

ProDES Program Design Inventory 2002-2003 Report

Abraxas I

Last Updated: 4/11/2003

Agency: Cornell Abraxas

Address: Blue Jay Village, Box 59
Marienville PA 16239-

Phone: (814) 927-6615 **Fax:** (814) 927-856

Internet Address: www.cornellcompanies.com

Contact:

Name: Ms. Jeanne Godlesky

Position: Community Services Supervisor

Address: Blue Jay Village, Box 59
Marienville PA 16239-

Phone #: (814) 927-6615

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Probation District in which Program is Located: NA-Outside of Philadelphia

Organizational/Classification Information

Date Program Began: 9/1/1973

DHS Classification: Drug & Alcohol

RTF Certification: No

Average Length of Stay (Months): 10

Security Level of Program: Open

Does Program Conduct Follow-Up: Yes

Program Licenses

DPW

Mental Health

Target Population

Minimum Age: 13

Maximum Age: 18

Total Client Capacity: 270

Maximum # of Philadelphia Clients: 100

Gender(s): Male

Are Any Services Delivered Coed: No

Racial/Ethnic Background of Target Population: N/A

Zip Codes Served by Program:

Philadelphia Probation District(s) Served: All

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Problems/Needs of Target Population

Academic problems
Anger issues
Behavior problems
Behind academically
Dysfunctional family
Poor decision making
Poor grades
Social/emotional problems
Substance abusers
Truancy

Offense Behavior of Target Population

Adjudicated delinquent
Drug sales
History of juvenile justice contact

Grounds for Program Rejection

Arson
Extreme violent history
Homocidal
Major psychiatric illness
No english
Pattern of sex offending behavior
Serious medical problems

Grounds for Program Removal

Major psychiatric illness
Serious reoffending
Serious violent behavior
Suicidal

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Program Mission:

To provide a safe, nurturing and structured environment in which residents can make positive changes in their behaviors, attitudes and beliefs that will help them remain drug free and crime free, become responsible members of the community and support a program of recovery.

Program Objectives

Primary

- Absence of subsequent delinquent behavior
- Address errors in thinking behavior
- Avoid risky behavior/peers
- Avoid/Decrease Drug Sales
- Avoid/Decrease Substance Abuse
- Develop Appropriate Communication/Social Skills
- Develop Decision-Making Skills
- Develop relapse prevention skills
- Develop Responsibility for One's Community
- Empathize with victims and restore damaged relationships
- Exhibit self-control
- Graduate from high school/obtain GED
- Improve family bonding
- Improve Family Communication
- Improve personal health/hygiene
- Improve School Grades/Performance
- Improve Self-Esteem/ Self-Worth
- Increase knowledge of issues related to drugs/alcohol
- Increase School Attendance
- Perform Community Service or Restitution
- Practices prosocial behaviors/hobbies
- Understand and Manage Anger
- Youth is familiar with prosocial hobbies/interests

Secondary

- Develop Job Related Skills

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Develop vocational skills

Improve Team/Group Working Skills

Youth can predict consequences of risky behavior

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Program Activities

Academic/Votech/Skills Services

| | |
|--------------------------|----------------------------------|
| Community Service | |
| <i>Alternative Site</i> | <i>After School and Weekends</i> |
| | <i>hours per week</i> |
| | <i>Hours vary</i> |

| | |
|----------------|-----------------------------------|
| Cooking | |
| <i>Onsite</i> | <i>During school and evenings</i> |
| | <i>4 hours per week</i> |

| | |
|--|-------------------------|
| Cultural Activities/ Awareness and Training | |
| <i>Onsite</i> | |
| | <i>2 hours per week</i> |

| | |
|------------------|--------------------------|
| Education | |
| <i>Onsite</i> | <i>During School</i> |
| | <i>30 hours per week</i> |

| | |
|--|--------------------------|
| GED (General Equivalency Diploma) Program | |
| <i>Onsite</i> | |
| | <i>30 hours per week</i> |

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Job Training

Onsite
During School
30 hours per week

Life Skills

Onsite
during school and evenings
10 hours per week

Musical Lessons

Onsite
After School
5 hours per week

Sexuality Education

Onsite
During school and evenings
4 hours per week

Tutoring/Homework

Onsite
Morning
5 hours per week

Vocational Education

Onsite
Alternative Site
During School
30 hours per week

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Counseling Services

Adventure Based Counseling

| | |
|-------------------------|-------------------------|
| <i>Alternative Site</i> | <i>During School</i> |
| | <i>9 hours per week</i> |

Alcoholics Anonymous

| | |
|-------------------------|-------------------------|
| <i>Alternative Site</i> | <i>Evenings</i> |
| <i>Onsite</i> | <i>1 hours per week</i> |

Group Counseling

| | |
|---------------|-------------------------|
| <i>Onsite</i> | <i>Evenings</i> |
| | <i>7 hours per week</i> |

Group Discussion

| | |
|---------------|-------------------------|
| <i>Onsite</i> | <i>Evenings</i> |
| | <i>7 hours per week</i> |

Individual Counseling

| | |
|---------------|--------------------------------|
| <i>Onsite</i> | <i>During and After School</i> |
| | <i>1 hours per week</i> |

Milieu Therapy

| | |
|---------------|-----------------------|
| <i>Onsite</i> | <i>24-Hours a Day</i> |
| | <i>hours per week</i> |

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Narcotics Anonymous

| | |
|-------------------------|-------------------------|
| <i>Alternative Site</i> | <i>Evenings</i> |
| <i>Onsite</i> | <i>1 hours per week</i> |
| | <i>Also CA</i> |

Psychiatric/Psychological Evaluation

| | |
|---------------|---|
| <i>Onsite</i> | <i>hours per week</i> |
| | <i>Ongoing (at intake, and as needed)</i> |

Psychotropic medication

| | |
|---------------|-------------------------------------|
| <i>Onsite</i> | <i>hours per week</i> |
| | <i>As needed and as it comes up</i> |

Substance Abuse Counseling

| | |
|---------------|-------------------------|
| <i>Onsite</i> | <i>Evenings</i> |
| | <i>7 hours per week</i> |

Family/Parent Services

Family Visits to Program

| | |
|---------------|-------------------------|
| <i>Onsite</i> | <i>Weekends</i> |
| | <i>4 hours per week</i> |

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Other Services

Program Orientation

| | |
|---------------|--------------------------|
| <i>Onsite</i> | <i>During School</i> |
| | <i>30 hours per week</i> |

Supplies/Services to Meet Basic Physical Needs

| |
|---------------------------------|
| <i>hours per week</i> |
| <i>Medical/dental as needed</i> |

Recreation/Arts/Hobbies

Arts and Crafts

| | |
|---------------|-------------------------|
| <i>Onsite</i> | <i>During School</i> |
| | <i>5 hours per week</i> |

Field Trips

| | |
|-------------------------|-------------------------|
| <i>Alternative Site</i> | <i>During School</i> |
| | <i>1 hours per week</i> |

Intermural Sports

| | |
|-------------------------|-------------------------|
| <i>Alternative Site</i> | <i>After School</i> |
| <i>Onsite</i> | <i>8 hours per week</i> |

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Leisure Activities

Onsite
Evenings
4 hours per week

Spirituality Groups

Onsite
Alternative Site
Weekends
2 hours per week

Sports at Program

Onsite
After School
5 hours per week

Supervision Services

Drug Testing

Onsite
hours per week
Upon return home from weekend pass

Point System

Onsite
24-Hours a Day
hours per week

Notes:

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Staff Information

| | | | |
|--------------------------------------|-----|--|-------------------------|
| Total # of Direct-Care Staff: | 268 | # of Licensed Social Workers: | 0 |
| # Female: | 72 | # of Licensed Staff (excluding LSW): | 68 |
| # Male: | 196 | Minimum Education Requirements: | High School Diploma/GED |
| # White: | 260 | Training Hrs w/i 90 Days of Employment: | 40 |
| # African-American: | 4 | In-Service Training Hrs Per Year: | 40 |
| # Hispanic: | 3 | Is Related Work Experience Required: | No |
| # Asian: | 0 | Does the Program Use Volunteers: | No |
| # Other Race: | 1 | | |

of Clients Per Direct-Care Staff: 6

Staff Turnover During Previous Calendar Year: 54

Foreign Language(s) Fluently Spoken by Direct-Care Staff

of Staff