

ProDES Program Design Inventory 2002-2003 Report

Abraxas V-Abraxas Center for Adolescent Females (ACAF)

Last Updated: 5/15/2002

Agency: Cornell Abraxas

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Contact:

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Position: Assistant Facility Director

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Probation District in which Program is Located: NA-Outside of Philadelphia

Organizational/Classification Information

Date Program Began: 1/1/1987

DHS Classification: Drug & Alcohol

RTF Certification: No

Average Length of Stay (Months): 9

Security Level of Program: Open

Does Program Conduct Follow-Up: Yes

Program Licenses

DPW
Department of Health

Target Population

Minimum Age: 13

Maximum Age: 19

Total Client Capacity: 98

Maximum # of Philadelphia Clients: 98

Gender(s): Female

Are Any Services Delivered Coed: No

Racial/Ethnic Background of Target Population: N/A

Zip Codes Served by Program:

Philadelphia Probation District(s) Served: All

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Problems/Needs of Target Population

Behind academically
Dysfunctional family
Emotional abuse victims
Mild mental health disorders
Physical abuse victims
Sexual abuse victims
Substance abuse issues

Offense Behavior of Target Population

Adjudicated delinquent

Grounds for Program Rejection

Arson
History of violent felonies
Low IQ
Murder/manslaughter
Serious medical issues
Serious psychiatric issues

Grounds for Program Removal

Lack of progress in treatment
Overtly violent (attack staff)
Sexual acting out
Treatment non-compliance

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Program Mission:

To provide a safe, secure environment so that our clients may grow and prepare for a successful return to community living.

To assist our clients in developing the values, skills, and self awareness necessary to overcome their mental and physical problems.

To provide our clients with a quality treatment program that encourages recovery in all aspects of their lives.

Program Objectives

Develop Life/Living Skills

Understand and Manage Anger

Primary

Assess/Improve Personal Hygiene/Health

Assist w/ Graduating High School/Obtaining GED

Avoid/Decrease Substance Abuse

Client appreciates the value of an education

Develop Appropriate Communication/Social Skills

Develop independent living skills

Educate Client about Sexuality

Empathy with victims and restore damaged relatio

Improve School Grades/Performance

Recognition/Understanding of Motivating Factors f

Reintegrate Client into Community

Sees need for positive change

Stabilize Mental Health Problems

Secondary

Awareness of employment alternatives

Awareness of post high school educational alterna

Develop Job Related Skills

Develop Post-Treatment Support/Goals/Skills

Develop Responsibility for One's Community

Perform community service/restitution

Reintegrate Client into Family Environment

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Youth is familiar with prosocial behaviors/hobbies

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Program Activities

Academic/Votech/Skills Services

Community Service	
<i>Alternative Site</i>	<i>During school, evenings and weekends hours per week Adopt a block, food bank, soup kitchen</i>

Computer Education	
<i>Onsite</i>	<i>During School 2 hours per week</i>

Education	
<i>In School</i>	<i>31 hours per week</i>

GED (General Equivalency Diploma) Program	
<i>Onsite</i>	<i>hours per week</i>

Life Skills	
<i>Onsite</i>	<i>Daily 7 hours per week</i>

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Parenting Skills for Youths	
<i>Onsite</i>	<i>After School</i>
	<i>2 hours per week</i>

Physical Education	
<i>Onsite</i>	<i>During School</i>
	<i>2 hours per week</i>

Special Education	
<i>Onsite</i>	<i>During School</i>
	<i>hours per week</i>

Counseling Services

Alcoholics Anonymous	
<i>Onsite</i>	<i>Evenings</i>
<i>Alternative Site</i>	<i>1 hours per week</i>

Family Counseling	
<i>Onsite</i>	<i>Weekends</i>
	<i>3 hours per week</i>

Group Counseling	
<i>Onsite</i>	<i>After School</i>
<i>Alternative Site</i>	<i>10 hours per week</i>

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Group Discussion

Onsite *Evenings*
7 hours per week

Individual Counseling

Onsite
hours per week

Individual Therapy with a Licensed Therapist

Alternative Site
2 hours per week

Milieu Therapy

Onsite *24-Hours a Day*
hours per week

Narcotics Anonymous

Onsite *Evenings*
Alternative Site *1 hours per week*

Sexual Abuse Counseling

Onsite *Evenings*
Alternative Site *2 hours per week*

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Substance Abuse Counseling

Onsite

Evenings

10 hours per week

Family/Parent Services

Family Visits to Program

Onsite

3 hours per week

Recreation/Arts/Hobbies

Arts and Crafts

Onsite

Weekends

2 hours per week

Field Trips

Alternative Site

hours per week

quarterly as appropriate

Leisure Activities

Onsite

Daily

9 hours per week

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Sports at Program

Onsite

After School

Alternative Site

6 hours per week

Supervision Services

Level System

Onsite

hours per week

Point System

Onsite

24-Hours a Day

hours per week

Reward Program

Onsite

hours per week

Notes: Education requirements for counselors and supervisors is Associate degree and experience.

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Staff Information

Total # of Direct-Care Staff:	83	# of Licensed Social Workers:	0
# Female:	60	# of Licensed Staff (excluding LSW):	3
# Male:	23	Minimum Education Requirements:	High School Diploma
# White:	34	Training Hrs w/i 90 Days of Employment:	80
# African-American:	49	In-Service Training Hrs Per Year:	40
# Hispanic:	0	Is Related Work Experience Required:	Yes
# Asian:	0	Does the Program Use Volunteers:	Yes
# Other Race:	0		
# of Clients Per Direct-Care Staff:	6		
Staff Turnover During Previous Calendar Year:	40		

Foreign Language(s) Fluently Spoken by Direct-Care Staff

	# of Staff
Spanish	3