

ProDES Program Design Inventory 2002-2003 Report

Project FORWARD

Last Updated: 5/30/2002

Agency: Big Sisters of Philadelphia

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Contact:

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Position: Chief Operating Officer

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Probation District in which Program is Located: Southwest

Organizational/Classification Information

Date Program Began: 7/1/1988

DHS Classification: Day Treatment

RTF Certification:

Average Length of Stay (Months): 6

Security Level of Program: Not Applicable

Does Program Conduct Follow-Up: Yes

Target Population

Minimum Age: 12

Maximum Age: 18

Total Client Capacity: 15

Maximum # of Philadelphia Clients: 15

Gender(s): Female

Are Any Services Delivered Coed: No

Racial/Ethnic Background of Target Population: N/A

Zip Codes Served by Program:

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Problems/Needs of Target Population

Abandonment issues
Abuse victims
Anger control
Behind academically
Cognitive distortions
Depression
Disciplinary Problems
Drug use in family
Drug/alcohol education needed
Emotional problems
Expulsion/truancy
Impulse control
In need of structure
Lack of trust
Negative peers
No future goals
Poor coping
Poor family communication
Poor self-esteem
Pregnant/parenting
Promiscuity/sexually active
Sexuality issues

Offense Behavior of Target Population

Adjudicated delinquent
At risk
Consent decree
Curfew violation
History of juvenile justice
Runaway
Theft
Weapons on school property

Grounds for Program Rejection

Danger to self/others
Gender (male)
Requires locked setting

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Requires maximum security

Grounds for Program Removal

Chronic treatment non-compliance

Danger to self/others

Placement

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Program Mission:

To provide comprehensive services to girls age 12 to 17 who are at risk of further adjudication. Our mission is to reduce the risk of delinquency or to prevent the continuation fo delinquent behavior, to prevent out of home placement, and to improve family functioning.

Program Objectives

Primary

- Avoid recurrence of referring offense
- Avoid risky behavior/peers
- Avoid Unwanted Pregnancy
- Client appreciates the value of an education
- Improve family bonding
- Improve Self-Esteem/ Self-Worth
- Increase knowledge of issues related to sexuality
- Increase School Attendance
- Prevent Delinquency or Recidivism

Secondary

- Assess/Improve Personal Hygiene/Health
- Develop Awareness and Use of Community Reso
- Family functions independently

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Program Activities

Academic/Votech/Skills Services

Community Service	
<i>Alternative Site</i>	<i>After School</i>
	<i>hours per week</i>
	<i>25 hours per fiscal year</i>

Counseling Services

Group Discussion	
<i>Alternative Site</i>	
	<i>2 hours per week</i>

Psychiatric/Psychological Evaluation	
<i>Onsite</i>	<i>During and After School</i>
	<i>hours per week</i>
	<i>At least once, more if needed</i>

Family/Parent Services

Visits to Home by Staff	
<i>In the Home</i>	<i>During and After School</i>
	<i>2 hours per week</i>

Other Services

Speakers/ Lectures	
<i>Onsite</i>	
<i>Alternative Site</i>	<i>hours per week</i>
	<i>Once a month for 1-3 hours</i>

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Recreation/Arts/Hobbies

Field Trips
<i>Alternative Site</i>
<i>hours per week</i>
<i>Twice each quarter</i>

Supervision Services

Emergency Help
<i>On the Street</i>
<i>In the Home</i>
<i>hours per week</i>

School Visits
<i>In School</i>
<i>During School</i>
<i>hours per week</i>
<i>Once a month for two hours</i>

Notes:

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Staff Information

Total # of Direct-Care Staff:	9	# of Licensed Social Workers:	0
# Female:	8	# of Licensed Staff (excluding LSW):	1
# Male:	1	Minimum Education Requirements:	Undergraduate Degree
# White:	3	Training Hrs w/i 90 Days of Employment:	20
# African-American:	4	In-Service Training Hrs Per Year:	40
# Hispanic:	0	Is Related Work Experience Required:	No
# Asian:	0	Does the Program Use Volunteers:	Yes
# Other Race:	2		
# of Clients Per Direct-Care Staff:	11		
Staff Turnover During Previous Calendar Year:	3		