

## ProDES Program Design Inventory 2002-2003 Report

### The Pines Treatment Center-YWC

**Last Updated:** 6/12/2002

**Agency:** The Pines Treatment Center

**Address:** 825 Crawford Parkway  
Portsmouth VA 23704-

**Phone:** (757) 393-0061 **Fax:** (757) 391-656

**Internet Address:**

**Contact:**

**Name:** Dr. Michelle Sampson

**Position:** Clinical Director

**Address:** 825 Crawford Parkway  
Portsmouth VA 23704-

**Phone #:** (757) 391-6692  
michelle.sampson@absfirst.com

**Probation District in which Program is Located:** NA-Outside of Philadelphia

#### Organizational/Classification Information

**Date Program Began:** 1/1/1992

**DHS Classification:** Institution

**RTF Certification:** Yes

**Average Length of Stay (Months):** 12

**Security Level of Program:** Staff Secure

**Does Program Conduct Follow-Up:** Yes

#### Program Licenses

Commonwealth of Virginia 299-14-001

#### Target Population

**Minimum Age:** 12

**Maximum Age:** 17

**Total Client Capacity:** 32

**Maximum # of Philadelphia Clients:** 32

**Gender(s):** Female

**Are Any Services Delivered Coed:** No

**Racial/Ethnic Background of Target Population:** N/A

**Zip Codes Served by Program:**

**Philadelphia Probation District(s) Served:** All

***The Pines Treatment Center-YWC***

***Last Updated: 6/12/2002***

***Agency: The Pines Treatment Center***

***Problems/Needs of Target Population***

Moderate aggressive behavior

***Grounds for Program Rejection***

Actively psychotic

Actively suicidal

Conduct disorder without other psych condition

Low IQ

***Grounds for Program Removal***

Chronic treatment non-compliance

Excessively aggressive

Multiple/prolonged AWOLs

***The Pines Treatment Center-YWC***

***Last Updated: 6/12/2002***

***Agency: The Pines Treatment Center***

**Program Mission:**

To provide services that are culturally sensitive while enhancing personal responsibility while improving emotion regulation.

**Program Objectives**

**Primary**

- Accept Responsibility for Behavior/ Actions
- Admission of Crime/Problem
- Assess/Improve Personal Hygiene/Health
- Assist w/ Graduating High School/Obtaining GED
- Avoid/Decrease Substance Abuse
- Build Positive Relationships
- Compliance with therapy
- Develop Ability to Trust Others
- Develop Appropriate Communication/Social Skills
- Develop Job Related Skills
- Develop relapse prevention skills
- Develop understanding of gender differences
- Educate family
- Improve school behavior
- Improve Self-Esteem/ Self-Worth
- Increase School Attendance
- Increase self-awareness/self-understanding
- Prevent Delinquency or Recidivism
- Reintegrate Client into Community
- Stabilize Mental Health Problems
- Understand and Manage Anger
- Youth respects women

**Secondary**

- Develop Financial Management Skills
- Develop independent living skills
- Develop nutrition knowledge

***The Pines Treatment Center-YWC***

***Last Updated: 6/12/2002***

***Agency: The Pines Treatment Center***

Gain employment

Improve parenting skills of clients

Improve parenting skills of clients' parents

Resolve Underlying Dysfunctional Core Beliefs

**The Pines Treatment Center-YWC**

Last Updated: 6/12/2002

Agency: The Pines Treatment Center

Program Activities

**Academic/Votech/Skills Services**

<b>Current events</b>	
<i>Onsite</i>	<i>Morning</i> <i>7 hours per week</i>

<b>Drug and Alcohol Education</b>	
<i>Onsite</i>	<i>Morning</i> <i>1 hours per week</i>

<b>Education</b>	
<i>Onsite</i>	<i>During School</i> <i>30 hours per week</i>

<b>Employment</b>	
<i>Onsite</i>	<i>5 hours per week</i>

<b>Housekeeping</b>	
<i>Onsite</i>	<i>Morning</i> <i>7 hours per week</i>

**ProDES Program Design Inventory 2002-2003 Report**

**The Pines Treatment Center-YWC**

**Last Updated: 6/12/2002**

**Agency:** The Pines Treatment Center

<b>Job Training</b>	
<i>Onsite</i>	<i>Morning</i>
	<i>7 hours per week</i>

<b>Life Skills</b>	
<i>Onsite</i>	<i>Morning</i>
	<i>7 hours per week</i>

<b>Physical Education</b>	
<i>Onsite</i>	<i>Morning</i>
	<i>5 hours per week</i>

<b>Social Interaction Activities</b>	
<i>Onsite</i>	<i>Morning</i>
	<i>7 hours per week</i>

<b>Special Education</b>	
<i>Onsite</i>	
	<i>30 hours per week</i>

**Counseling Services**

<b>Alcoholics Anonymous</b>	
<i>Onsite</i>	
<i>Alternative Site</i>	<i>1 hours per week</i>

**ProDES Program Design Inventory 2002-2003 Report**

**The Pines Treatment Center-YWC**

**Last Updated:** 6/12/2002

**Agency:** The Pines Treatment Center

**Anger Management**  
*Onsite*  
*Morning*  
*1 hours per week*

**Art Therapy**  
*Onsite*  
*1 hours per week*

**CD education**  
*Onsite*  
*1 hours per week*

**Empowerment group**  
*Onsite*  
*Morning*  
*2 hours per week*

**Family Therapy with a Licensed Therapist**  
*Onsite*  
*hours per week*  
*45 minutes bi-weekly*

**Group Counseling**  
*Onsite*  
*Daily*  
*16 hours per week*

**ProDES Program Design Inventory 2002-2003 Report**

**The Pines Treatment Center-YWC**

**Last Updated: 6/12/2002**

**Agency:** The Pines Treatment Center

**Group Therapy with a Licensed Therapist**

*Onsite*

*1 hours per week*

**Individual Therapy with a Licensed Therapist**

*Onsite*

*1 hours per week*

**Milieu Therapy**

*Onsite*

*Morning*

*2 hours per week*

**Narcotics Anonymous**

*Onsite*

*Alternative Site*

*1 hours per week*

**Psychotropic medication**

*Onsite*

*hours per week*

**Sexual Abuse Counseling**

*Onsite*

*1 hours per week*

**The Pines Treatment Center-YWC**

Last Updated: 6/12/2002

Agency: The Pines Treatment Center

**Recreation/Arts/Hobbies**

<b>Ceremonies to Mark Significant Achievements</b>	
<i>Onsite</i>	<i>hours per week</i>

<b>Field Trips</b>	
<i>Alternative Site</i>	<i>During and After School</i> <i>2 hours per week</i>

<b>Leisure Activities</b>	
<i>Onsite</i>	<i>Daily, after school</i> <i>4 hours per week</i>

<b>Sports at Program</b>	
<i>Onsite</i>	<i>After School</i> <i>2 hours per week</i>

**Supervision Services**

<b>Point System</b>	
<i>Onsite</i>	<i>24-Hours a Day</i> <i>hours per week</i>

*ProDES Program Design Inventory 2002-2003 Report*

***The Pines Treatment Center-YWC***

***Last Updated: 6/12/2002***

***Agency: The Pines Treatment Center***

**Reward Program**

*Onsite*

*24-Hours a Day*

*hours per week*

***Notes:***

## ProDES Program Design Inventory 2002-2003 Report

### The Pines Treatment Center-YWC

Last Updated: 6/12/2002

Agency: The Pines Treatment Center

#### Staff Information

<b>Total # of Direct-Care Staff:</b>	44	<b># of Licensed Social Workers:</b>	0
<b># Female:</b>	43	<b># of Licensed Staff (excluding LSW):</b>	2
<b># Male:</b>	1	<b>Minimum Education Requirements:</b>	Undergraduate Degree
<b># White:</b>	5	<b>Training Hrs w/i 90 Days of Employment:</b>	80
<b># African-American:</b>	37	<b>In-Service Training Hrs Per Year:</b>	0
<b># Hispanic:</b>	1	<b>Is Related Work Experience Required:</b>	Yes
<b># Asian:</b>	1	<b>Does the Program Use Volunteers:</b>	No
<b># Other Race:</b>	0		
<b># of Clients Per Direct-Care Staff:</b>	5		
<b>Staff Turnover During Previous Calendar Year:</b>	25		