A.C., & Eaves, L.J. (1995). Stressful life events, genetic liability, and onset of an episode of major depression in women. American Journal of Psychiatry, 152, 833-842.
- Kendler, K.S., Thornton, L.M., & Gardner, G.O. (2000). Stressful life events and previous episodes in the etiology of major depression in women: An evaluation of the "kindling" hypothesis. American Journal of Psychiatry, 157, 1243-1251.
- Monroe, S.M., & Hadjiyannakis, K. (2002). The social environment and depression: Focusing on severe life stress. In I.H. Gotlib & C.L. Hammen (Eds.), Handbook of depression (pp. 314-340). New York: Guilford Press.
- Safford, S.M., Crossfield, A.G., Alloy, L.B., & Abramson, L.Y. (2004). Negative cognitive style, Depression, and the reporting of negative life events: Stress generation, reporting bias, or harsh environment? Manuscript under editorial review.

November 9

- MacCoon, D.G., Abramson, L.Y., Mezulis, A.H., Hankin, B.L., & Alloy, L.B. (2004). The Attention-Mediated Hopelessness Theory (AMH): The role of attention in connecting cognitive vulnerability to rumination in depression. Manuscript under review.
- Nolen-Hoeksema, S. (1991). Responses to depression and their effects on the duration of depressive episodes. Journal of Abnormal Psychology, 100, 569-582.
- Papageorgiou, C., & Wells, A. (2003). Nature, functions, and beliefs about depressive rumination. In C. Papageorgiou & A. Wells (eds.), Depressive rumination: Nature, theory and treatment (pp. 3-20). New York: Wiley.
- Siegel, G.J., & Thayer, J.F. (2003). Physiological aspects of depressive rumination. In C. Papageorgiou & A. Wells (eds.), Depressive rumination: Nature, theory and treatment (pp. 79-104). New York: Wiley.
- Spasojevic, J., Alloy, L.B., Abramson, L.Y., MacCoon, D.G., & Robinson, M.S. (2003). Reactive rumination: Outcomes, mechanisms, and developmental antecedents. In C. Papageorgiou & A. Wells (eds.), Depressive rumination: Nature, theory and treatment (pp. 43-58). New York: Wiley.

November 16

- Coyne, J.C., & Whiffen, V.E. (1995). Issues in personality as diatheses for depression: The case of sociotropy-dependency and autonomy-self-criticism. Psychological Bulletin, 118, 358-378.
- Farmer, R., & Nelson-Gray, R.O. (1990). Personality disorders and depression: Hypothetical relations, empirical findings, and methodological considerations. Clinical Psychology Review, 10, 453-476.
- Francis-Raniere, E.L., Alloy, L.B., & Abramson, L.Y. (2004). Depressive personality styles and bipolar spectrum disorders: Prospective tests of the event congruency hypothesis. Manuscript under review.
- Hart, A.B., Craighead, W.E., & Craighead, L.W. (2001). Predicting recurrence of major Depressive disorder in young adults: A prospective study. Journal of Abnormal Psychology, 110, 633-643.
- Klein, M.H., Durbin, C.E., Shankman, S.A., & Santiago, N.J. (2002). Depression and

personality. In I.H. Gotlib & C.L. Hammen (Eds.), Handbook of depression (pp. 115-140). New York: Guilford Press.

November 23

- Cohen, S., & Wills, T.A. (1985). Stress, social support, and the buffering hypothesis. Psychological Bulletin, *98*, 310-357.
- Lara, M.E., Leader, J., & Klein, D.N. (1997). The association between social support and course of depression: Is it confounded with personality? Journal of Abnormal Psychology, *106*, 478-482.
- Murphy, P.E., Ciarrocchi, J.W., Piedmont, R.L., Cheston, S., Peyrot, M., & Fitchett, G. (2000). The relation of religious belief and practices, depression, and hopelessness in persons with clinical depression. Journal of Consulting and Clinical Psychology, *68*, 1102-1106.
- Oldehinkel, A.J., Ormel, J., & Neeleman, J. (2000). Predictors of time to remission from depression in primary care patients: Do some people benefit more from positive life change than others? Journal of Abnormal Psychology, *109*, 299-307.
- Panzarella, C., Alloy, L.B., & Whitehouse, W.G. (2004). Expanded hopelessness theory of depression: On the mechanisms by which social support protects against depression. Manuscript under review.

November 30

- Cyranowski, J.M., Frank, E., Young, E., & Shear, M.K. (2000). Adolescent onset of the gender difference in lifetime rates of major depression: A theoretical model. Archives of General Psychiatry, *57*, 21-27.
- Garber, J., & Flynn, C. (2001). Vulnerability to depression in childhood and adolescence. In R.E. Ingram & J.M. Price (Eds.), Vulnerability to psychopathology: Risks across the lifespan (pp. 175-225). New York: Guilford Press.
- Hankin, B.L., & Abramson, L.Y. (2001). Development of gender differences in depression: An elaborated cognitive vulnerability-transactional stress theory. Psychological Bulletin, *127*, 773-796.
- Lewinsohn, P.M., & Essau, D.A. (2002). Depression in adolescents. In I.H. Gotlib & C.L. Hammen (Eds.), Handbook of depression (pp. 541-559). New York: Guilford Press.
- Steinberg, L., Dahl, R., Keating, D., Kupfer, D.J., Masten, A.S., & Pine, D. (in press). The study of developmental psychopathology in adolescence: Integrating affective neuroscience with the study of context. In R. Lerner & L. Steinberg (Eds.), Handbook of adolescent psychology. New York: Wiley.

December 7

- Alloy, L.B., Abramson, L.Y., Gibb, B.E., Crossfield, A.G., Pieracci, A.M., Spasojevic, J., & Steinberg, J.A. (2004). Developmental antecedents of cognitive vulnerability to depression: Review of findings from the Cognitive Vulnerability to Depression Project. Journal of Cognitive Psychotherapy: An International Quarterly, *18*.
- Gibb, B.E., Abramson, L.Y., & Alloy, L.B. (2004). Emotional maltreatment from parents, verbal peer victimization, and cognitive vulnerability to depression. Cognitive Therapy and Research, *28*, 1-22.
- Gibb, B.E., Alloy, L.B., Abramson, L.Y., Rose, D.T., Whitehouse, W.G., Donovan, P., Hogan, M.E., Cronholm, J., & Tierney, S. (2001). History of childhood maltreatment, negative cognitive styles, and episodes of depression in adulthood. Cognitive Therapy and Research, *25*, 425-446.
- Goodman, S.H. (2002). Depression and early adverse experiences. In I.H. Gotlib & C.L. Hammen (Eds.), Handbook of depression (pp. 245-267). New York: Guilford Press.
- Rose, D.T., & Abramson, L.Y. (1992). Developmental predictors of depressive cognitive style: Research and theory. In D. Cicchetti & S. Toth (Eds.), Rochester symposium on developmental psychopathology. (Vol. IV). Rochester: University of Rochester Press.

