

ProDES Program Design Inventory 2002-2003 Report

Leadership Development Program

Last Updated: 5/13/2002

Agency: Cornell Abraxas

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Contact:

Name: Mr. Nathan Michael

Position: Clinical Director

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Probation District in which Program is Located: NA-Outside of Philadelphia

Organizational/Classification Information

Date Program Began: 9/19/1994

DHS Classification: Institution

RTF Certification: No

Average Length of Stay (Months): 4

Security Level of Program: Staff Secure

Does Program Conduct Follow-Up: Yes

Program Licenses

DPW

AEE

Target Population

Minimum Age: 13

Maximum Age: 20

Total Client Capacity: 120

Maximum # of Philadelphia Clients: 8

Gender(s): Male

Are Any Services Delivered Coed: No

Racial/Ethnic Background of Target Population: N/A

Zip Codes Served by Program:

Philadelphia Probation District(s) Served: All

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Problems/Needs of Target Population

Absence of positive social support
Cognitive distortions
History of neglect
Low self esteem
Poor academic achievement
Poor academic aptitude
Poor family relationships
Social Skills needed

Offense Behavior of Target Population

Possession of weapons
Receiving stolen property
Robbery
Simple and aggravated assault
Terroristic threats
Violation of probation

Grounds for Program Rejection

Arson
Murder
Physically unfit
Profound psychiatric issues
Rape/sex offense
Severe psychological issues

Grounds for Program Removal

Extreme violence
Re-arrested
Self mutilation
Severely injured

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Program Mission:

We are dedicated to providing a safe, secure, structured, and caring environment for those individuals we serve. Through meaningful interaction and experiential-based learning, we will encourage the development of such leadership traits as mutual respect, cultural awareness, self-esteem, discipline, and life skills. Given their continued commitment, motivation, and demonstration of victim awareness, our graduates will become productive members of society.

Program Objectives

Primary

- Accept Responsibility for Behavior/ Actions
- Assist w/ Graduating High School/Obtaining GED
- Client appreciates the value of an education
- Develop Leadership Skills
- Improve Family Relationship
- Improve parenting skills of client
- Improve School Grades/Performance
- Improve Self-Esteem/ Self-Worth
- Improve Study/Work Habits
- Learn Prosocial Behavior/Values

Secondary

- Avoid/decrease aggressive behavior
- Develop Appropriate Communication/Social Skills
- Develop Responsibility for One's Community
- Family conflict resolution
- Improve Family Communication
- Increase assertiveness
- Prevent Delinquency or Recidivism
- Resolve Underlying Dysfunctional Core Beliefs
- Stabilize Family

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Program Activities

Academic/Votech/Skills Services

Community Service
Onsite
Alternative Site
hours per week

Drug and Alcohol Education
Onsite
hours per week

Education
Onsite
During School
30 hours per week

GED (General Equivalency Diploma) Program
Onsite
hours per week

Physical Education
Onsite
2 hours per week

Leadership Development Program

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Special Education
<i>Onsite</i>
<i>hours per week</i>

Vocational Education
<i>Onsite</i>
<i>hours per week</i>

Counseling Services

Adventure Based Counseling
<i>Onsite</i>
<i>After School and Weekends</i>
<i>hours per week</i>
<i>5 week rope course</i>

Anger Management
<i>Onsite</i>
<i>hours per week</i>

Cognitive behavioral therapy
<i>Onsite</i>
<i>hours per week</i>

Family Counseling
<i>Onsite</i>
<i>hours per week</i>

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Group Counseling

Onsite *Daily*
8 hours per week

Group Therapy with a Licensed Therapist

Onsite *1 hours per week*

Individual Counseling

Onsite *Daily*
1 hours per week

Milieu Therapy

Onsite *24-Hours a Day*
hours per week

Family/Parent Services

Visits to Home by Staff

Onsite *hours per week*

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Other Services

Meals
<i>Onsite</i>
<i>hours per week</i>

Recreation/Arts/Hobbies

Campus Ministry/ Religious Services
<i>Onsite</i>
<i>1 hours per week</i>

Recreation	
<i>Onsite</i>	<i>After School</i>
<i>Onsite</i>	<i>5 hours per week</i>

Spirituality Groups
<i>Onsite</i>
<i>hours per week</i>

Sports at Program	
<i>Onsite</i>	<i>After School</i>
<i>Alternative Site</i>	<i>5 hours per week</i>

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Supervision Services

Gain/Lose Privileges
<i>Onsite</i>
<i>24-Hours a Day</i>
<i>hours per week</i>

Level System
<i>Onsite</i>
<i>24-Hours a Day</i>
<i>hours per week</i>

Point System
<i>Onsite</i>
<i>24-Hours a Day</i>
<i>hours per week</i>

Probation program client planning meeting
<i>Onsite</i>
<i>hours per week</i>

Notes:

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Staff Information

Total # of Direct-Care Staff:	74	# of Licensed Social Workers:	1
# Female:	18	# of Licensed Staff (excluding LSW):	1
# Male:	56	Minimum Education Requirements:	High School Diploma/GED
# White:	55	Training Hrs w/i 90 Days of Employment:	80
# African-American:	1	In-Service Training Hrs Per Year:	40
# Hispanic:	2	Is Related Work Experience Required:	No
# Asian:	0	Does the Program Use Volunteers:	No
# Other Race:	0		
# of Clients Per Direct-Care Staff:	8		
Staff Turnover During Previous Calendar Year:	73		

Foreign Language(s) Fluently Spoken by Direct-Care Staff

	# of Staff
Spanish	2