

ProDES Program Design Inventory 2002-2003 Report

Cresson Secure Treatment Unit

Last Updated: 5/22/2003

Agency: Department of Public Welfare

Address: PO Box 269, 251 Correction Road
Cresson PA 16330-

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Internet Address:

Contact:

Name: Mr. Richard Metzger

Position: Acting Program Director

Address: PO Box 269

Cresson PA 16330-

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Probation District in which Program is Located: NA-Outside of Philadelphia

Organizational/Classification Information

Date Program Began: 12/8/1997

DHS Classification: Institution

RTF Certification: No

Average Length of Stay (Months):

Security Level of Program: Physically Secure

Does Program Conduct Follow-Up: Yes

Target Population

Minimum Age: 13

Maximum Age: 21

Total Client Capacity: 52

Maximum # of Philadelphia Clients:

Gender(s): Male

Are Any Services Delivered Coed: No

Racial/Ethnic Background of Target Population: N/A

Zip Codes Served by Program:

Philadelphia Probation District(s) Served: All

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Problems/Needs of Target Population

Assaultive/destructive behavior
Delinquency as determined by court
Emotionally/mentally disturbed
Have background
Have repeat history
Repeat offenders
Require maximum, secure care placement

Offense Behavior of Target Population

Serious offenders

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Program Mission:

Cresson Secure Treatment Unit's primary mission is the treatment and rehabilitation of juvenile offenders and mentally ill adolescent males who, because their specialized mental health needs required more intensive therapeutic interventions than were provided in the juvenile justice system, or who, because of difficult to control or anti-social or extreme self-injurious behaviors, have failed in many previous settings, including detention centers, other residential treatment programs, and psychiatric hospitals and therefore, are at risk.

Cresson Secure Treatment's primary goal is to enable the youth entrusted to its care to attain optimal psychological and social growth, and to safely reintegrate into society.

Program Objectives

Primary

- Accept Responsibility for Behavior/ Actions
- Perform Community Service or Restitution
- Reintegrate Client into Community
- Stabilize Mental Health Problems

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Program Activities

Academic/Votech/Skills Services

Community Service
Alternative Site

hours per week
4-6 hours with school, 6-8 hours with no school

Education
Onsite

24 hours per week
8:30 to 4:40, 4 days/week

Physical Education
Onsite

4 hours per week
In school

Social Interaction Activities
Onsite

hours per week

Special Education
Onsite

hours per week

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Victim Awareness Program

Onsite

hours per week

Counseling Services

Aggression replacement

Onsite

hours per week

Alcoholics Anonymous

Onsite

hours per week

Family Counseling

Onsite

hours per week
Scheduled as needed

Group Counseling

Onsite

hours per week

Individual Counseling

Onsite

hours per week
1 hour/week all residents; 2 hours/wk emot.
Disturbed residents

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<p>Psychiatric/Psychological Evaluation</p> <p><i>Onsite</i></p> <p><i>hours per week</i></p>
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<p>Self-awareness</p> <p><i>Onsite</i></p> <p><i>hours per week</i></p>
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<p>Self-esteem groups</p> <p><i>Onsite</i></p> <p><i>hours per week</i></p>
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<p>Sex offender therapy</p> <p><i>Onsite</i></p> <p><i>hours per week</i></p>
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Recreation/Arts/Hobbies

<p>Recreation</p> <p><i>Onsite</i></p> <p><i>hours per week</i></p> <p><i>20 hours during school, 35 hours with no school</i></p>
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Notes:

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Staff Information

Total # of Direct-Care Staff:	65	# of Licensed Social Workers:	0
# Female:	13	# of Licensed Staff (excluding LSW):	0
# Male:	52	Minimum Education Requirements:	High School Diploma/GED
# White:	64	Training Hrs w/i 90 Days of Employment:	120
# African-American:	1	In-Service Training Hrs Per Year:	40
# Hispanic:	0	Is Related Work Experience Required:	No
# Asian:	0	Does the Program Use Volunteers:	Yes
# Other Race:	0		
# of Clients Per Direct-Care Staff:	9		
Staff Turnover During Previous Calendar Year:	42		