Major and Career “Path Plan”

Did you know that 70% of Temple students change their major at least once? That the average person changes careers at least four times? Whether you have to change, want to change or thinking about changing your major, follow the steps below to explore the many opportunities and resources available to help you decide and develop your action plan.

**Self-Assessment Tools**

*Identify your interests, skills, and values*

- **O*NET Interest Profiler** is a quick and easy tool to help students assess their interests and how they relate to the world of work.

- **Focus II** is a self-paced tool, which enables students to assess career relevant qualities (e.g. interests, skills, personality, and values) and explore compatible majors and careers. **Complete in approximately 30-45 minutes.**

- **Strong Interest Inventory** matches students, based on their likes and dislikes, with individuals who share their interests, to determine if the students might enjoy the same kind of careers as those individuals. Stop by the Career Center for instructions on how to take this assessment.

**Career Exploration**

*I know what majors are of interest, I want to learn what I can do with these majors*

The site **WhatCanIDoWithThisMajor.com** contains information about major specific career options and paths.

Explore career choices in the **Occupational Outlook Handbook**.

Use **O*NET** to find detailed descriptions of hundreds of occupations.

**Major Exploration**

*I want to learn what majors are best options for me*

Review the Temple **Undergraduate Bulletin** to find information about all academic majors and program requirements.

Visit the **Academic Resource Center** (ARC) to meet with an advisor to discuss major options and requirements for all programs.

Meet with an Academic Advisor from your respective school or college to discuss majors and academic requirements.

**Meet with a Career Coach**

*Discuss assessment results and identify next steps.*

Call 215.204.7981 to schedule an individual appointment, or stop by during drop-in hours

Monday – Friday, 11:00 a.m. - 2:00 p.m.
Suggestions ...
Below are some steps to take along the way. Be sure to meet with an Academic Advisor and Career Coach to discuss your plans and strategies for implementation.

- Get involved in student organizations and activities. Go to Simplicity to see a list of all Temple Orgs.
- Talk to professors about your interests, what would you want to learn from them?
- Explore careers by conducting informational interviews with professionals in fields of interest; visit the Career Center website for more information on how to set one up.
- Attend signature career events including Student and Alumni Networking Night and Career Panels.
- Look into internship opportunities, login to the Owlnetwork to search hundreds of opportunities.
- Join at least one professional organization in your area of interest.
- Gain exposure to the day-to-day of profession of interest through shadowing, volunteer work, or community service.
- Take on a minor if torn between 2 majors or areas of interest.
- Consider and compare time and educational requirements to reach careers of choice.
- Search for scholarships and fellowships in advance on the Office of Scholar Development & Fellowships Advising website and sharpen your financial literacy skills by using Temple’s Money Matters.

My Major and Career “Path Plan”
Based on your self-assessment, career assessment, research, and academic and career coaching appointments, write down two paths which are most appealing (keep in mind you might have more than two choices).

Major Choice - 1:
________________________________________________________

Career options building on this major:
________________________________________________________

Gap Analysis:
What do I need to do to get from “here” to “there”?
________________________________________________________

Major Choice – 2:
________________________________________________________

Career options building on this major:
________________________________________________________

Gap Analysis:
What do I need to do to get from “here” to “there”?
________________________________________________________

(* This sheet can be found at http://www.temple.edu/provost/careercenter/students/major-career.html)