

ProDES Program Design Inventory 2002-2003 Report

Woods Services-Woodlands

Last Updated: 5/22/2003

Agency: Woods Services

Address: Route 213
Langhorne Pa 19047-
Phone: (800) 782-3646 **Fax:** (215) 750-459
Internet Address:

Contact:
Name: Ms. Gail Martino
Position: Assistant Director for Admissions
Address: Route 213
Langhorne Pa 19047-
Phone #: (800) 782-3646
Gmartino@woods.org

Probation District in which Program is Located: NA-Outside of Philadelphia

Organizational/Classification Information

Date Program Began: 7/7/1992
DHS Classification: Institution
RTF Certification: Yes

Average Length of Stay (Months):
Security Level of Program: Open
Does Program Conduct Follow-Up: No

Program Licenses

DPW

Target Population

Minimum Age: 7
Maximum Age: 21
Total Client Capacity: 152
Maximum # of Philadelphia Clients: 152

Gender(s): Both
Are Any Services Delivered Coed: Yes
Racial/Ethnic Background of Target Population: N/A
Zip Codes Served by Program:

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Problems/Needs of Target Population

Behavioral disorders
Behavioral therapy needed
Dual diagnosis
Habilitative

Grounds for Program Rejection

Firesetting
IQ above 70
Predatory behavior

Grounds for Program Removal

Acute psychosis
Behavior becomes unmanageable
Danger to self/others
Medical conditions requiring constant care
Needs more intensive psych services
Re-offending

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Program Mission:

The mission of Woods is to maximize each person's potential through skill development, social growth, adaptive coping strategies, and a sense of self-worth. At every step along the way, the individual's dignity and values are respected.

Program Objectives

Primary

- Accept Responsibility for Behavior/ Actions
- Adapt to environment
- Assess/Improve Personal Hygiene/Health
- Avoid aggressive behavior
- Develop Appropriate Communication/Social Skills
- Develop independent living skills
- Develop Job Related Skills
- Exhibit self-control
- Improve behavior in school
- Improve parenting skills of clients' parents
- Improve Study/Work Habits
- Involve Family in Program
- Recognition/Understanding of Motivating Factors f
- Reduction of maladaptive behaviors
- Stabilize Mental Health Problems
- Understand and Manage Anger
- Youth prepared for less intensive program

Secondary

- Client gains employment
- Develop Decision-Making Skills
- Develop Financial Management Skills
- Improve School Grades/Performance
- Improve Self-Esteem/ Self-Worth
- Increase self-awareness/self-understanding
- Stabilize Family

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Youth has goals for future

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Program Activities

Academic/Votech/Skills Services

Employment
<i>Alternative Site</i>
<i>Onsite</i> <i>hours per week</i>
<i>max 15 hours</i>

Job Training
<i>Onsite</i> <i>hours per week</i>

Life Skills
<i>Onsite</i> <i>24-Hours a Day</i>
<i>hours per week</i>

Parenting Skills for Youths
<i>Onsite</i> <i>hours per week</i>
<i>twice a month</i>

Sexuality Education
<i>Onsite</i> <i>hours per week</i>
<i>In School</i>
<i>Alternative Site</i>

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Social Interaction Activities

Onsite

Alternative Site

hours per week

In School

Special Education

Alternative Site

During School

25 hours per week

Speech/language therapy

Onsite

2 hours per week

Vocational Education

Alternative Site

hours per week

Counseling Services

Anger Management

Onsite

Alternative Site

hours per week

In School

Group Therapy with a Licensed Therapist

Onsite

In School

2 hours per week

Alternative Site

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Individual Therapy with a Licensed Therapist

Onsite

In School

1 hours per week

Alternative Site

Milieu Therapy

Onsite

24-Hours a Day

hours per week

Recreation/Arts/Hobbies

Arts and Crafts

Alternative Site

During School

hours per week

Field Trips

Alternative Site

During and After School, weekends

3 hours per week

Intermural Sports

Onsite

Alternative Site

2 hours per week

Leisure Activities

Onsite

After school, evenings and weekends

7 hours per week

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Recreation	
<i>Onsite</i>	<i>After School & Evenings</i>
	<i>5 hours per week</i>

Religious services	
<i>Alternative Site</i>	
	<i>hours per week</i>

Sports at Program	
<i>Onsite</i>	<i>After School & Evenings</i>
	<i>5 hours per week</i>

Supervision Services

Point System	
<i>Onsite</i>	<i>24-Hours a Day</i>
	<i>hours per week</i>

Time Out/Isolation	
<i>Onsite</i>	<i>24-Hours a Day</i>
	<i>hours per week</i>

Notes:

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Staff Information

Total # of Direct-Care Staff:	265	# of Licensed Social Workers:	0
# Female:	149	# of Licensed Staff (excluding LSW):	40
# Male:	116	Minimum Education Requirements:	High School Diploma/GED
# White:	62	Training Hrs w/i 90 Days of Employment:	36
# African-American:	195	In-Service Training Hrs Per Year:	40
# Hispanic:	4	Is Related Work Experience Required:	No
# Asian:	2	Does the Program Use Volunteers:	No
# Other Race:	2		
# of Clients Per Direct-Care Staff:	2		
Staff Turnover During Previous Calendar Year:	91		

Foreign Language(s) Fluently Spoken by Direct-Care Staff

	# of Staff
Spanish	3
Other Languages	2
Arabic	1