

ProDES Program Design Inventory 2002-2003 Report

South Mountain Secure Treatment Unit

Last Updated: 5/20/2003

Agency: Department of Public Welfare

Address: 10056 South Mountain Road, BO Bo
South Mountai Pa 17261-

Phone: (717) 749-7904 **Fax:**

Internet Address:

Contact:

Name: Mr. Derin Myers

Position: Program Director

Address: 10056 S. Mountain Road, Box 374
South Mount PA 17261-

Phone #: (717) 749-7904

Probation District in which Program is Located: NA-Outside of Philadelphia

Organizational/Classification Information

Date Program Began: 10/1/1997

DHS Classification: Institution

RTF Certification: No

Average Length of Stay (Months): 12

Security Level of Program: Physically Secure

Does Program Conduct Follow-Up: Yes

Target Population

Minimum Age: 14

Maximum Age: 20

Total Client Capacity: 52

Maximum # of Philadelphia Clients:

Gender(s): Male

Are Any Services Delivered Coed: No

Racial/Ethnic Background of Target Population: N/A

Zip Codes Served by Program:

Philadelphia Probation District(s) Served: All

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Problems/Needs of Target Population

Aggressive
Difficult
Difficulty adjusting to other placements
Youths with extensive placement histories

Offense Behavior of Target Population

Serious offenders
Sex offenders

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Program Mission:

As an agency of change, South Mountain Secure Treatment Unit will provide a safe, secure and structured environment for the residents committed to our care. We will provide the opportunity for emotional, social, and intellectual growth. Our residents will develop competencies necessary to support the change process, accepting personal accountability for antisocial behavior and establishing victim empathy and community awareness. Our residents will be prepared to make educational decisions to be productive members of society.

Program Objectives

Primary

- Accept Responsibility for Behavior/ Actions
- Develop Awareness and Use of Community Resources
- Develop competency in computer technology
- Educate client about drugs and alcohol
- Enhance cultural awareness
- Improve socialization skills
- Learn relapse prevention skills
- Reintegrate Client into Community
- Resolve Underlying Dysfunctional Core Beliefs
- Understand sexual abuse cycle

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Program Activities

Academic/Votech/Skills Services

Computer Education
<i>Onsite</i>
<i>hours per week</i>
<i>50 minutes per day</i>

Cultural Activities/ Awareness and Training
<i>Onsite</i>
<i>hours per week</i>
<i>non-school days</i>

Education
<i>Onsite</i>
<i>30 hours per week</i>
<i>180 days, 8:40-3:00</i>

GED (General Equivalency Diploma) Program
<i>Onsite</i>
<i>hours per week</i>
<i>as needed</i>

Life Skills
<i>Onsite</i>
<i>1 hours per week</i>
<i>Tuesdays</i>

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Counseling Services

Anger Management
Onsite

1 hours per week
Wednesdays

Behavioral Therapy
Onsite

1 hours per week
ongoing

Cognitive behavioral therapy
Onsite

1 hours per week
ongoing

Sex offender therapy
Onsite

1 hours per week
Weekly

Sexual Abuse Counseling
Onsite

hours per week
as needed

Substance Abuse Counseling
Onsite

1 hours per week
Fridays

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Thinking Errors Group Therapy

Onsite

*2 hours per week
twice weekly*

Supervision Services

Gain/Lose Privileges

Onsite

*hours per week
weekly, 30 min.*

Notes:

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Staff Information

Total # of Direct-Care Staff:	56	# of Licensed Social Workers:	0
# Female:	18	# of Licensed Staff (excluding LSW):	1
# Male:	38	Minimum Education Requirements:	Associate Degree
# White:	44	Training Hrs w/i 90 Days of Employment:	60
# African-American:	10	In-Service Training Hrs Per Year:	40
# Hispanic:	1	Is Related Work Experience Required:	No
# Asian:	1	Does the Program Use Volunteers:	Yes
# Other Race:	1		

of Clients Per Direct-Care Staff: 1

Staff Turnover During Previous Calendar Year: 24