

INTENDED AUDIENCE

This course will provide educational and networking opportunities for Psychiatrists, Psychologists, Social Workers, Physician Assistants, Nurse Practitioners and Nurses.

ACCREDITATION STATEMENT

Temple University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to sponsor Continuing Medical Education for Physicians.

CERTIFICATION STATEMENT

Temple University School of Medicine designates this live activity for a maximum of 6.25 AMA PRA Category 1 Credit(s)TM. Physicians should only claim credit commensurate with the extent of their participation in the activity.

DISCLOSURE POLICY

It is the policy of the Temple University School of Medicine, The Albert J. Finestone, M.D., Office of Continuing Medical Education that the speaker and provider disclose real or apparent conflicts of interest relating to the topics of this educational activity, and also disclose discussions of unlabeled/unapproved uses of drugs or devices during their presentation(s). Temple University School of Medicine, Office for Continuing Medical Education has established policies in place that will identify and resolve all conflicts of interest prior to this educational activity. Detailed disclosure will be made prior to the activity.

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The Albert J. Finestone, M.D.
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Temple University School of Medicine
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Philadelphia, PA 19140

A PSYCHODYNAMIC APPROACH TO TREATMENT RESISTANT MOOD DISORDERS:

Breaking through complex
comorbid treatment resistance
by focusing on Axis II

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A PSYCHODYNAMIC APPROACH TO TREATMENT RESISTANT MOOD DISORDERS:

Breaking through complex comorbid treatment resistance by focusing on Axis II

PRESENTED BY
TEMPLE UNIVERSITY DEPARTMENT OF PSYCHIATRY AND
AUSTEN RIGGS CENTER

8:00 AM – 4:00 PM

Saturday, March 31, 2012

City Avenue Hilton ■ Philadelphia, PA

COURSE DIRECTOR
Eric M. Plakun, M.D.

WITH
David Mintz, M.D., Donald E. Rosen, M.D., Edward R. Shapiro, M.D.
Austen Riggs Center

MODERATOR
William Dubin, M.D.
Temple University School of Medicine

A PSYCHODYNAMIC APPROACH TO TREATMENT RESISTANT MOOD DISORDERS:

Breaking through complex comorbid treatment resistance by focusing on Axis II

PROGRAM OVERVIEW

Patients with treatment resistant mood disorders often fail to respond solely to biological treatments and/or traditional management algorithms. Treatment frequently devolves into chronic crisis management, with prominent risk of suicide. Too often, crisis management replaces pursuit of broader treatment goals. In response, residencies have begun to re-emphasize mastery of psychodynamic concepts that may be useful in developing a more integrated treatment approach to these patients.

This course offers a comprehensive overview of the approach to this subset of treatment resistant patients derived from a longitudinal study of patients in extended treatment at the Austen Riggs Center, Stockbridge, Mass. The course offers a concise overview of psychodynamic object relations theory and how this concept illuminates an understanding of primitive defenses, followed by an overview of “psychodynamic psychopharmacology,” an approach to prescribing to treatment resistant patients that attends to the meaning effects of medications. In addition, ten psychodynamic principles extracted from the study of successful treatments are presented. These include listening beneath symptoms for repeating themes, putting unavailable affects into words, and attending to transference-countertransference paradigms

contributing to treatment resistance. This psychodynamic approach guides interpretation in psychotherapy, but also guides adjunctive family work, helps integrate the psychopharmacologic approach and maximizes medication compliance. An Alliance Based Intervention for Suicide is also described—an approach that allows clinicians to improve their capacity to negotiate and utilize a therapeutic alliance with suicidal treatment resistant patients with comorbid personality disorders. Ample opportunity will be offered for course participants to discuss their own cases, as well as case material offered by the presenters.

The course is designed to help practitioners improve outcomes with these patients, and to help training directors improve their grasp of and ability to teach psychodynamics to residents. Conference attendees are invited to bring their perspectives and questions for discussion.

LEARNING OBJECTIVES

After the completion of this course participants should be able to:

- **Describe** psychodynamic principles that are shown to improve outcomes in work with patients with treatment refractory mood disorders comorbid with other disorders, including prominent Axis II pathology.
- **Discuss** object relations theory and primitive defenses, as well as the psychodynamics of psychopharmacology.
- **Recognize** transference-countertransference paradigms and how they contribute to treatment resistance.

AGENDA

SATURDAY, MARCH 31, 2012

8:00 AM

Registration and Continental Breakfast

8:30 AM

Welcome and Overview

8:45 AM

Developmental and Family Issues in Personality Disorders: An Overview

9:45 AM DISCUSSION

10:05 AM

Meaning and Medication in the Care of Treatment Resistant Patients

11:05 AM DISCUSSION

11:25 AM

Psychodynamic Principles with Treatment Refractory Mood Disorders

12:25 PM DISCUSSION

12:45 PM LUNCH

1:30 PM

Using the Alliance in Psychodynamic Work with Treatment Refractory Patients: A Focus on Suicide

2:30 PM DISCUSSION

2:50 PM

Applications of Learning to Participants' Work Settings and Case Consultation by Faculty

4:00 PM ADJOURN

FACULTY

CONFERENCE DIRECTOR

Eric M. Plakun, M.D.

Director of Admissions and Professional Relations, Austen Riggs Center

MODERATOR

William R. Dubin, M.D.

Professor and Chair, Department of Psychiatry and Behavioral Science, Temple University School of Medicine; Chief Medical Officer, Episcopal Hospital

PRESENTERS

David Mintz, M.D.

Director of Psychiatric Education, Austen Riggs Center

Donald E. Rosen, M.D.

Medical Director/CEO, Austen Riggs Center

Edward R. Shapiro, M.D.

Clinical Professor of Psychiatry, Yale University School of Medicine and former Medical Director/CEO, Austen Riggs Center

REGISTRATION FORM

A PSYCHODYNAMIC APPROACH TO TREATMENT RESISTANT MOOD DISORDERS: Breaking through complex comorbid treatment resistance by focusing on Axis II

FEES

- \$75** MDs, PhDs and other health professionals
- \$50** Nurse Practitioners, Physician Assistants
- FREE** Psychiatry residents and medical students

Registration fee includes: Lunch, coffee breaks and registration materials. Make checks (No Cash Accepted) payable to **Temple University Postgraduate**

RETURN TO: Catherine Thomas-King, CMP
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CANCELLATION POLICY: Refunds for withdrawal after deduction of a \$15.00 fee made only upon written request 30 days prior to the CME activity starting date. No refunds will be made 29 days prior to the program start date. Temple University School of Medicine reserves the right to cancel the program and return all course monies without further obligations if sufficient attendance is not secured.

 If you have special needs that we can address to make your participation more meaningful and enjoyable, please contact our office at (215) 707-4787.