

ProDES Program Design Inventory 2002-2003 Report

The Pines Treatment Center-YMC

Last Updated: 6/12/2002

Agency: The Pines Treatment Center

Address: 825 Crawford Parkway
Portsmouth VA 23704-

Phone: (757) 393-0061 **Fax:** (757) 391-656

Internet Address:

Contact:

Name: Dr. Michael Ho

Position: Executive Clinical Director

Address: 825 Crawford Parkway
Portsmouth VA 23704-

Phone #: (757) 393-0061

Probation District in which Program is Located: NA-Outside of Philadelphia

Organizational/Classification Information

Date Program Began: 4/1/1998

DHS Classification: Institution

RTF Certification: Yes

Average Length of Stay (Months):

Security Level of Program: Staff Secure

Does Program Conduct Follow-Up: No

Program Licenses

JCAHO

Commonwealth of Virginia 299-14-001

Target Population

Minimum Age: 11

Maximum Age: 21

Total Client Capacity: 68

Maximum # of Philadelphia Clients: 68

Gender(s): Male

Are Any Services Delivered Coed: No

Racial/Ethnic Background of Target Population: N/A

Zip Codes Served by Program:

Philadelphia Probation District(s) Served: All

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Problems/Needs of Target Population

Conduct disorder
Emotional difficulties
Psychiatric population with behavioral problems

Offense Behavior of Target Population

Aggravated assault
Drug trafficking
Property destruction
Receiving stolen property
Simple assault
Truancy

Grounds for Program Rejection

Actively psychotic
History of aggression
Low IQ
Suicidal

Grounds for Program Removal

Assaultive/aggressive
Destructive of property
Multiple/prolonged AWOLS
Not amenable to treatment

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Program Mission:

To teach responsible life management skills in the areas of mental health and aggression replacement.

Program Objectives

Primary

- Avoid/decrease aggressive behavior
- Avoid/Decrease Substance Abuse
- Develop Appropriate Communication/Social Skills
- Develop Decision-Making Skills
- Empathize with victims and restore damaged relationships
- Improve school behavior
- Improve School Grades/Performance
- Improve Self-Esteem/ Self-Worth
- Increase compliance with appropriate therapeutic interventions
- Increase School Attendance
- Learn Prosocial Behavior/Values
- Prevent Delinquency or Recidivism
- Recognition/Understanding of Motivating Factors for Change
- Reintegrate Client into Community
- Resolve Underlying Dysfunctional Core Beliefs
- Stabilize Mental Health Problems
- Understand and Manage Anger
- Youth familiar with prosocial hobbies

Secondary

- Assist w/ Graduating High School/Obtaining GED
- Client gains employment
- Develop Job Related Skills

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Program Activities

Academic/Votech/Skills Services

Education	
<i>Onsite</i>	<i>During School</i>
	<i>32 hours per week</i>

Life Skills	
<i>Onsite</i>	<i>Daily</i>
	<i>5 hours per week</i>

Mentorship Program	
<i>Onsite</i>	
	<i>hours per week</i>

Physical Education	
<i>Onsite</i>	
	<i>2 hours per week</i>

Special Education	
<i>Onsite</i>	
	<i>32 hours per week</i>

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Counseling Services

Alcoholics Anonymous	
<i>Onsite</i>	
<i>Alternative Site</i>	<i>1 hours per week</i>

Anger Management	
<i>Onsite</i>	<i>After School</i>
	<i>1 hours per week</i>

Empathy Group Therapy	
<i>Onsite</i>	<i>After School</i>
	<i>1 hours per week</i>

Family Therapy with a Licensed Therapist	
<i>Onsite</i>	
	<i>0.5 hours per week</i>

Firesetting Group	
<i>Onsite</i>	
	<i>1 hours per week</i>

Grief Counseling	
<i>Onsite</i>	
	<i>1 hours per week</i>

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Milieu Therapy	
<i>Onsite</i>	<i>24-Hours a Day</i> <i>hours per week</i>

Narcotics Anonymous	
<i>Onsite</i>	
<i>Alternative Site</i>	<i>1 hours per week</i>

Psychiatric/Psychological Evaluation	
<i>Onsite</i>	<i>hours per week</i>

Substance Abuse Counseling	
<i>Onsite</i>	<i>1 hours per week</i>

Recreation/Arts/Hobbies

Ceremonies to Mark Significant Achievements	
<i>Onsite</i>	<i>hours per week</i>

Field Trips	
<i>Alternative Site</i>	<i>hours per week</i>

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Intermural Sports

Onsite

Alternative Site

5 hours per week

Leisure Activities

Onsite

After school, evenings and weekends

8 hours per week

Sports at Program

Onsite

After school, evenings and weekends

5 hours per week

Supervision Services

Level System

Onsite

24-Hours a Day

hours per week

Point System

Onsite

24-Hours a Day

hours per week

Reward Program

Onsite

24-Hours a Day

hours per week

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Notes:

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Staff Information

Total # of Direct-Care Staff:	32	# of Licensed Social Workers:	3
# Female:	16	# of Licensed Staff (excluding LSW):	1
# Male:	16	Minimum Education Requirements:	Undergraduate Degree
# White:	5	Training Hrs w/i 90 Days of Employment:	80
# African-American:	27	In-Service Training Hrs Per Year:	0
# Hispanic:	0	Is Related Work Experience Required:	Yes
# Asian:	0	Does the Program Use Volunteers:	No
# Other Race:	0		
# of Clients Per Direct-Care Staff:	7		
Staff Turnover During Previous Calendar Year:	18		