

ProDES Program Design Inventory 2002-2003 Report

The Pines Treatment Center-CLP

Last Updated: 6/12/2002

Agency: The Pines Treatment Center

Address: 825 Crawford Parkway
Portsmouth VA 23704-

Phone: (757) 393-0061 **Fax:** (757) 391-656

Internet Address:

Contact:

Name: Dr. Michael Ho

Position: Executive Clinical Director

Address: 825 Crawford Parkway
Portsmouth VA 23704-

Phone #: (757) 393-0061

Probation District in which Program is Located: NA-Outside of Philadelphia

Organizational/Classification Information

Date Program Began: 5/1/1998

DHS Classification: Institution

RTF Certification: Yes

Average Length of Stay (Months): 9

Security Level of Program: Physically Secure

Does Program Conduct Follow-Up: Yes

Target Population

Minimum Age: 12

Maximum Age: 20

Total Client Capacity: 40

Maximum # of Philadelphia Clients: 40

Gender(s): Both

Are Any Services Delivered Coed: No

Racial/Ethnic Background of Target Population: N/A

Zip Codes Served by Program:

Philadelphia Probation District(s) Served: All

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Problems/Needs of Target Population

Axis I diagnosis
Mild MR diagnosis

Grounds for Program Rejection

IQ below 55
Pervasive Developmental Disorders
Psychotic
Significant aggressive behavior
Suicidal

Grounds for Program Removal

Actively psychotic
Aggressive behavior
Multiple/prolonged AWOLs
Non-compliance
Suicidal

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Program Mission:

To increase self-sufficiency skills and to learn behavioral management skills to level of functioning; to serve dual diagnosis/mentally retarded population with conduct disorders.

Program Objectives

Primary

Abide by Program Rules
Accept Responsibility for Behavior/ Actions
Admission of Crime/Problem
Assess/Improve Personal Hygiene/Health
Avoid/Decrease Substance Abuse
Build Positive Relationships
Develop Ability to Trust Others
Develop Appropriate Communication/Social Skills
Develop coping skills
Develop Decision-Making Skills
Develop impulse control
Educate family
Exhibit self-control
Improve school behavior
Improve School Grades/Performance
Improve Self-Esteem/ Self-Worth
Increase School Attendance
Learn proper nutrition
Prevent Delinquency or Recidivism
Reintegrate Client into Community
Stabilize Mental Health Problems
Understand and Manage Anger

Secondary

Develop independent living skills
Develop Job Related Skills
Gain employment

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Improve parenting skills of clients parents

Resolve Underlying Dysfunctional Core Beliefs

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Program Activities

Academic/Votech/Skills Services

| |
|-----------------------|
| Education |
| <i>Onsite</i> |
| <i>hours per week</i> |

| |
|-----------------------------|
| Financial management |
| <i>Onsite</i> |
| <i>After School</i> |
| <i>5 hours per week</i> |

| |
|-------------------------|
| Housekeeping |
| <i>Onsite</i> |
| <i>After School</i> |
| <i>5 hours per week</i> |

| |
|-------------------------|
| Life Skills |
| <i>Onsite</i> |
| <i>After School</i> |
| <i>5 hours per week</i> |
| <i>Geared for MR</i> |

| |
|--------------------------------|
| Physical Education |
| <i>Onsite</i> |
| <i>During and After School</i> |
| <i>5 hours per week</i> |

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Social Interaction Activities

Onsite

After School

5 hours per week

Special Education

Onsite

hours per week

Vocational Education

Onsite

hours per week

Counseling Services

Alcoholics Anonymous

Onsite

1 hours per week

Anger Management

Onsite

hours per week

CD education

Onsite

After School

1 hours per week

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Family Therapy with a Licensed Therapist

Onsite

3 hours per week

Gender-Specific Issues Group

Onsite

After School

2 hours per week

Group Counseling

Onsite

After School

16 hours per week

Group Therapy with a Licensed Therapist

Onsite

After School

5 hours per week

Individual Counseling

Onsite

After School

1 hours per week

Individual Therapy with a Licensed Therapist

Onsite

After School

1 hours per week

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| | |
|-----------------------|-----------------------|
| Milieu Therapy | |
| <i>Onsite</i> | <i>24-Hours a Day</i> |
| | <i>hours per week</i> |

| | |
|----------------------------|-------------------------|
| Narcotics Anonymous | |
| <i>Onsite</i> | <i>1 hours per week</i> |

| | |
|---|-----------------------|
| Psychiatric/Psychological Evaluation | |
| <i>Onsite</i> | <i>After School</i> |
| | <i>hours per week</i> |
| | <i>one a month</i> |

| | |
|--------------------------------|-----------------------|
| Psychotropic medication | |
| <i>Onsite</i> | <i>hours per week</i> |

Recreation/Arts/Hobbies

| | |
|------------------------|--------------------------------|
| Arts and Crafts | |
| <i>Onsite</i> | <i>During and After School</i> |
| | <i>2 hours per week</i> |

| | |
|---------------------------|--|
| Leisure Activities | |
| <i>Onsite</i> | <i>after school, evenings and weekends</i> |
| | <i>5 hours per week</i> |

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Sports at Program

Onsite

After School

3 hours per week

Supervision Services

Point System

Onsite

hours per week

Reward Program

Onsite

24-Hours a Day

hours per week

Notes:

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Staff Information

| | | | |
|--------------------------------------|----|--|----------------------|
| Total # of Direct-Care Staff: | 68 | # of Licensed Social Workers: | 1 |
| # Female: | 50 | # of Licensed Staff (excluding LSW): | 4 |
| # Male: | 18 | Minimum Education Requirements: | Undergraduate Degree |
| # White: | 6 | Training Hrs w/i 90 Days of Employment: | 80 |
| # African-American: | 56 | In-Service Training Hrs Per Year: | 0 |
| # Hispanic: | 4 | Is Related Work Experience Required: | Yes |
| # Asian: | 2 | Does the Program Use Volunteers: | No |
| # Other Race: | 0 | | |

of Clients Per Direct-Care Staff: 6

Staff Turnover During Previous Calendar Year: 33