

ProDES Program Design Inventory 2002-2003 Report

St. Gabriel's Hall-Drug and Alcohol

Last Updated: 5/30/2002

Agency: St. Gabriel's

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Probation District in which Program is Located: NA-Outside of Philadelphia

Organizational/Classification Information

Date Program Began: 7/1/1994
DHS Classification: Drug & Alcohol
RTF Certification: No

Average Length of Stay (Months): 14
Security Level of Program: Open
Does Program Conduct Follow-Up: Yes

Program Licenses

Middle States of Association of Colleges & School
DPW Certificate of Compliance
Office of Mental Health-Outpatient
Office of Mental Health-Partial Hospital
Drug & Alcohol, In-patient, non-hospital

Target Population

Minimum Age: 14
Maximum Age: 18
Total Client Capacity: 36
Maximum # of Philadelphia Clients: 31

Gender(s): Male
Are Any Services Delivered Coed: No
Racial/Ethnic Background of Target Population: N/A
Zip Codes Served by Program:

Philadelphia Probation District(s) Served: All

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Problems/Needs of Target Population

Issues in family
Life skills needed
Substance abuse problem

Offense Behavior of Target Population

Non-sexual offenses
Non-violent offenses
Robbery
Theft

Grounds for Program Rejection

No Substance abuse problem

Grounds for Program Removal

Assault
Kicked out of school program
More mental health than D&A
New arrest (case by case)

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Program Mission:

The object of the corporation is to found and maintain an institution for the protection and training of boys, wherein they may receive a proper education and be instructed in useful arts and handicrafts. To the extent of its capacity and resources, the said institution shall be open at all times for admission of boys who may stand in need of protection and training. No boy shall be excluded from the institution, nor shall any inmate thereof be discriminated against, on account of race, color, or creed.

Program Objectives

Primary

- Admission of Crime/Problem
- Assess/Improve Personal Hygiene/Health
- Assist w/ Graduating High School/Obtaining GED
- Avoid/Decrease Substance Abuse
- Develop Appropriate Communication/Social Skills
- Develop conflict resolution skills
- Develop relapse prevention skills/techniques
- Develop Responsibility for One's Community
- Improve critical thinking
- Improve Family Communication
- Improve School Grades/Performance
- Improve self-awareness/self-understanding
- Improve Self-Esteem/ Self-Worth
- Improve Study/Work Habits
- Increase School Attendance
- Increase structure in home environment
- Perform Community Service or Restitution
- Understand and Manage Anger
- Youth appreciates the value of an education

Secondary

- Youth is aware of employment alternatives

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Program Activities

Academic/Votech/Skills Services

Career Exploration	
<i>Onsite</i>	<i>Evenings</i>
	<i>2 hours per week</i>
	<i>For 4 weeks</i>

Community Service	
<i>Alternative Site</i>	<i>Evenings & Weekends</i>
	<i>hours per week</i>
	<i>3.5 hours per month</i>

Education	
<i>Onsite</i>	<i>During School</i>
	<i>30 hours per week</i>

Financial management	
<i>Onsite</i>	<i>Evenings</i>
	<i>1 hours per week</i>

Job Training	
<i>Onsite</i>	<i>Evenings</i>
	<i>8 hours per week</i>
	<i>for 4 weeks</i>

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Leadership Program

Onsite

2 hours per week
For 8 weeks

Life Skills

Onsite

Evenings
1 hours per week

Mentorship Program

Onsite

1 hours per week

Counseling Services

Adventure Based Counseling

Onsite

Evenings & Weekends
hours per week
8 hours every 3 months

Alcoholics Anonymous

Onsite
Alternative Site

Evenings & Weekends
3 hours per week

Empathy Group Therapy

Onsite

After School
4 hours per week

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Family Counseling

In the Home

hours per week
at least 2 hours per month

Family Therapy with a Licensed Therapist

In the Home

hours per week
At least 2 hours per month

Group Counseling

Onsite

After School
5 hours per week

Group Discussion

Onsite

Daily
4 hours per week

Individual Counseling

Onsite

After School
1 hours per week

Individual Therapy with a Licensed Therapist

Onsite

After School
0.5 hours per week
1 hour, biweekly

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Narcotics Anonymous	
<i>Onsite</i>	<i>Evenings & Weekends</i>
<i>Alternative Site</i>	<i>3 hours per week</i>

Psychiatric/Psychological Evaluation	
<i>Onsite</i>	<i>hours per week</i>
	<i>As needed</i>

Psychotropic medication	
<i>Onsite</i>	<i>hours per week</i>

Substance Abuse Counseling	
<i>Onsite</i>	<i>After School</i>
	<i>1 hours per week</i>

Family/Parent Services

Home Passes/Family Visit	
<i>In the Home</i>	<i>hours per week</i>

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Other Services

Speakers/ Lectures	
<i>Onsite</i>	<i>After School and Weekends hours per week</i>

Recreation/Arts/Hobbies

Arts and Crafts	
<i>Onsite</i>	<i>Evenings 1 hours per week</i>

Campus Ministry/ Religious Services	
<i>Onsite</i>	<i>24-Hours a Day hours per week Involvement varies</i>

Ceremonies to Mark Significant Achievements	
<i>Onsite</i>	<i>hours per week</i>

Cultural activities	
<i>Alternative Site</i>	<i>hours per week Behavior based</i>

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Field Trips
<i>Alternative Site</i>
<i>hours per week</i>
<i>4.5 hours a month, level based/unit based</i>

Intermural Sports
<i>Onsite</i>
<i>After School and Weekends</i>
<i>5 hours per week</i>

Leisure Activities
<i>Onsite</i>
<i>evening and weekends</i>
<i>65 hours per week</i>

Religious services
<i>Onsite</i>
<i>hours per week</i>

Sports at Program
<i>Onsite</i>
<i>Evenings</i>
<i>hours per week</i>

Supervision Services

Level System
<i>Onsite</i>
<i>24-Hours a Day</i>
<i>hours per week</i>

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<p>Partial Hospitalization</p> <p><i>hours per week</i></p>
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<p>Point System</p> <p><i>Onsite</i> <i>24-Hours a Day</i></p> <p><i>hours per week</i></p>
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<p>Service Referrals/ Wrap Around</p> <p><i>hours per week</i></p>

Notes:

The St. Gabriel's System Manheim Group Home has been incorporated into the St. Gabriel's Drug and Alcohol Program and will serve as a step-down program for qualified drug and alcohol clients.

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Staff Information

Total # of Direct-Care Staff:	22	# of Licensed Social Workers:	2
# Female:	5	# of Licensed Staff (excluding LSW):	0
# Male:	17	Minimum Education Requirements:	High School Diploma
# White:	8	Training Hrs w/i 90 Days of Employment:	30
# African-American:	14	In-Service Training Hrs Per Year:	40
# Hispanic:	0	Is Related Work Experience Required:	Yes
# Asian:	0	Does the Program Use Volunteers:	No
# Other Race:	0		
# of Clients Per Direct-Care Staff:	8		
Staff Turnover During Previous Calendar Year:	3		