

## ProDES Program Design Inventory 2002-2003 Report

### De La Salle Self-Esteem Training for Adolescent Recovery (DEL STAR)

**Last Updated:** 4/24/2003

**Agency:** St. Gabriel's

**Address:** 117 S. 17th Street, Suite 1701  
Philadelphia PA 19103-

**Phone:** (215) 665-8777 **Fax:**

**Internet Address:**

**Contact:**

**Name:** Mr. Barry Zakireh

**Position:** Program Director

**Address:** 117 S. 17th Street  
Philadelphia PA 19103-

**Phone #:** (215) 665-8777

**Probation District in which Program is Located:** Southwest

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#### Organizational/Classification Information

**Date Program Began:** 7/1/1996

**DHS Classification:** Counseling

**RTF Certification:** No

**Average Length of Stay (Months):** 15

**Security Level of Program:** Not Applicable

**Does Program Conduct Follow-Up:** Yes

#### Program Licenses

DPW Certificate of Compliance  
Office of Mental Health-Outpatient

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#### Target Population

**Minimum Age:** 12

**Maximum Age:** 19

**Total Client Capacity:** 65

**Maximum # of Philadelphia Clients:** 65

**Gender(s):** Both

**Are Any Services Delivered Coed:** Yes

**Racial/Ethnic Background of Target Population:** N/A

**Zip Codes Served by Program:**

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***Problems/Needs of Target Population***

Minimum IQ standards

***Offense Behavior of Target Population***

Sex offense

***Grounds for Program Rejection***

Autism

Client resides with victim

Low IQ

Psychosis

***Grounds for Program Removal***

Chronic treatment non-compliance

Family supervision issues

Lack of progress or responsiveness to program

Not responding to intervention

Re-arrest

Significant attendance problems

Significant substance abuse

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***Program Mission:***

The object of the corporation is to found and maintain an institution for the protection and training of boys, wherein they may receive a proper education and be instructed in useful arts and handicrafts. To the extent of its capacity and resources, the said institution shall be open at all times for admission of boys who may stand in need of protection and training. No boy shall be excluded from the institution, nor shall any inmate thereof be discriminated against, on account of race, color, or creed.

***Program Objectives***

***Primary***

- Accept responsibility for behavior/actions
- Admission of Crime/Problem
- Avoid recurrence of referring offense
- Avoid risky behavior/peers
- Decrease Sex Offending Thoughts and Beliefs
- Develop relapse prevention skills/techniques
- Develop self-control
- Empathize with victims
- Family involved in program
- Predict consequences of risky behavior
- Recognition/Understanding of Motivating Factors f
- Resolve Underlying Dysfunctional Core Beliefs
- Set goals for future

***Secondary***

- Adapt to different environments
- Anger management
- Avoid/Decrease Substance Abuse
- Awareness of employment alternatives
- Awareness of post high school educational alterna
- Build Positive Relationships
- Client gains employment
- Develop Appropriate Communication/Social Skills
- Develop Post-Treatment Support/Goals/Skills
- Improve family bonding

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Improve Family Communication

Increase knowledge of issues related to sexuality

Maintain appropriate school adjustment

Practices prosocial behaviors

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**Program Activities**

**Academic/Votech/Skills Services**

<b>Victim Awareness Program</b>	
<i>Onsite</i>	<i>After School</i>
	<i>2 hours per week</i>

**Counseling Services**

<b>Anger Management</b>	
<i>Onsite</i>	
	<i>hours per week</i>
	<i>varies, as appropriate</i>

<b>Family Therapy with a Licensed Therapist</b>	
<i>Onsite</i>	
<i>Alternative Site</i>	<i>hours per week</i>
	<i>1.5 hours/month</i>

<b>Group Therapy with a Licensed Therapist</b>	
<i>Onsite</i>	
	<i>2 hours per week</i>

<b>Individual Therapy with a Licensed Therapist</b>	
<i>Onsite</i>	<i>After School</i>
<i>Alternative Site</i>	<i>2 hours per week</i>

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**Psychiatric/Psychological Evaluation**

*Onsite*

*hours per week*

*At beginning of program and status evaluation period*

**Sexual Abuse Counseling**

*Onsite*

*hours per week*

*varies, as needed*

**Supervision Services**

**Level System**

*Onsite*

*24-Hours a Day*

*hours per week*

**Notes:**

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**Staff Information**

**Total # of Direct-Care Staff:** 12      **# of Licensed Social Workers:** 0  
**# Female:** 5      **# of Licensed Staff (excluding LSW):** 2  
**# Male:** 7      **Minimum Education Requirements:** Undergraduate Degree  
**# White:** 10      **Training Hrs w/i 90 Days of Employment:** 30  
**# African-American:** 2      **In-Service Training Hrs Per Year:** 40  
**# Hispanic:** 0      **Is Related Work Experience Required:** Yes  
**# Asian:** 0      **Does the Program Use Volunteers:** No  
**# Other Race:** 0  
**# of Clients Per Direct-Care Staff:** 1  
**Staff Turnover During Previous Calendar Year:** 2

**Foreign Language(s) Fluently Spoken by Direct-Care Staff**

	<b># of Staff</b>
Arabic	1