

## ProDES Program Design Inventory 2002-2003 Report

### Summit Quest Academy

**Last Updated:** 5/27/2003

**Agency:** Via Quest

**Address:** 1170 S. State St  
Ephrata PA 17522-  
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**Contact:**  
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**Position:** Clinical Director  
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Ephrata PA 17522-  
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**Probation District in which Program is Located:** NA-Outside of Philadelphia

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#### Organizational/Classification Information

**Date Program Began:**  
**DHS Classification:** Institution  
**RTF Certification:** Yes

**Average Length of Stay (Months):** 15  
**Security Level of Program:** Staff Secure  
**Does Program Conduct Follow-Up:** Yes

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#### Target Population

**Minimum Age:** 10  
**Maximum Age:** 18  
**Total Client Capacity:** 129  
**Maximum # of Philadelphia Clients:**

**Gender(s):** Male  
**Are Any Services Delivered Coed:** No  
**Racial/Ethnic Background of Target Population:** N/A  
**Zip Codes Served by Program:**

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**Problems/Needs of Target Population**

Anger management  
Impulse control  
Interpersonal issues  
Mental Health diagnosis  
On medication  
Poor coping skills  
Poor family communication  
Pre-adolescent  
Pre-adolescent sexually reactive

**Offense Behavior of Target Population**

Adjudicated delinquent  
At risk  
Consent decree  
Doesn't have extensive delinquent history  
Drug sales  
Firesetting  
History of Physical aggression  
Sex offenders  
Theft

**Grounds for Program Rejection**

Autism  
Chronic aggression/have not responded to prior treatment  
Extreme medical conditions  
In need of detox  
Low IQ (under 60)  
Offenses involving weapons  
Violent offenders

**Grounds for Program Removal**

In house aggression  
Multiple/prolonged AWOLs  
Treatment failure

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**Program Mission:**

**Program Objectives**

**Primary**

- Abide by Program Rules
- Absence of violent behavior
- Accept Responsibility for Behavior/ Actions
- Decrease Sex Offending Thoughts and Beliefs
- Develop Appropriate Communication/Social Skills
- Develop Awareness and Use of Community Resources
- Develop relapse prevention skills
- Develop self management skills for dealing with Mental Health
- Education on axis 1 diagnosis symptoms
- Empathize with victim and restore damaged relationships
- Improve family bonding
- Improve Family Communication
- Improve Self-Esteem/ Self-Worth
- Increase self-awareness/self-understanding
- Recognize and understand PTSD
- Stabilize Mental Health Problems
- Understand Appropriate Sexual Behavior

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**Program Activities**

**Academic/Votech/Skills Services**

<b>Community Service</b>	
Onsite	
Alternative Site	hours per week
	As needed

<b>Computer Education</b>	
Onsite	During School
	32 hours per week

<b>Conflict Resolution</b>	
Onsite	24-Hours a Day
Alternative Site	hours per week

<b>Education</b>	
Onsite	During School
	32 hours per week

<b>Employment</b>	
Onsite	
	hours per week
	As earned

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**Financial management**

*Onsite* 24-Hours a Day  
*Alternative Site* hours per week

**Housekeeping**

*Onsite* 24-Hours a Day  
*Alternative Site* hours per week

**Life Skills**

*Onsite* 24-Hours a Day  
*Alternative Site* hours per week

**Physical Education**

*Onsite* During School  
1 hours per week

**Restitution Work Program**

*Onsite*  
hours per week

**Sexuality Education**

*Onsite* 24-Hours a Day  
*Alternative Site* hours per week

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**Social Interaction Activities**

*Onsite* 24-Hours a Day  
*Alternative Site* hours per week

**Special Education**

*Onsite* During School  
32 hours per week

**Counseling Services**

**Alcoholics Anonymous**

*Onsite*  
*Alternative Site* 1 hours per week

**Anger Management**

*Onsite*  
hours per week

**Family Counseling**

*Onsite*  
hours per week  
Weekly

**Group Counseling**

*Onsite* After School  
4 hours per week

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**Individual Counseling**  
*Onsite*  
*hours per week*  
*2 hours per week minimum*

**Individual Therapy with a Licensed Therapist**  
*Onsite*  
*hours per week*  
*2 hours per week minimum*

**Narcotics Anonymous**  
*Onsite*  
*Alternative Site*                      *1 hours per week*

**Psychiatric/Psychological Evaluation**  
*Onsite*  
*hours per week*  
*Monthly and as needed*

**Psychotropic medication**  
*Onsite*  
*hours per week*

**Family/Parent Services**

**Family Visits to Program**  
*Onsite*                                      *Weekends*  
*hours per week*  
*Weekends and as scheduled*

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**Home Passes/Family Visit**

*In the Home*

*Weekends*

*hours per week*

**Parent Conferences**

*Onsite*

*hours per week*

*Weekly*

**Parent Contacts by Staff**

*Onsite*

*hours per week*

*Weekly*

**Other Services**

**Speakers/ Lectures**

*Onsite*

*Alternative Site*

*hours per week*

**Recreation/Arts/Hobbies**

**Arts and Crafts**

*Onsite*

*After School*

*hours per week*

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<b>Boys/Girl Scouts</b>	
<i>Onsite</i>	<i>After School</i> <i>hours per week</i>

<b>Field Trips</b>	
<i>Alternative Site</i>	<i>After School</i> <i>hours per week</i>

<b>Music</b>	
<i>Onsite</i>	<i>24-Hours a Day</i>
<i>Alternative Site</i>	<i>hours per week</i> <i>Per tx plan</i>

<b>Religious services</b>	
<i>Onsite</i>	<i>Weekends</i> <i>2 hours per week</i>

**Supervision Services**

<b>Level System</b>	
<i>Onsite</i>	<i>24-Hours a Day</i> <i>hours per week</i>

<b>Point System</b>	
<i>Onsite</i>	<i>24-Hours a Day</i> <i>hours per week</i>

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**Time Out/Isolation**

*Onsite*

*24-Hours a Day*

*hours per week*

**Notes:**

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#### Staff Information

<b>Total # of Direct-Care Staff:</b>	85	<b># of Licensed Social Workers:</b>	4
<b># Female:</b>	40	<b># of Licensed Staff (excluding LSW):</b>	7
<b># Male:</b>	45	<b>Minimum Education Requirements:</b>	High School Diploma/GED
<b># White:</b>	54	<b>Training Hrs w/i 90 Days of Employment:</b>	40
<b># African-American:</b>	23	<b>In-Service Training Hrs Per Year:</b>	40
<b># Hispanic:</b>	4	<b>Is Related Work Experience Required:</b>	Yes
<b># Asian:</b>	0	<b>Does the Program Use Volunteers:</b>	No
<b># Other Race:</b>	4		
<b># of Clients Per Direct-Care Staff:</b>	1		
<b>Staff Turnover During Previous Calendar Year:</b>	69		