

ProDES Program Design Inventory 2002-2003 Report

The Pines Treatment Center-Adolescent Program

Last Updated: 6/6/2003

Agency: The Pines Treatment Center

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Norfolk VA 23502-

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Contact:

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Position: Executive Clinical Director

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Probation District in which Program is Located: NA-Outside of Philadelphia

Organizational/Classification Information

Date Program Began: 8/15/1990

DHS Classification: Institution

RTF Certification: Yes

Average Length of Stay (Months): 6

Security Level of Program: Staff Secure

Does Program Conduct Follow-Up: No

Program Licenses

JCAHO
Commonwealth of Va

Target Population

Minimum Age: 12

Maximum Age: 18

Total Client Capacity: 21

Maximum # of Philadelphia Clients: 21

Gender(s): Both

Are Any Services Delivered Coed: Yes

Racial/Ethnic Background of Target Population: N/A

Zip Codes Served by Program:

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Problems/Needs of Target Population

Absence of assaultive behavior

Psych problems

Grounds for Program Rejection

Actively suicidal

Assaultive history

Lack of motivation for treatment

Repeated RTF failures

Grounds for Program Removal

Assaultive

Lack of progress or responsiveness to treatment

Multiple/prolonged AWOL

Sexual behavior at facility

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Program Mission:

To provide quality care and improve the life of children and adolescents.

Program Objectives

Primary

- Assist w/ Graduating High School/Obtaining GED
- Develop Appropriate Communication/Social Skills
- Develop independent living skills
- Exhibit self-control
- Improve Family Communication
- Improve functioning in school setting
- Improve parenting skills of youths' parents
- Increase structure
- Stabilize major psychiatric illnesses
- Stabilize Mental Health Problems
- Youth respects others

Secondary

- Avoid/Decrease Substance Abuse
- Understand and Manage Anger

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Program Activities

Academic/Votech/Skills Services

Drug and Alcohol Education	
<i>Onsite</i>	<i>After School</i> <i>1 hours per week</i>

Education	
<i>Onsite</i>	<i>During School</i> <i>30 hours per week</i>

Life Skills	
<i>Onsite</i>	
<i>Alternative Site</i>	<i>1 hours per week</i>

Physical Education	
<i>Onsite</i>	<i>During School</i>
<i>Alternative Site</i>	<i>5 hours per week</i>

Social Interaction Activities	
<i>Onsite</i>	<i>After school, evenings and weekends</i>
<i>Alternative Site</i>	<i>7 hours per week</i>

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Special Education

Onsite

30 hours per week

Counseling Services

Alcoholics Anonymous

Onsite

hours per week

Anger Management

Onsite

After School

1 hours per week

Family Therapy with a Licensed Therapist

Onsite

1 hours per week

Can be over the phone

Group Counseling

Onsite

After School

3 hours per week

Group Discussion

Onsite

Mornings and evenings

7 hours per week

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Group Therapy with a Licensed Therapist

Onsite

After School

3 hours per week

Individual Therapy with a Licensed Therapist

Onsite

2 hours per week

Narcotics Anonymous

Onsite

hours per week

Substance Abuse Counseling

Onsite

3 hours per week

Family/Parent Services

Family Visits to Program

Onsite

hours per week

Home Passes/Family Visit

In the Home

hours per week

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Recreation/Arts/Hobbies

Arts and Crafts	
<i>Onsite</i>	<i>After school, evenings and weekends 5 hours per week</i>

Field Trips	
<i>Alternative Site</i>	<i>During school and weekends 8 hours per week</i>

Leisure Activities	
<i>Onsite</i>	<i>After school, evenings and weekends hours per week</i>

Sports at Program	
<i>Onsite</i>	<i>After school, evenings and weekends</i>
<i>Alternative Site</i>	<i>8 hours per week</i>

Supervision Services

Level System	
<i>Onsite</i>	<i>24-Hours a Day hours per week</i>

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Point System

Onsite

24-Hours a Day

hours per week

Notes:

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Staff Information

Total # of Direct-Care Staff:	28	# of Licensed Social Workers:	
# Female:	16	# of Licensed Staff (excluding LSW):	
# Male:	12	Minimum Education Requirements:	Undergraduate Degree
# White:	3	Training Hrs w/i 90 Days of Employment:	80
# African-American:	24	In-Service Training Hrs Per Year:	
# Hispanic:	0	Is Related Work Experience Required:	Yes
# Asian:	0	Does the Program Use Volunteers:	
# Other Race:	1		

of Clients Per Direct-Care Staff:

Staff Turnover During Previous Calendar Year: