

ProDES Program Design Inventory 2002-2003 Report

Benchmark Behavioral Health Systems

Last Updated: 5/22/2002

Agency: Benchmark Behavioral Health Systems

Address: 592 W. 1350 South
Woods Cross Ut 84087-

Phone: (801) 299-5300 **Fax:** (801) 296-216

Internet Address:

Contact:

Name: Ms. Wendy Seely

Position: Program Manager

Address: 592 W. 1350 South
Woods Cross Ut 84087-

Phone #: (801) 299-5300

Probation District in which Program is Located: NA-Outside of Philadelphia

Organizational/Classification Information

Date Program Began: 1/1/1994

DHS Classification: Institution

RTF Certification:

Average Length of Stay (Months): 12

Security Level of Program: Physically Secure

Does Program Conduct Follow-Up: Yes

Target Population

Minimum Age: 14

Maximum Age: 18

Total Client Capacity: 12

Maximum # of Philadelphia Clients:

Gender(s): Male

Are Any Services Delivered Coed: No

Racial/Ethnic Background of Target Population: N/A

Zip Codes Served by Program:

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Problems/Needs of Target Population

DDMR-conduct disorder

Failed many placements

High impulse

Sex offenders

Grounds for Program Rejection

Extreme danger to self or others

Grounds for Program Removal

Flagrant, generating new petitions

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Program Mission:

To deliver quality state of the art cost-effective care at the appropriate level to those it serves.

Program Objectives

Primary

- Assist w/ Graduating High School/Obtaining GED
- Avoid/Decrease Substance Abuse
- Develop Appropriate Communication/Social Skills
- Develop Job Related Skills
- Develop relapse prevention skills/techniques
- Improve coping skills
- Improve School Grades/Performance
- Increase acceptance of cultural diversity
- Increase knowledge of issues related to drugs/alco
- Increase self-awareness/self-understanding
- Stabilize Mental Health Problems
- Understand and Manage Anger
- Understand and manage mental health problems

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Program Activities

Academic/Votech/Skills Services

Drug and Alcohol Education
<i>Onsite</i>
<i>hours per week</i>

Education
<i>Onsite</i>
<i>During School</i>
<i>35 hours per week</i>

Housekeeping
<i>Onsite</i>
<i>hours per week</i>

Relapse Prevention
<i>Onsite</i>
<i>hours per week</i>

Social Interaction Activities
<i>Onsite</i>
<i>hours per week</i>

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Special Education
<i>Onsite</i>
<i>hours per week</i>

Vocational Education
<i>Onsite</i>
<i>hours per week</i>

Writing Activities
<i>Onsite</i>
<i>hours per week</i>

Counseling Services

Anger Management
<i>Onsite</i>
<i>hours per week</i>

Group Discussion
<i>Onsite</i>
<i>2 hours per week</i>

Group Therapy with a Licensed Therapist
<i>Onsite</i>
<i>hours per week</i>

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Milieu Therapy
Onsite *24-Hours a Day*
hours per week

Peer Mediation
Onsite
hours per week

Psychiatric/Psychological Evaluation
Onsite
hours per week
once at intake

Psychotropic medication
Onsite
hours per week

Substance Abuse Counseling
Onsite
hours per week

Family/Parent Services

Family Visits to Program
Onsite
hours per week

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Other Services

Meals <i>Onsite</i> <i>hours per week</i>
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Recreation/Arts/Hobbies

Arts and Crafts <i>Onsite</i> <i>hours per week</i>
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Leisure Activities <i>Onsite</i> <i>hours per week</i>

Recreation <i>Onsite</i> <i>hours per week</i>

Supervision Services

Level System <i>Onsite</i> <i>24-Hours a Day</i> <i>hours per week</i>
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Notes:

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Staff Information

Total # of Direct-Care Staff:	151	# of Licensed Social Workers:	9
# Female:	58	# of Licensed Staff (excluding LSW):	8
# Male:	93	Minimum Education Requirements:	High School Diploma/GED
# White:	119	Training Hrs w/i 90 Days of Employment:	40
# African-American:	13	In-Service Training Hrs Per Year:	20
# Hispanic:	9	Is Related Work Experience Required:	Yes
# Asian:	2	Does the Program Use Volunteers:	No
# Other Race:	7		

of Clients Per Direct-Care Staff: 1
Staff Turnover During Previous Calendar Year: 104

Foreign Language(s) Fluently Spoken by Direct-Care Staff

	# of Staff
Spanish	20
Other Languages	10
Italian	5
German	3
French	3
Filipino	2