

## ProDES Program Design Inventory 2002-2003 Report

### **New Dominion School-Girls**

**Last Updated:** 11/4/1999

**Agency:** Three Springs

**Address:** P.O. Box 876, Rt. 626  
Dillwyn PA 23936-

**Phone:** (804) 983-2811 **Fax:** (804) 983-351

**Internet Address:** www.hovac.com\newdominionscho

**Contact:**

**Name:** Mr. David Ottinger

**Position:** Director of Family Services

**Address:** P.O. Box 876, Rt. 626  
Dillwyn VA 23936-

**Phone #:** (804) 983-2811  
ndsgirls@hovac.com

**Probation District in which Program is Located:** NA-Outside of Philadelphia

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### **Organizational/Classification Information**

**Date Program Began:** 3/1/1996

**DHS Classification:** Institution

**RTF Certification:** No

**Average Length of Stay (Months):** 13

**Security Level of Program:** Open

**Does Program Conduct Follow-Up:** Yes

### **Program Licenses**

Interdepartmental Regulation of Residential Facilities for C

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### **Target Population**

**Minimum Age:** 11

**Maximum Age:** 18

**Total Client Capacity:** 48

**Maximum # of Philadelphia Clients:** 12

**Gender(s):** Female

**Are Any Services Delivered Coed:** No

**Racial/Ethnic Background of Target Population:**

**Zip Codes Served by Program:**

**Philadelphia Probation District(s) Served:** All

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***Problems/Needs of Target Population***

Conduct disorders  
Depression  
Disciplinary problems  
Drug and alcohol issues  
Educational problems  
Family discord  
Oppositional defiant  
Sexual issues

***Offense Behavior of Target Population***

Drug sales  
Non-violent offenses  
Property offenses  
Substance abuse offenses

***Grounds for Program Rejection***

Juveniles who hot wire cars  
Serious arson history  
Serious mental health concerns - bipolar, schizophrenia, suicidal  
Serious sex offense history  
Violent/assaultive history

***Grounds for Program Removal***

Committing serious crime  
Not responding to group process

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***Program Mission:***

The mission of this company is the healing and restoration of children and their families. Every resource at our disposal, be it financial, human, operational, shall be directed toward this purpose. Our efforts will always be governed by the principles of honor, respect, teamwork, responsibility, accountability, and honesty.

***Program Objectives***

***Primary***

- Accept Responsibility for Behavior/ Actions
- Assess Educational Needs
- Avoid/Decrease Negative Behavior
- Develop Decision-Making Skills
- Expose to Positive or Treatment Appropriate Envir
- Help Youths See Consequences of Actions
- Improve Self-Esteem/ Self-Worth
- Place Youths in Appropriate Educational Program
- Reintegrate Client into Family Environment
- Stabilize Mental Health Problems
- Teach How to Cope with Different Environments

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Program Activities

**Academic/Votech/Skills Services**

<b>Community Service</b>	
<i>Alternative Site</i>	<i>Weekends</i>
	<i>hours per week</i>
	<i>Once per month - day long</i>

<b>Education</b>	
<i>Onsite</i>	<i>During School</i>
	<i>30 hours per week</i>
	<i>0-30 hours depending on crest</i>

<b>Sexuality Education</b>	
<i>Onsite</i>	<i>During School</i>
	<i>2 hours per week</i>

**Counseling Services**

<b>Adventure Based Counseling</b>	
<i>Onsite</i>	
	<i>hours per week</i>
	<i>Once a month</i>

<b>Group Counseling</b>	
<i>Onsite</i>	<i>Evenings</i>
	<i>2 hours per week</i>
	<i>Recovery dynamics</i>

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**Physical Abuse Counseling**

<i>Onsite</i>	<i>During School</i>
	<i>2 hours per week</i>
	<i>Abuse recovery</i>

**Other Services**

**Outdoor Living Program**

<i>Onsite</i>	<i>24-Hours a Day</i>
	<i>hours per week</i>
	<i>Therapeutic program through group process, constant</i>

**Recreation/Arts/Hobbies**

**Camping**

<i>Alternative Site</i>	<i>24-Hours a Day</i>
	<i>hours per week</i>
	<i>1 - 4 weeks at a time of backpacking and canoeing</i>

**Recreation**

<i>Onsite</i>	<i>Weekends</i>
	<i>14 hours per week</i>

**Notes:** This program did not update its information for the 2001 directory.

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#### Staff Information

<b>Total # of Direct-Care Staff:</b>	23	<b># of Licensed Social Workers:</b>	1
<b># Female:</b>	16	<b># of Licensed Staff (excluding LSW):</b>	6
<b># Male:</b>	7	<b>Minimum Education Requirements:</b>	Undergraduate Degree
<b># White:</b>	20	<b>Training Hrs w/i 90 Days of Employment:</b>	120
<b># African-American:</b>	20	<b>In-Service Training Hrs Per Year:</b>	99
<b># Hispanic:</b>	0	<b>Is Related Work Experience Required:</b>	No
<b># Asian:</b>	1	<b>Does the Program Use Volunteers:</b>	No
<b># Other Race:</b>	0		
<b># of Clients Per Direct-Care Staff:</b>	4		
<b>Staff Turnover During Previous Calendar Year:</b>	10		