

ProDES Program Design Inventory 2002-2003 Report

Northwestern Academy Boot Camp

Last Updated: 6/3/2003

Agency: Northwestern Academy

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Probation District in which Program is Located: NA-Outside of Philadelphia

Organizational/Classification Information

Date Program Began:
DHS Classification: Short Term Intensive
RTF Certification:

Average Length of Stay (Months): 4
Security Level of Program: Staff Secure
Does Program Conduct Follow-Up: Yes

Target Population

Minimum Age: 12
Maximum Age: 18
Total Client Capacity: 96
Maximum # of Philadelphia Clients: 5

Gender(s): Male
Are Any Services Delivered Coed: No
Racial/Ethnic Background of Target Population: N/A
Zip Codes Served by Program:

Philadelphia Probation District(s) Served: All

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Problems/Needs of Target Population

Behind academically
Disruptive in community
Disruptive in school
Disruptive with family
Dysfunctional family
Learning disability
Not working to academic potential

Offense Behavior of Target Population

Adjudicated delinquent
Drug sales
History of aggression
Status offenses
Weapon on school property

Grounds for Program Rejection

Arson
Autism
Extensive history of juvenile justice contact
Homocide

Grounds for Program Removal

Multiple prolonged AWOL
Physical aggression

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Program Mission:

Around here, we provide opportunities to change.

Program Objectives

Primary

- Adapt to living in the community
- Assess/Improve Personal Hygiene/Health
- Develop Responsibility for One's Community
- Exhibit self-control
- improve family bonding
- Improve Family Communication
- Improve School Grades/Performance
- Improve Self-Esteem/ Self-Worth
- Improve Study/Work Habits
- Involve Family in Program
- Prevent Delinquency or Recidivism
- Youth has a safe secure environment

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Program Activities

Academic/Votech/Skills Services

| |
|--|
| Community Service <i>Alternative Site</i> <i>hours per week</i> |
|--|

| |
|---|
| Education <i>Onsite</i> <i>After School</i> <i>8 hours per week</i> |
|---|

| |
|---|
| Physical Education <i>Onsite</i> <i>hours per week</i> |
|---|

| |
|---|
| Restitution Work Program <i>Onsite</i> <i>hours per week</i> |
|---|

Counseling Services

| |
|---|
| Alcoholics Anonymous <i>Alternative Site</i> <i>hours per week</i> |
|---|

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Family Therapy with a Licensed Therapist

Onsite

hours per week

Grief Counseling

Onsite

hours per week

Group Therapy with a Licensed Therapist

Onsite

hours per week

Individual Therapy with a Licensed Therapist

Alternative Site

hours per week

Narcotics Anonymous

Alternative Site

hours per week

Substance Abuse Counseling

Onsite

hours per week

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Family/Parent Services

| |
|---------------------------------|
| Family Visits to Program |
| <i>Onsite</i> |
| <i>hours per week</i> |
| <i>every other week</i> |

| |
|-----------------------|
| Parent seminar |
| <i>Onsite</i> |
| <i>hours per week</i> |
| <i>4 week seminar</i> |

Recreation/Arts/Hobbies

| |
|--|
| Ceremonies to Mark Significant Achievements |
| <i>Onsite</i> |
| <i>hours per week</i> |

Supervision Services

| |
|-----------------------|
| Level System |
| <i>Onsite</i> |
| <i>24-Hours a Day</i> |
| <i>hours per week</i> |

Notes:

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Staff Information

| | | | |
|--|----|--|-------------------------|
| Total # of Direct-Care Staff: | 48 | # of Licensed Social Workers: | 0 |
| # Female: | 3 | # of Licensed Staff (excluding LSW): | 0 |
| # Male: | 45 | Minimum Education Requirements: | High School Diploma/GED |
| # White: | 48 | Training Hrs w/i 90 Days of Employment: | 80 |
| # African-American: | 0 | In-Service Training Hrs Per Year: | 40 |
| # Hispanic: | 0 | Is Related Work Experience Required: | No |
| # Asian: | 0 | Does the Program Use Volunteers: | Yes |
| # Other Race: | 0 | | |
| # of Clients Per Direct-Care Staff: | 1 | | |
| Staff Turnover During Previous Calendar Year: | 12 | | |