

ProDES Program Design Inventory 2002-2003 Report

Cornell Abraxas-Family Academy

Last Updated: 5/27/2003

Agency: Cornell Abraxas

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Contact:

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Position: Program Director

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Probation District in which Program is Located: Central

Organizational/Classification Information

Date Program Began: 3/1/2001

DHS Classification: Counseling

RTF Certification:

Average Length of Stay (Months): 4

Security Level of Program: Not Applicable

Does Program Conduct Follow-Up: Yes

Program Licenses

Office of Mental Health-Outpatient

DPW Certificate of Compliance

Target Population

Minimum Age: 11

Maximum Age: 18

Total Client Capacity: 20

Maximum # of Philadelphia Clients: 16

Gender(s): Male

Are Any Services Delivered Coed: No

Racial/Ethnic Background of Target Population: N/A

Zip Codes Served by Program:

Philadelphia Probation District(s) Served: All

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Problems/Needs of Target Population

Dysfunctional family
Lack of family structure
Returning from residential or institutional placement
Step downs

Grounds for Program Rejection

Chronic violent serious offending
Homocide
Sex offenders
Violent assault

Grounds for Program Removal

Affect growth of group negatively
Chronic treatment non-compliance
No parental support
Non-compliance with program rules
Physical aggression
Poor program attendance

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Program Mission:

The Family Academy provides effective, quality service to families with a commitment to making a difference in their lives by promoting growth, empowerment, and self-sufficiency. We utilize our Seven Key Principles, interagency, and community collaboration. Our services are provided in a safe, secure, healthy, and stable environment.

Program Objectives

Primary

- Build Positive Relationships
- Develop Appropriate Communication/Social Skills
- Develop Awareness and Use of Community Resources
- Develop Decision-Making Skills
- Develop Responsibility for One's Community
- Family functions independently
- Family is involved in program
- Has goals for future
- Improve family bonding
- Improve Family Communication
- Improve parenting skills of youths parents
- Improve Self-Esteem/ Self-Worth
- Increase structure in home environment
- Learn Prosocial Behavior/Values
- Stabilize Family
- Youth can predict consequences of risky behavior
- Youth respects others

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Program Activities

Academic/Votech/Skills Services

Community Service	
<i>Onsite</i>	<i>Weekends</i>
<i>Alternative Site</i>	<i>0.3 hours per week</i>

Life Skills	
<i>Onsite</i>	<i>Weekends</i>
	<i>1 hours per week</i>

Parenting Skills for Youths	
<i>Onsite</i>	<i>Evenings</i>
	<i>0.5 hours per week</i>

Parenting Skills for Youth's Parents/Caregivers	
<i>Onsite</i>	<i>Weekends</i>
	<i>1 hours per week</i>
	<i>Once every 4 months</i>

Victim Awareness Program	
<i>Onsite</i>	<i>Weekends</i>
	<i>0.3 hours per week</i>

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Counseling Services

Family Counseling
<i>In the Home</i>
<i>hours per week</i>
<i>4 hours through program</i>

Group Discussion
<i>Onsite</i>
<i>Evenings</i>
<i>0.8 hours per week</i>

Family/Parent Services

Family events
<i>Alternative Site</i>
<i>hours per week</i>

Parent Groups
<i>Onsite</i>
<i>Evenings</i>
<i>1 hours per week</i>

Visits to Home by Staff
<i>In the Home</i>
<i>hours per week</i>

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Other Services

Meals (non-residential program)

Onsite

Evenings

0.3 hours per week

Recreation/Arts/Hobbies

Ceremonies to Mark Significant Achievements

Alternative Site

hours per week

Graduation-2 to 3 hours, once

Notes:

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Staff Information

Total # of Direct-Care Staff:	3	# of Licensed Social Workers:	0
# Female:	2	# of Licensed Staff (excluding LSW):	0
# Male:	1	Minimum Education Requirements:	Undergraduate Degree
# White:	1	Training Hrs w/i 90 Days of Employment:	12
# African-American:	2	In-Service Training Hrs Per Year:	40
# Hispanic:	0	Is Related Work Experience Required:	Yes
# Asian:	0	Does the Program Use Volunteers:	Yes
# Other Race:	0		
# of Clients Per Direct-Care Staff:	8		
Staff Turnover During Previous Calendar Year:	0		