FALL 2016

PASCEP
Pan-African Studies
Community Education Program

Entertainment and Community Education Center
1509 Cecil B. Moore Avenue, 2nd Floor
Philadelphia, PA 19121
215-204-1993
www.temple.edu/pascep

Course and Program Guide
Mission Statement

With the motto: Keeping the Community Informed, the program’s mission is to provide continuing and basic adult education services to the community at a nominal cost through the cooperative efforts of the resources of the university and volunteer faculty. This is achieved through the following services:

• Life skills, college preparatory, liberal arts and technical education
• Courses to prepare adults for the General Educational Development (GED) Examination
• Basic adult literacy preparation (BAL/ABE)
• Free public seminars and workshops for the community and university
• Collaborative projects with campus and community organizations
• Service learning opportunities for undergraduate and graduate students

Brief Program History

The Pan-African Studies Community Education Program (PASCEP) is a unique and multi-faceted program founded in 1975 by the late Annie D. Hyman, a Temple University graduate and North Philadelphia community activist, who sought to bring the university to the community.

Prior to coming to Temple in 1979, the Community Education Program was held in neighborhood schools, churches and centers. University faculty, most of whom were from the Pan-African Studies Department of the College of Arts and Sciences of Temple University, volunteered time to teach classes. Ms. Hyman later obtained the support of Dr. Odeyo Ayaga, who was then the Pan-African Studies Department chair, to seek Temple University’s sponsorship of the program. In the Spring of 1979, the university incorporated the program and PASCEP became the community outreach component of the Temple University Pan-African Studies Department, subsequently renamed the African American Studies Department.

Faculty of Pan-African Studies and other departments continued to volunteer time to teach courses for PASCEP: Dr. Rita Smith, Dr. Tran Van Dinh, Professor Sonia Sanchez, Professor Jacqueline Mungai, Dr. Barbara Hampton, of Pan-African Studies; Dr. Audrey Pittman and Dr. Thaddeus Mathis, of the School of Social Administration; and Dr. Wilbert Roget, of the Department of French and Italian, among others, including Afro musicologist, Harrison Ridley, Jr. of WRTI-FM. Pan-African Studies Department undergraduate students also served as tutors and literacy instructors.

Since 1975, PASCEP has offered over 394 listed courses, 275 lectures and seminars and over 87 workshops. PASCEP has given a voice to many volunteer faculty members who come from myriad professions and all walks of life. None of this could have been done without the support and direction of the previous administrators: Jacqueline Mungai and Maisha Sullivan-Ongoza, who served as Program Coordinators; and Muriel Feelings, Yumy Odom, and Willie Rogers, who served as Program Directors of PASCEP. Today, all of PASCEP’s courses continue to be taught by volunteer professionals from the community whose purpose is to educate the community at large and give back to others what they have received in knowledge, skill, inspiration and example.
PASCEP FALL SEMESTER 2016 (10 Weeks)
Classes start: Monday, September 19th
Classes end: Thursday, December 1st

EARLY ONLINE VIEWING OF COURSES
Starting Monday, June 27th

ONLINE REGISTRATION (7 Weeks)
Monday, July 25th – Friday, September 9th

WALK IN REGISTRATION (4 Weeks)
Monday, August 15th – Friday, September 9th
Hours: 12:30PM to 6:30PM

EXTENDED WALK IN REGISTRATION HOURS
TWO DAYS ONLY
Wednesday, August 31st & Wednesday, September 7th
Hours: 12:30PM to 7:30PM

PASCEP Office Location
Entertainment and Community Education Center
2nd Floor
1509 Cecil B. Moore Avenue
Philadelphia, PA 19121
(PHONE) 215-204-1993 • (FAX) 215-204-8171

Website: www.temple.edu/pascep

You must be 18 years or older to enroll in PASCEP.
REGISTRATION FOR PASCEP CLASSES IS NOW AVAILABLE ONLINE AND IS REQUIRED FOR ALL REGISTRANTS

If you have not already done so, you will be required to create a Temple University DestinyOne Student account. You can quickly and easily create a free account for Temple University’s non-credit and continuing education system using your personal computer.

• You will be able to use the same account every semester. And you will be able to search and register for courses, revise your profile, request class changes, and make inquiries and special requests.
• You must have an established email address prior to creating your account in DestinyOne.
• If you do not have an email address you can create one using Google, AOL, Yahoo, Hotmail, etc.
• In your browser type: noncredit.temple.edu. A page will display that looks similar to this:

Create a Temple University DestinyOne Account

You can quickly and easily create a free account for Temple University’s non-credit and continuing education system, DestinyOne. Create a free account by entering your profile information and enjoy faster checkouts for future purchases.

NOTE: If you have previously taken a non-credit or continuing education course, you may already have an account. You can contact destiny1@temple.edu or by phone at 215-204-4866 with questions.

These steps guide you through the process:

1. Begin by clicking the Login link in the upper right hand corner. Click Student Login.
2. Under New User?, click the Create a free account link.
3. The Contact Information appears and you can complete your information.
   • You will be asked to provide your name, gender, email address, phone number, and mailing address.
   • You can also tell us a little bit more about your learning goals and select the specific program(s) that you are interested in.
4. Click the Submit button.
   • You will receive several emails providing your account information.
COURSE FEES

Payment Options:

Credit and Debit Card Payments
• Available to online registrations only during the open registration period.
• Register using your personal computer/device or in PASCEP’s office during the open registration period.

Money Orders
• Available to walk-in registrants only during open registration.
• All money orders are to be made payable to Temple University.
• Amount of money order must match total course fees.

WE REGRET THAT WE CANNOT ACCEPT CASH OR PERSONAL CHECKS

Senior Citizen Discount:

Eligibility: You must be age 65 or older at the time of registration. A course fee of $10.00 will be applied to a single course or to the lowest course fee. Regular fees apply for each additional class selected. You may register online for class however, seniors will need to come into the PASCEP office in order to receive the discount during registration. Please bring proof of age for verification. Acceptable forms of ID: Original State Issued Birth Certificate or Driver’s License. PASCEP staff will apply the discount and will authorize all fee adjustments.

You must be 18 years or older to enroll in PASCEP.

Refunds:

Refunds of course fees are issued only if a class is cancelled due to low enrollment.

Low Enrollment Class Cancellations:

Temple University reserves the right to cancel a course due to insufficient enrollment or other unforeseen circumstances. If a course is cancelled for any reason, you will be notified and your entire tuition fee will be refunded. You will have the option to enroll in another course. Financial adjustments will be made if there is a difference in the new course selection.

Wait List:

If registration for a class becomes full, a wait list may be available. You may join the wait list for that course. You will receive an email if space becomes available and you will be eligible to enroll.

Add/Drop Courses:

All course drop/add requests must be submitted online by Friday, September 9th.
PAN-AFRICAN STUDIES COMMUNITY EDUCATION PROGRAM

PASCEP FALL 2016 CALENDAR

PASCEP Early Online Viewing of Available Courses: Monday, June 27th

Fall Online Registration Begins: Monday, July 25th

Fall Walk-In Registration Begins: Monday, August 15th

Walk-In Registration Location: Entertainment & Community Education Center
1509 Cecil B. Moore Avenue, 2nd Floor, Room 217
Philadelphia, PA 19121

Extended Hours Walk-In Registration: Wednesdays, August 31st & September 7th

Online & Walk-In Registration Ends: Friday, September 9th

Course Add/Drop Requests Deadline: Friday, September 9th

TABE Test for GED Program: Week of September 12th

PASCEP Fall Semester Begins: Monday, September 19th

PASCEP 6-Week Classes End: Week of October 24th

PASCEP 8-Week Classes End: Week of November 7th

University Fall Break – No PASCEP Classes:
Monday, November 21st – Friday, November 25th

TABE Test for GED Program: Week of November 21st

PASCEP Fall Semester Ends: Thursday, December 1st

PASCEP Fall Closing Ceremony: Friday, December 2nd
Ritter Hall/Annex
Kiva Auditorium
1301 Cecil B. Moore Ave.
5:30PM–7:00PM
Open to: PASCEP Students & Staff

PASCEP Information Line:(215) 204-1993

KYW Radio’s Snow Emergency Information:
Listen for Call Number 2120

Visit the PASCEP Website: http://www.temple.edu/pascep
Areas of Study

GED Preparatory
Language Studies
History & Culture
Computer Applications
Health & Wellness
Business & Professional Development
Personal Development
Special Focus Courses/Workshops
New Courses!

African Drumming & Percussion–PASCEP0502
This course provides instruction in African drumming focusing on the tones and simple rhythms which will allow the students to quickly play and master the instrument.

_Instructor: Saantis Fenmu Davis is a percussionist trained in music education and performance; he graduated from The City College of New York._

Create Your Life By Design & Live Your Best Life Now!–PASCEP0501
Based on empirical evidence, students will learn proven strategies and step-by-step formulas to get results and achieve successes, happiness, and sustain positive changes in their businesses, careers, and/or personal life.

_Instructor: Adesanya Karade is the president & CEO of The Transformation Station, Inc. and is a success and life coach specializing in transformation, transition, and change._

Effective Co-Parenting–PASCEP0500
Through the development of a parenting plan this course is designed to support parents in sharing responsibility for raising their child or children with a spirit that promotes cooperation and growth.

_Instructor: Ne’Sha Anthony is a Master’s level clinician with training in Family Systems Therapy who has an expertise in individual, couples and family therapy._

The Reel Deal–PASCEP0503
Film, documentaries and video sources are used to provide a comprehensive historical and cultural perspective of the African-American experience.

_Instructor: Shay Scott is a veteran American History teacher and current doctoral research assistant at Temple University._
# Course Index

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<td>PASCEP0005</td>
<td>The Journey from Africa to America</td>
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<td>Create Your Life By Design &amp; Live Your Best Life Now!</td>
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<td>Crochet Basic and Beyond</td>
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<td>Developing Dynamic Databases</td>
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<td>Sick of Being Broke</td>
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<td>PASCEP0041</td>
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<td>Strive: The Psychology of Recovery</td>
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<td>PASCEP0502</td>
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<td>10</td>
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<td>PASCEP0036</td>
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<td>PASCEP0018</td>
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<td>PASCEP0054</td>
<td>Walking into the Rainbow: the Path to Spiritual Development</td>
<td>10</td>
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*** A $25.00 Registration Fee Covers All GED Courses. Register for one or all four courses.
GED (General Educational Development) Preparatory Classes-PASCEP0041

Prepare for the GED examination. The all-inclusive course fee of $25.00 gives you the option to register for one or all four classes.

- The TABE test is given the week before classes start
- PASCEP does not give the official GED test

GED APPLICATION PROCESS

You must complete an application in order to get into the PASCEP GED Program. Payment of the all-inclusive course fee of $25.00 will start the application process. Your application will be reviewed and you will receive notification of your application status via the email address that you provided during your online registration.

GED COURSES (10 Weeks)

Mathematics Mondays, 5:30PM-7:30PM
GED – Introductory Mathematics
This course is designed for the student who needs a refresher on the principles of mathematics before taking the math GED prep class. Students learn to read, write and interpret basic mathematical information; solve whole number, basic fractions, decimals and percent problems. Data, statistics, shapes, and measurements are included.

GED – Mathematics
The GED Mathematics course is aimed at developing confidence, mathematical competency, and GED test-taking ability. Students will be expected to attend every class session, participate fully, and ask questions whenever necessary. The goal is for students to successfully pass the mathematics section of the GED even if they may benefit from taking the course multiple times in order to maximize their score on the math portion of the exam.

GED INSTRUCTOR: Edward Coleman is a graduate of Cornell University, where he earned a Masters of Art degree. He has been a volunteer at PASCEP since 1998. He is also a member of the Association for the Study of Classical African Civilizations (ASCAC).

Social Studies Tuesdays, 5:30PM-7:30PM
GED social studies covers history, geography, economic and civics preparation for the Social Studies section of the examination.

GED INSTRUCTOR: Fredia Banks is a graduate of Wilberforce University, where she earned a degree in Social Work. She is currently a social worker for the City of Philadelphia

Computer Literacy for GED Testing Wednesdays, 5:30PM-7:30PM
This course covers grammar, punctuation, parts of speech and essay writing in preparation for the GED exam.

GED INSTRUCTOR: TBD
GED COURSES, continued

Science Thursdays, 5:30PM-7:30PM
The course covers life sciences (biology), physical sciences (earth science, physics and chemistry) and interprets graphs, tables, charts and diagrams.
GED INSTRUCTOR: TBD

LANGUAGE STUDIES

Basic Arabic–PASCEP0001
Course Fee-$30.00 (10 Weeks) Mondays, 5:30PM-7:00PM, Limit 25
This introductory course covers grammar, writing and conversational Arabic. The instructor’s style of teaching will provide the students with fluency in communicating in Arabic.
Instructor: Yahya Abdulmalik is a veteran PASCEP instructor who has been with the program since 1993. He studied Arabic language and history at Damascus University and the AbduNoor University of Syria.

Etymology–PASCEP0009
Course Fee-$30.00 (10 Weeks) Mondays, 7:00PM-9:00PM, Limit 25
In this course, students will be taught how to increase their vocabulary by learning the meanings of prefixes, suffixes, and root words. Etymology is derived from the Greek words “etym” meaning history/origin and “log” meaning word. Further, this course will teach students how words acquire new meanings over a period of centuries. This course will also show students the importance of understanding the denotations and connotations of words. Moreover, students will learn how to study words in their original historical context.
Instructor: Abdullah El Talib Mosi Bey earned a Bachelor of Arts degree from Glassboro State College and a Masters of Social Work degree from Rutgers University’s Graduate School of Social Work.
Instructor: Robert Wilkens is a life-long PASCEP student and has served as the class assistant for several years.

Intermediate Arabic–PASCEP0002
Course Fee-$30.00 (8 Weeks) Tuesdays, 5:30PM-7:00PM, Limit 25
This intermediate course covers Level 2 grammar, Level 2 writing and Level 2 conversational Arabic. The instructor’s style of teaching will provide the students with fluency in communicating in Arabic.
Instructor: Yahya Abdulmalik is a veteran PASCEP instructor who has been with the program since 1993. He studied Arabic language and History at Damascus University and the AbduNoor University of Syria.
LANGUAGE STUDIES, continued

Introduction to Spanish—PASCEP0006
Course Fee: $30.00    (10 Weeks) Tuesdays, 5:30PM-7:30PM, Limit 25
This course is for students who wish to acquire a basic knowledge of Spanish and to be able to engage in normal, everyday conversations with Spanish speakers. The course will provide some exposure to Hispanic culture as well.
Instructor: Janice Smith holds a Bachelor’s degree from the Pennsylvania State University and has earned a Master’s degree in Human Services from Lincoln University.

COMPUTER APPLICATIONS

Creating Professional Spreadsheets—PASCEP0003
Course Fee: $50.00    (10 Weeks) Thursdays, 7:00PM-9:00PM, Limit 15
This course focuses on the fundamental concepts of how to create stunning and effective spreadsheets using Excel 2010. All of the basic terminology, concepts and techniques are learned as students create workbooks.
Instructor: Maurice E. Kennedy, Jr., is a Senior Programmer Analyst, Database Administrator and corporate trainer with a career that spans more than 30 years. He has numerous industry level IT certifications.

Developing Dynamic Databases—PASCEP0048
Course Fee: $50.00    (10 Weeks) Tuesdays, 7:00PM-9:00PM, Limit 15
Students will learn the methodology to create and support Access database end-user applications that are menu-driven, fully-functional, intuitive, effective and efficient. Prerequisites: An Administrator desktop or notebook PC account. A complete installation of Microsoft Office 2010.
Instructor: Maurice E. Kennedy, Jr., is a Senior Programmer Analyst, Database Administrator and corporate trainer with a career that spans more than 30 years. He has numerous industry level IT certifications.

Introduction to Personal Computers—PASCEP0018
Course Fee: $30.00    (10 Weeks) Thursdays, 5:30PM-7:00PM, Limit 24
Take this hands-on introductory course to discover the world of computers. Students will learn the basics and background of personal computers and technology, the many uses for computers, essential commands and how to navigate the Windows operating system.
Instructor: Olayinka Olabinjo is a Senior Technical Support Specialist for Temple University. He has more than 7 years of experience in computer science and information technology. Among his degrees are a PhD in Bioinformatics from Temple University and a BA degree from Drexel University in Computer Science.
HEALTH AND WELLNESS CLASSES

Sahaja Yoga Meditation—PASCEP0024
Course Fee: $30.00 (10 Weeks) Wednesdays, 7:00PM-9:00PM, Limit 25
You will learn about your own subtle system and how to meditate in thoughtless awareness reaching that inner state of peace and joy. Each energy center has its own special qualities. You will learn about each of these qualities, how to diagnose the state of your energy centers and the techniques that will keep them in balance. This class will teach you how to develop strong attention that minimizes stress and strain that comes with everyday living.

_Instructor: Dorothy Logan_ is a student of Shri Mataji Nirmala Devi and has practiced Sahaja Meditation for fifteen years. Sharing this unique and simple way of meditation with mankind is her way of saying thanks to the universe.

Sick of Being Sick?—PASCEP0012
Course Fee: $30.00 (10 Weeks) Mondays, 7:00PM-9:00PM, Limit 25
Most doctors agree that chronic degenerative diseases, such as diabetes cannot be cured with prescription drugs. That is because they are caused by the nutritional deficiencies of the Standard American Diet. This course will show you how to treat your chronic disease with the Biblical Cure; fruits, vegetables and water.

_Instructor: Bill Young_ is a Certified Holistic Nutritionist, a Member of the American Association of Diabetic Educators and a Certified Reiki Practitioner.

BUSINESS & PROFESSIONAL DEVELOPMENT

How to Own Your Own Real Estate—PASCEP0045
Course Fee: $30.00 (6 Weeks) Mondays, 7:00PM-9:00PM, Limit 25
This course is perfect for the person who wants to purchase a home or invest in real estate. The course covers how to properly prepare and look for your future home or investment property. In this class you will learn how to buy fixer uppers, HUD, Fannie Mae and Freddie Mac houses.

_Instructor: Annette C. Collier_ is a licensed real estate broker in Pennsylvania, New Jersey and Delaware.

How to Publish Your Own Book—PASCEP0036
Course Fee: $30.00 (8 Weeks) Thursdays, 5:30PM-7:00PM, Limit 25
Publishing requires diligence, focus and the ability to see the book as the final product. Each week there will be lessons and assignments that will assist in the process. In the end, the students will understand how to self-publish and create and market their books.

_Instructor: Ann P. Martin_ received a Masters in Social Work from the University of Pennsylvania. She is a retired Program Analyst and Social Worker with the City of Philadelphia. She is an author and publisher.
PERSONAL DEVELOPMENT & ENRICHMENT

American Sign Language—PASCEP0014
Course Fee: $30.00  (10 Weeks) Tuesdays, 7:00PM-9:00PM, Limit 25
This ten-week course is designed for students who have no previous knowledge of American Sign Language (ASL).

Instructor: Baron Roane attended the Philadelphia School for the Deaf and was an outstanding student in the Pan-African Studies Community Education Program’s American Sign Language course.

Basic Design/Sewing—PASCEP0037
Course Fee: $40.00 (8 Weeks) Thursdays, 5:30PM-7:00PM, Limit 10
This course will teach zipper setting, button hole making, seaming and hemming using the sewing machine. Students will also learn how to pick fabric, patterns and notions. Students will have fun creating their own fashion statement, whether in a garment, tote bag or other item. Tips on entrepreneurship will be included.

Requirements: Students should bring a portable sewing machine to class.

Instructor: Rebecca Gaskin is a retired professional freelance fashion designer. For more than 30 years, she has coordinated fashion shows and has consulted for weddings and churches.

Create Your Life By Design & Live Your Best Life Now!—PASCEP0501
Course Fee: $20.00  (8 Weeks) Tuesdays, 7:00PM-9:00PM, Limit 25
This is a group-coaching workshop that focuses on practical tools and techniques to enable you to live a more fulfilling and flourishing life. Based on empirical evidence, you will learn proven strategies and step-by-step formulas to get results and achieve success, happiness, and sustain positive change in your business, career, and/or personal life. Realize your dreams by applying universal laws and time-tested success principles.

Requirements: Every student must have email access.

Instructor: Adesanya Karade is the president & CEO of The Transformation Station, Inc. She is a Success and Life Coach specializing in transformation, transition, and change. She has facilitated Sister Circles and taught Universal Laws and Personal Development workshops for more than 20 years. As a member of the International Coach Federation, she received her Coach Training at the University of Pennsylvania, Coach University and the Coach Training Institute. Adesanya has worked and conducted trainings internationally.

The Criminal-Justice System: From Arrest to Appeal—PASCEP0025
Course Fee: $25.00  (4 Weeks) Wednesdays, 7:00PM-9:00PM, Limit 25
What would you do if you or one of your family members or friends were arrested? What if they were charged with a crime and had to go to court? What would you do if any of them were found guilty and were sent to prison? If you want to know the answers to any of these important questions, you should attend this course, which is taught in a manner that makes the law very easy to understand.

Instructor: Michael Coard, Esquire is a graduate of Cheyney University where he earned degrees in English Education and Political Science as well as Ohio State University where he received a law degree. Mr. Coard is a criminal defense attorney with more than 15 years of state and federal trial experience and he specializes in murder cases.
PERSONAL DEVELOPMENT & ENRICHMENT, continued

**Crochet: Basic and Beyond—PASCEP0047**
Course Fee: $25.00 (10 Weeks) Tuesdays, 7:00PM-9:00PM, Limit 25
This course will assist students in making dolls, table runners, garments and afghans. They will learn to create jewelry, sculptures, and much more.
*Instructor: Cora Williams* is a master crochet artist who has over 30 years of experience in the art. She also specializes in crocheted jewelry and dolls.

**Effective Co-Parenting—PASCEP0500**
Course Fee: $25.00 (7 Weeks) Thursdays, 6:00PM-7:30PM. Limit 25
Co-parenting is an arrangement in which both parents share responsibility for raising their child or children in a spirit that promotes cooperation and growth. This 6 week workshop will support you in working cooperatively to raise the best children possible. You will explore the realities, necessity and effects of co-parenting. Parents will develop a parenting plan for use in everyday life.
*Instructor: NéSha Anthony* is a Master’s level clinician with training in Family Systems Therapy. She is passionate about individual, couples and family therapy. She is also trained in Trauma Focused Cognitive Behavioral Therapy.

**Hip Hop 101—PASCEP0039**
Course Fee: $10.00 (10 Weeks) Thursdays, 7:00PM-9:00PM, Limit 40
This course in Hip Hop will expose students to listening styles and offer debate and critique of many underground artists and their rhymes. Celebrity speakers will also be present in the class.
*Instructor: Michael Coard, Esquire* is a graduate of Cheyney University where he earned degrees in English Education and Political Science as well as Ohio State University where he received a law degree. He is a criminal defense attorney with more than 15 years of state and federal trial experience.

**Photography: For the Beginner and Intermediate Photographer—PASCEP0499**
Course Fee: $30.00 (10 Weeks) Mondays, 6:00PM-8:00PM, Limit 30
This course will teach you about digital photography, how to use your camera, and how to compose well-exposed and focused images through weekly assignments. Students will be challenged to photograph random subjects, including people in the street, and in various posed settings and to share their images with each other.
*Prerequisite: Must have a 35mm film camera or DSLR, or any digital camera. Cell phones are not allowed as a camera.*
*Instructor: Kyle D. (k/d) Morris* is a professional and event photographer as well as a spoken word artist, producer and poetry instructor. He created Operation Give Back: Photography to encourage experienced and novice photographers teach, exchange ideas, and share knowledge and techniques. To learn more, visit his website at: www.kdmorrisphotography.com.
PERSONAL DEVELOPMENT & ENRICHMENT, continued

Poetry Writing & Performance: From the Page to the Stage—PASCEP0016
Course Fee: $25.00 (8 Weeks) Tuesdays, 7:00PM-9:00PM, Limit 25
The objective of this course is to assist and provide each participant with the tools to motivate them to grow as poetry writers. Guidance will be offered through class participation and writing assignments, the exploration of their personal origins as poets, motivational prompts and performance instruction that emphasizes the importance of stage presence.

Instructor: Kyle D. (k/d) Morris is a professional and event photographer as well as a spoken word artist, producer and poetry instructor. He created Operation Give Back: Photography to encourage experienced and novice photographers teach, exchange ideas, and share knowledge and techniques. To learn more, visit his website at: www.kdmorrisphotography.com.

Sick of Being Broke—PASCEP0044
Course Fee: $25.00 (8 Weeks) Tuesdays, 7:00PM-9:00PM, Limit 25
This course is designed to share basic investing and wealth building strategies to become financially independent. Students will learn how to create wealth by understanding stocks, bonds, mutual funds, real estate, gold and how the stock market works. The course will introduce students to “Black Wall Street”. Students will also learn about retirement income planning strategies, Rich Dad Poor Dad concepts, how to retire rich, best ways to get rid of debt, and ways to start your own investment club.

Instructor: James R. Veal is founder and managing member of JRV Wealth Management Group, LLC. His more than ten years of experience as a stockbroker and financial advisor and has worked on Wall Street. He currently conducts free seminars and workshops on investing and writes financial articles for a number of community newspapers.

Strive: The Psychology of Recovery—PASCEP0050
Course Fee: $30.00 (8 Weeks) Wednesdays, 7:00PM-8:45PM, Limit 25
This course uses a combination of philosophy and metaphysics as an approach to address psychological disharmonies that are experienced daily by people of all lifestyles. The process of recovery is defined and examined. Several principle wellness action plans and approaches are used as educational tools such as the STRIVE Motivational Recovery Model, color therapy and laugh therapy.

Instructor: Fatima Abdul Johnson is the CEO and founder of S.T.R.I.V.E. Motivation Inc., a nonprofit organization providing recovery support, counseling and advocacy for individuals in recovery from mental illness and substance abuse.
PERSONAL DEVELOPMENT & ENRICHMENT, continued

Walking Into the Rainbow: The Path to Spiritual Development–PASCEP0054
Course Fee-$30.00 (10 Weeks) Thursdays, 5:30PM-7:00PM, Limit 25
If you are curious about spiritual development, yet have no prior knowledge or experience, then this class is for you. This class will present ancient sources for spirituality, such as auras, chakras, and spiritual communication, in a slow, practical, and safe step-by-step workshop. The class adopts information from many religions, spiritual philosophies, and sciences in order to demonstrate the spiritual exploration and examination taken up by initiated practitioners and priests/priestesses. This course will also explore the historical dynamics of dance, music, and art in spiritual development.

**Instructor:** Betty Alridge is a Yoruba priestess of Shango and Egun for 40+ years, a professional dancer, teacher, and choreographer for 30 years in Philadelphia. She has performed and instructed dance and cultural arts with Arthur Hall’s Afro-American Dance Company for 25 years throughout the U.S. and worldwide. Betty received her BFA degree in Dance from Temple University and has taught both in the University and with PASCEP.

HISTORY & CULTURE

African American Genealogy and History–PASCEP0030
Course Fee-$30.00 (10 Weeks) Mondays, 6:00PM-9:00PM, Limit 25
This course is to assist students in documenting and sharing their African American family history. We cover uncommon African American history for those who migrated from the south to Philadelphia, during the largest migration in the world. We also cover DNA, genetics, and epigenetics; evidence Africans migrated all over the entire world, including their relationships with Native Americans, Chinese and Latinos. During class, students will have access to computers and Ancestry.com for free. No prior computer experience is required. Optional: Students will receive one on one instruction on the Second Saturday of the month.

**Instructor:** Tamera C. J. Baggett is a Narrative Community Therapist, Professional Genealogist since the 1980s and an Alumni of Temple University with degrees in Psychology, Criminal Justice and Latin American Studies. A PASCEP instructor since 2004, she is teaching her 27th semester.

African Drumming & Percussion–PASCEP0502
Course Fee: $30.00 (10 Weeks) Thursdays, 6:00PM-7:30PM, Limit 25
This course provides instruction in African drumming focusing on the tones and simple rhythms which will allow the student to quickly play and master the instrument. There will also be discussion about various drummers and demonstration of other percussion instruments. Students are encouraged to bring an instrument.

**Instructor:** Saantis Fenmu Davis is a percussionist trained in music education and performance; he graduated from The City College of New York.
HISTORY & CULTURE, continued

The Journey from Africa to America—PASCEP0005
Course Fee: $25.00 (10 Weeks) Mondays, 5:30PM-7:00PM, Limit 25
This Afrocentric course will benefit anyone interested in developing the knowledge and the tools necessary to teach African-American history and culture. The course will assist in fostering a stronger sense of self-worth and self-knowledge.

Instructor: Lillian Green, PhD, is a veteran teacher, retired from the School District of Philadelphia, where she taught all grade levels and worked in its Division of African and African American Studies. She received her PhD in African American Studies from Temple University.

The Reel Deal—PASCEP0503
Course Fee: $30.00 (10 Weeks) Mondays, 6:00PM-9:00PM, Limit 25
The emphasis of the Reel Deal course is to utilize feature films, documentaries and video sources to better understand the African-American experience. From slavery to allegations of a post-racial America, this course will provide a comprehensive historical lens of what it means to be black in America.

Instructor: Shay Scott is a veteran American History teacher and a current Doctoral Research Assistant at Temple University. Shay earned a Bachelor of Arts degree from Emory University, a Masters of Education from Kaplan University, an Education Specialist degree from Liberty University, and a Graduate Certificate in African American Studies from the University of North Carolina-Greensboro. Shay’s research and numerous publications are in the area of race, race relations, Black popular culture, and Black America.

SPECIAL FOCUS COURSES/WORKSHOP

Credit Education (Building Back Your Credit)—PASCEP0022
Course Fee: Free (3 Weeks) Wednesdays, 5:30PM-7:00PM, Limit 25
The purpose of this course is to assist and educate individuals who are facing credit issues such as judgments, foreclosure, bankruptcy, collections, lateness or student loans. The goal of this workshop is to help individuals get back on the right track.

Instructor: Ella Butcher is the Founder/President of Butcher Investors, LLC, and Peaches and Cream Foundation, Inc., a mentoring/dance program for girls 11-17 years of age. Her experience includes assisting individuals with credit issues, to help them qualify for mortgages and any type of loans. She is also the author of the “Credit Diary.”

The views and opinions of instructors do not necessarily represent those of the Pan-African Studies Community Education Program of Temple University.
TAKE CHARGE AND SEIZE THE DAY!

Prepare for the General Educational Development (GED) examination. The all-inclusive course fee of $25.00 gives you the option to register for **one or all four** classes (Mathematics, Social Studies, Computer Literacy, and Science). See pages 10–11.

**Classes start:** Monday, September 19th  
**Classes end:** Thursday, December 1st

**ONLINE REGISTRATION** starts on Monday, July 25th

Visit the PASCEP Website: [http://www.temple.edu/pascep](http://www.temple.edu/pascep) for more information.
PAN-AFRICAN STUDIES COMMUNITY EDUCATION PROGRAM

Entertainment and Community Education Center / 2nd Floor
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