

## ProDES Program Design Inventory 2002-2003 Report

### **Abraxas II-Community Based Intensive (CBI)**

**Last Updated:** 4/28/2003

**Agency:** Cornell Abraxas

**Address:** 502 West Sixth Street  
Erie PA 16507-

**Phone:** (814) 459-0618 **Fax:** (814) 459-068

**Internet Address:** www.cornellcompanies.com

**Contact:**

**Name:** Mr. Tim Nowakowski

**Position:** Program Manager

**Address:** 502 West Sixth Street  
Erie PA 16507-

**Phone #:** (814) 459-0618

tnowakowski@cornellcompanies.com

**Probation District in which Program is Located:** NA-Outside of Philadelphia

#### **Organizational/Classification Information**

**Date Program Began:** 3/1/1983

**DHS Classification:** Drug & Alcohol

**RTF Certification:** No

**Average Length of Stay (Months):** 5

**Security Level of Program:** Open

**Does Program Conduct Follow-Up:** Yes

#### **Program Licenses**

PA Private licensed school  
Dept. of Health - BDAP  
DPW - Residential Child Care

#### **Target Population**

**Minimum Age:** 14

**Maximum Age:** 18

**Total Client Capacity:** 23

**Maximum # of Philadelphia Clients:** 23

**Gender(s):** Male

**Are Any Services Delivered Coed:** No

**Racial/Ethnic Background of Target Population:** N/A

**Zip Codes Served by Program:**

**Philadelphia Probation District(s) Served:** All

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***Problems/Needs of Target Population***

Authority problems  
Behind academically  
Chemical abuse or dependency  
Dental needs  
Disciplinary behavior problems  
Disruptive in school  
Dysfunctional family  
Health issues/medical needs  
In need of structure  
Oppositional defiant  
Truancy

***Offense Behavior of Target Population***

Drug sales  
History of juvenile justice contact  
theft

***Grounds for Program Rejection***

Arson  
Danger to self or others  
Extensive delinquent history  
History of physical aggression  
Low IQ  
Major medical problem  
Major psychiatric illness  
Rape  
Violent Assault

***Grounds for Program Removal***

Any criminal offense at program  
Chronic treatment non-compliance  
Drug use  
Lack of progress/responsiveness to treatment  
Multiple/prolonged AWOLs  
Non-compliance with program rules  
Physical aggression  
Serious medical problem

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Threatens staff or clients

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***Program Mission:***

To provide troubled youth with a safe, stable, nurturing environment.  
To help them develop the skills that are necessary to lead healthy, productive lives.  
To provide the best possible services to combat drug and alcohol abuse and dependency.  
To instill a vision of possibilities and lay the foundation for a strong healthy future.

***Program Objectives***

***Primary***

- Admission of Crime/Problem
- Avoid recurrence of referring offense
- Build positive reciprocal relationships
- Develop Appropriate Communication/Social Skills
- Develop relapse prevention skills/techniques
- Empathize with victims and restore damaged relationships
- Graduate high school/obtain GED
- Improve family bonding
- Improve family communication
- Improve personal health/hygiene
- Improve school grades/performance
- Increase knowledge of issues related to drugs/alcohol
- Increase structure in home environment
- Perform Community Service or Restitution
- Practices prosocial behaviors/values
- Youth is familiar with prosocial hobbies/behaviors

***Secondary***

- Avoid/Decrease Substance Abuse
- Develop ability to trust others
- Develop Decision-Making Skills
- Exhibit self-control
- Improve study/work habits

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Program Activities

**Academic/Votech/Skills Services**

<b>Education</b>	
<i>In School</i>	<i>During School</i> <i>30 hours per week</i>

<b>Life Skills</b>	
<i>Onsite</i>	<i>Daily</i> <i>12 hours per week</i>

**Counseling Services**

<b>Community Service</b>	
<i>Alternative Site</i>	<i>Evenings &amp; Weekends</i> <i>hours per week</i> <i>100 hours</i>

<b>Family Counseling</b>	
<i>Onsite</i>	<i>Weekends</i> <i>0.5 hours per week</i> <i>During family visit weekends</i>

<b>Goals Meeting</b>	
<i>Onsite</i>	<i>Daily</i> <i>7 hours per week</i>

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**Group Counseling**

*Onsite*

*Evenings*

*2 hours per week*

**Group Discussion**

*Onsite*

*Daily and evenings*

*9 hours per week*

**Individual Counseling**

*Onsite*

*Evenings*

*1 hours per week*

**Family/Parent Services**

**Family Visits to Program**

*Onsite*

*Weekends*

*4 hours per week*

**Home Passes/Family Visit**

*In the Home*

*Weekends*

*1 hours per week*

*varies by client*

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**Other Services**

<b>Meals (non-residential program)</b>	
<i>Onsite</i>	<i>Daily</i> <i>21 hours per week</i>

<b>Speakers/ Lectures</b>	
<i>Onsite</i>	<i>After School</i>
<i>Alternative Site</i>	<i>5 hours per week</i> <i>May be a guest speaker</i>

<b>Supplies/Services to Meet Basic Physical Needs</b>	
<i>Onsite</i>	<i>Morning</i> <i>7 hours per week</i>

**Recreation/Arts/Hobbies**

<b>Sports at Program</b>	
<i>Onsite</i>	<i>Evenings and daily</i>
<i>Alternative Site</i>	<i>9 hours per week</i>

**Supervision Services**

<b>Level System</b>	
<i>Onsite</i>	<i>24-Hours a Day</i> <i>hours per week</i>

**Notes:**

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**Staff Information**

<b>Total # of Direct-Care Staff:</b>	34	<b># of Licensed Social Workers:</b>	0
<b># Female:</b>	12	<b># of Licensed Staff (excluding LSW):</b>	2
<b># Male:</b>	22	<b>Minimum Education Requirements:</b>	High School Diploma
<b># White:</b>	31	<b>Training Hrs w/i 90 Days of Employment:</b>	40
<b># African-American:</b>	3	<b>In-Service Training Hrs Per Year:</b>	40
<b># Hispanic:</b>	0	<b>Is Related Work Experience Required:</b>	No
<b># Asian:</b>	0	<b>Does the Program Use Volunteers:</b>	Yes
<b># Other Race:</b>	0		
<b># of Clients Per Direct-Care Staff:</b>	1		
<b>Staff Turnover During Previous Calendar Year:</b>	2		