

ProDES Program Design Inventory 2002-2003 Report

The Pines Treatment Center-BSP

Last Updated: 6/12/2002

Agency: The Pines Treatment Center

Address: 1801 Portsmouth Blvd.
Portsmouth Va 23704-
Phone: (757) 398-0302 **Fax:** (757) 398-034
Internet Address: www.absfirst.com

Contact:
Name: Dr. Rex Miller
Position: Clinical Director
Address: 1801 Portsmouth Blvd.
Portsmouth Va 23704-
Phone #: (757) 398-0302
rex.miller@absfirst.com

Probation District in which Program is Located: NA-Outside of Philadelphia

Organizational/Classification Information

Date Program Began: 8/1/1986
DHS Classification: Institution
RTF Certification: Yes

Average Length of Stay (Months): 18
Security Level of Program: Physically Secure
Does Program Conduct Follow-Up:

Target Population

Minimum Age: 11
Maximum Age: 21
Total Client Capacity:
Maximum # of Philadelphia Clients:

Gender(s): Both
Are Any Services Delivered Coed: No
Racial/Ethnic Background of Target Population: N/A
Zip Codes Served by Program:

The Pines Treatment Center-BSP

Last Updated: 6/12/2002

Agency: The Pines Treatment Center

Problems/Needs of Target Population

IQ above 70
Psychosexual disorder
Sex offenders (boys)

Offense Behavior of Target Population

Aggression-violence
Sex offending

Grounds for Program Rejection

Anti-social personalities
IQ
No Psychosexual disorder
Overly aggressive
Psychotic disorder not stabilized with meds
Suicidal attempts within 30 days

Grounds for Program Removal

Actively psychotic
Assaultive to staff or clients
Denies psychosexual problems
Lack of responsiveness to treatment
Multiple/prolonged AWOLs
Sustains victimization of peers and staff

The Pines Treatment Center-BSP

Last Updated: 6/12/2002

Agency: The Pines Treatment Center

Program Mission:

The Behavioral Studies Program is dedicated to providing treatment services for juvenile sex offenders having clear psychiatric diagnoses (DSMIV) and many individuals having cluster B, AXIS II Disorder that interfere with treatment for sex offender specific issues as well as significant behavior problems. The program seeks to provide safe, effective quality care with individualized treatment plan, a nurturing therapeutic environment, and a strong educational component.

Program Objectives

Primary

- Accept Responsibility for Behavior/ Actions
- Admission of Crime/Problem
- Assess/Improve Personal Hygiene/Health
- Assist w/ Graduating High School/Obtaining GED
- Avoid recurrence of referring offense
- Avoid/Decrease Substance Abuse
- Build Positive Relationships
- Decrease Sex Offending Thoughts and Beliefs
- Develop Ability to Trust Others
- Develop Appropriate Communication/Social Skills
- Develop relapse prevention skills/techniques
- Educate family about issues related to referring pr
- Empathize with victims
- Encourage nutritional balance
- Improve school behavior
- Improve School Grades/Performance
- Increase compliance with therapeutic interventions
- Increase School Attendance
- Resolve Underlying Dysfunctional Core Beliefs
- Stabilize Mental Health Problems
- Understand Appropriate Sexual Behavior

Secondary

- Client gains employment
- Develop Financial Management Skills

ProDES Program Design Inventory 2002-2003 Report

The Pines Treatment Center-BSP

Last Updated: 6/12/2002

Agency: The Pines Treatment Center

Develop independent living skills

Develop Job Related Skills

Improve parenting skills of client

Improve parenting skills of youth's parents

The Pines Treatment Center-BSP

Last Updated: 6/12/2002

Agency: The Pines Treatment Center

Program Activities

Academic/Votech/Skills Services

Cooking	
<i>Onsite</i>	<i>Daily</i>
	<i>7 hours per week</i>

Education	
<i>Onsite</i>	<i>During School</i>
	<i>30 hours per week</i>

Employment	
<i>Alternative Site</i>	
	<i>10 hours per week</i>

Housekeeping	
<i>Onsite</i>	<i>Daily</i>
	<i>7 hours per week</i>

Job Training	
<i>Onsite</i>	
	<i>1 hours per week</i>

ProDES Program Design Inventory 2002-2003 Report

The Pines Treatment Center-BSP

Last Updated: 6/12/2002

Agency: The Pines Treatment Center

Life Skills

Onsite *Daily*
7 hours per week

Mentorship Program

Onsite
Alternative Site *5 hours per week*

Parenting Skills for Youths

Onsite *Daily*
7 hours per week

Physical Education

Onsite *Morning*
7 hours per week

Sexuality Education

Onsite *Daily*
7 hours per week

Social Interaction Activities

Onsite *Daily*
7 hours per week

ProDES Program Design Inventory 2002-2003 Report

The Pines Treatment Center-BSP

Last Updated: 6/12/2002

Agency: The Pines Treatment Center

Tutoring/Homework

Onsite

1 hours per week

Vocational Education

Onsite

30 hours per week

Counseling Services

Alcoholics Anonymous

Onsite

Alternative Site

1 hours per week

Empathy Group Therapy

Onsite

1 hours per week

Family Counseling

Onsite

1 hours per week

Family Therapy with a Licensed Therapist

Onsite

1 hours per week

ProDES Program Design Inventory 2002-2003 Report

The Pines Treatment Center-BSP

Last Updated: 6/12/2002

Agency: The Pines Treatment Center

Gender-Specific Issues Group
Onsite
1 hours per week

Group Counseling
Onsite
Daily, mornings
3 hours per week

Group Discussion
Onsite
Daily, mornings and evenings
14 hours per week

Individual Counseling
Onsite
1 hours per week

Individual Therapy with a Licensed Therapist
Onsite
hours per week

Milieu Therapy
Onsite
24-Hours a Day
hours per week

ProDES Program Design Inventory 2002-2003 Report

The Pines Treatment Center-BSP

Last Updated: 6/12/2002

Agency: The Pines Treatment Center

Field Trips
<i>Alternative Site</i>
<i>4 hours per week</i>

Leisure Activities	
<i>Onsite</i>	<i>Daily, evenings and weekends</i>
<i>Alternative Site</i>	<i>20 hours per week</i>

Sports at Program	
<i>Onsite</i>	<i>Mornings, evenings and daily</i>
	<i>7 hours per week</i>

Supervision Services

Level System	
<i>Onsite</i>	<i>24-Hours a Day</i>
	<i>hours per week</i>

Point System	
<i>Onsite</i>	<i>24-Hours a Day</i>
	<i>hours per week</i>

Reward Program	
<i>Onsite</i>	<i>24-Hours a Day</i>
	<i>hours per week</i>

ProDES Program Design Inventory 2002-2003 Report

The Pines Treatment Center-BSP

Last Updated: 6/12/2002

Agency: The Pines Treatment Center

Notes:

ProDES Program Design Inventory 2002-2003 Report

The Pines Treatment Center-BSP

Last Updated: 6/12/2002

Agency: The Pines Treatment Center

Staff Information

Total # of Direct-Care Staff:	37	# of Licensed Social Workers:	2
# Female:	37	# of Licensed Staff (excluding LSW):	12
# Male:	0	Minimum Education Requirements:	Undergraduate Degree
# White:	6	Training Hrs w/i 90 Days of Employment:	80
# African-American:	29	In-Service Training Hrs Per Year:	
# Hispanic:	1	Is Related Work Experience Required:	Yes
# Asian:	1	Does the Program Use Volunteers:	No
# Other Race:	0		

of Clients Per Direct-Care Staff: 0

Staff Turnover During Previous Calendar Year: 21