

ProDES Program Design Inventory 2002-2003 Report

Youth Center

Last Updated: 5/7/2002

Agency: Cornell Abraxas

Address: 10058 South Mountain Road, Bldg. 3
South Mountai Pa 17261-

Phone: (717) 749-3066 **Fax:** (717) 749-322

Internet Address: www.cornellcompanies.com

Contact:

Name: Mr. Mike Grassmyer

Position: Senior Treatment Supervisor

Address: 10058 South Mountain Rd. Bldg. 3, P.O. Box
South Mount Pa 17261-

Phone #: (717) 749-3066

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Probation District in which Program is Located: NA-Outside of Philadelphia

Organizational/Classification Information

Date Program Began: 3/1/1999

DHS Classification: Institution

RTF Certification: No

Average Length of Stay (Months): 12

Security Level of Program: Physically Secure

Does Program Conduct Follow-Up: Yes

Program Licenses

DPW Certificate of Compliance

Target Population

Minimum Age: 12

Maximum Age: 18

Total Client Capacity: 36

Maximum # of Philadelphia Clients: 5

Gender(s): Male

Are Any Services Delivered Coed: No

Racial/Ethnic Background of Target Population: N/A

Zip Codes Served by Program:

Philadelphia Probation District(s) Served: All

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Problems/Needs of Target Population

Able to profit from verbal treatment
Cognitive distortions
Firesetting
IQ over 70
Non-psychotic
Not functionally mentally retarded

Offense Behavior of Target Population

Firesetting behaviors (history documented)

Grounds for Program Rejection

Low IQ
Physical disability
Psychosis

Grounds for Program Removal

Psychiatric regression
Sustained inability

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Program Mission:

We, as professional staff, are dedicated to meeting the needs of our residents by providing a clean, secure, and structured learning environment. We shall challenge our residents through high expectations to be accountable for their past, present, and future actions. We shall teach our residents by examples of teamwork, sincerity, and communication. We shall do this in a dignified, caring, and respectful manner, thus helping our residents become the best that they can be. A successful participant of our program shall return to family and community, understanding that the choices they make today shall determine their future pathways.

Program Objectives

Primary

- Avoid recurrence of referring offense
- Decrease risk of future firesetting
- Empathize with victims and restore damaged relations
- Exhibit Self-control
- Learn positive coping skills
- Stabilize Mental Health Problems
- Understand fire safety

Secondary

- Avoid/Decrease Substance Abuse
- Learn conflict resolution skills
- Understand and Manage Anger

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Program Activities

Academic/Votech/Skills Services

Community Service <i>Onsite</i> <i>hours per week</i>
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Conflict Resolution <i>Onsite</i> <i>hours per week</i>
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Restitution Work Program <i>Onsite</i> <i>hours per week</i>

Counseling Services

Anger Management <i>Onsite</i> <i>After School</i> <i>1 hours per week</i>
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Art Therapy <i>Onsite</i> <i>hours per week</i>
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Family Counseling	
<i>Onsite</i>	<i>Weekends</i>
	<i>1 hours per week</i>

Firesetting Group	
<i>Onsite</i>	<i>24-Hours a Day</i>
	<i>2 hours per week</i>

Group Discussion	
<i>Onsite</i>	<i>Mornings and evenings</i>
	<i>10 hours per week</i>

Individual Counseling	
<i>Onsite</i>	<i>During School</i>
	<i>1 hours per week</i>

Individual Therapy with a Licensed Therapist	
<i>Onsite</i>	<i>During School</i>
	<i>1 hours per week</i>

Psychiatric/Psychological Evaluation	
<i>Onsite</i>	
	<i>hours per week</i>

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Psychotropic medication

Onsite

hours per week

Other Services

Meals

Onsite

Daily

hours per week

Recreation/Arts/Hobbies

Recreation

In School

Daily

10 hours per week

Supervision Services

Level System

Onsite

24-Hours a Day

hours per week

Notes:

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Staff Information

Total # of Direct-Care Staff:	86	# of Licensed Social Workers:	0
# Female:	28	# of Licensed Staff (excluding LSW):	12
# Male:	58	Minimum Education Requirements:	High School Diploma/GED
# White:	71	Training Hrs w/i 90 Days of Employment:	80
# African-American:	12	In-Service Training Hrs Per Year:	40
# Hispanic:	12	Is Related Work Experience Required:	No
# Asian:	1	Does the Program Use Volunteers:	No
# Other Race:	0		

of Clients Per Direct-Care Staff: 6

Staff Turnover During Previous Calendar Year: 60

Foreign Language(s) Fluently Spoken by Direct-Care Staff

of Staff

Spanish	1
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