



# INTERNAL MEDICINE REVIEW COURSE

March 11-15, 2012  
September 30 - October 4, 2012



## BEST VALUE FOR YOUR MONEY

Registration fee includes syllabus, pre & post tests, 4 continental breakfasts, 4 lunches, 2 dinners, all refreshment breaks and all workshops.

Presented by

**Temple University School of Medicine**

and

**Lancaster General Hospital**

At

The Lancaster Host Golf Resort and Conference Center  
Lancaster, PA

Visit our website at [www.temple.edu/cme](http://www.temple.edu/cme)



**44 AMA PRA Category 1 Credits™**

**Pass the Boards Guaranteed!**

Register Online at [www.temple.edu/cme](http://www.temple.edu/cme)



Dear Colleague:

I would personally like to invite you to attend the Internal Medicine Review Course. This is a very comprehensive course that covers Preventive Medicine and The Public Health, Cardiology, Pulmonary, Gastroenterology, Endocrinology and Metabolic Disorders, Infections Disease, Dermatology, Rheumatology, Pain Management, Psychiatry, Urology, Nephrology, Hematology, Oncology, Neurology, Orthopedics and Geriatrics. The information presented is clinical, evidenced based and applicable to your day-to-day practice. The program is designed to keep busy internists up to date with current cutting-edge information and also help with preparation for the board exam. The educational experience provided in this course will be unforgettable. We look forward to seeing you in Lancaster, PA.

Sincerely,

A handwritten signature in black ink that reads "Darilyn V. Moyer MD". The signature is fluid and cursive.

Darilyn V. Moyer, MD  
Professor Clinical School  
General Internal Medicine  
Temple University School of Medicine

## Internal Medicine Review Educational Objectives:

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Following completion of this program participants should be able to:

- Improve the diagnosis and treatment of common internal medicine problems
- Apply traditional modes of diagnosis and management more effectively
- Apply information to commonly asked questions in practice
- Increase proficiency and maintain competence by updating cognitive understanding of Internal Medicine
- Improve psychomotor skills utilized in office practice
- Feel better prepared to pass the American Board of Internal Medicine exam
- Evaluate controversial issues in internal medicine
- Earn up to 44.00 hours of Continuing Medical Education credits

## Features

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- Earn 44 Continuing Medical Education credits in one week
- Cost effective – Modest tuition and living expenses. Registration fee includes workshops, syllabus and tote bag (\$100.00 value), four continental breakfasts (\$40.00 value), four lunches (\$60.00 value), two dinners (\$50.00 value) and all refreshment breaks (\$75.00 value)
- Curriculum based on needs of internists
- Outstanding faculty
- Excellent preparation for certification or recertification examination of the American Board of Internal Medicine
- Pre- and Post-testing with computerized analysis of performance (for your own use - no individual record kept)
- Complete printed syllabus for use during course and for reference following course. Electronic syllabus will be available online for download during and after course.
- Workshops conducted Sunday, Monday and Tuesday evenings and Wednesday afternoon
- We guarantee that if you do not pass the American Board of Internal Medicine exam within one year of taking this course, you can attend another Internal Medicine Review within two years at no cost (hotel and travel not included)
- **20% discount** for each person when 3 or more register from a group or organization. You must register at the same time to get these discounts (no exceptions)

(You must pre-register and be assigned to the workshop on a first-come, first-serve basis. We cannot guarantee you will be assigned to the seminar or workshop of your choice. Early registration is encouraged. If the minimum number of registrants is not met, it may be cancelled.)

## Target Audience:

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Internists.

## Cancellation Policy:

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Refunds for withdrawal after deduction of a \$100.00 fee made only upon written request prior to February 15, 2012 for the Spring Course and September 1, 2012 for Fall Course. No refunds after February 15, 2012 for Spring Course and September 1, 2012 for Fall Course. Temple University School of Medicine reserves the right to cancel the program and return all course monies without further obligation if sufficient attendance is not secured.

## Conference Site and Hotel Information:

The Lancaster Host Resort and Conference Center is the host site for the Internal Medicine Review. All plenary sessions and workshops are held there. It is a completely self-contained/ convention complex with 330 well appointed and comfortable guest rooms on 225 beautiful acres in legendary Pennsylvania Dutch Country with all recreational activities available on site including indoor pool, 18 hole golf course and outdoor tennis courts. You may register with the Host directly, without waiting for your conference registration to be verified. Kindly use the registration form provided in this brochure. We strongly urge you to reserve your room(s) early as this facility fills quickly. Rates for Spring and Fall are \$99.00 single or double plus 11% tax; \$11.00 for each additional person in room over two people (age 18 and over); if under 18 years of age there will be no additional charge. Children under 13 eat for free. Register today by using the enclosed hotel reservation form or give our special code IM#1 when calling the hotel at 717-299-5500.

### ALTERNATIVE HOTELS

Classic Inn  
2302 Lincoln Highway E  
Lancaster, PA 17602-1114  
(717) 291-4576  
*Adjacent to Lancaster Host*

Continental Inn\*  
2285 Lincoln Hwy E  
Lancaster, PA 17602  
(717) 299-0421  
www.continentalinn.com  
*Across highway from Lancaster Host*

Holiday Inn East  
521 Greenfield Road  
Lancaster, PA 17601  
(717) 299-2551  
*2 miles west of Lancaster Host*

Red Roof Inn\*  
2307 Lincoln Hwy E  
Lancaster, PA 17602  
(717) 392-3576  
www.redroof.com  
*Across highway from Lancaster Host*

Quality Inn Lancaster  
2250 Lincoln Hwy.  
Lancaster, PA  
(717) 393-5499  
www.qualityinn.com  
*.1 mile from Lancaster Host*

The Black Forest Country Lodge  
21 Eastbrook Rd.  
Ronks, PA 17572  
(717) 393-2550  
*1.2 miles from Lancaster Host*

Your Place Country Inn  
2133 Lincoln Highway East  
Lancaster, PA 17602  
(717) 393-3413  
*1 mile from Lancaster Host*

Holiday Inn Express  
24 South Willowdale Drive  
Lancaster, PA 17602  
(717) 293-9500  
www.hiexpress.com  
*1 mile from Lancaster Host*

Country Inn & Suites  
2260 Lincoln Highway East,  
(Route 30)  
Lancaster, PA 17602  
(717) 299-4460  
(888) 201-1746  
*.2 miles from Lancaster Host*

Please contact hotels for their rates

**Accreditation Statement:**

Temple University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor Continuing Medical Education for physicians.

**Certification Statement:**

Temple University School of Medicine designates this live activity for a maximum of 44 AMA PRA Category 1 Credit(s)<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Disclosure Policy:**

It is the policy of Temple University School of Medicine; The Albert J. Finestone, M.D., Office of Continuing Medical Education that the speaker and provider disclose real or apparent conflicts of interest relating to the topics of this educational activity, and also disclose discussions of unlabeled/unapproved uses of drugs or devices during their presentation(s). Temple University School of Medicine, Office for Continuing Medical Education has established policies in place that will identify and resolve all conflicts of interest prior to this educational activity. Detailed disclosure will be made in the activity handout materials.

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**SUNDAY**  
**March 11, 2012**  
**September 30, 2012**

- 4:00 p.m.     **Registration and Reception**  
*Lancaster Host Golf Resort and Conference Center*  
*Hospitality Evening*  
*Hosted by Our Vendors*
- 5:30 p.m.     **KEYNOTE LECTURE**  
1.     The Albert J. Finestone, M.D. Annual Lectureship  
       Visual Problems in the Elderly
- 6:30 p.m.     Questions and Answers
- 7:00 –         Workshops  
9:30 p.m.

## **MONDAY**

### **March 12, 2012**

### **October 1, 2012**

Course Directors  
 Nikitas J. Zervanos, M.D.  
 Melinda Somasekhar, Ph.D.  
 Darilyn V. Moyer, M.D.  
 Professor Clinical School, General Internal Medicine  
 Temple University School of Medicine

- 6:45 a.m. Registration (Lampeter Hall)  
 7:00 a.m. Preview of Syllabus and Continental Breakfast (Showroom)  
 7:20 a.m. Welcome and Introductions  
 Nikitas J. Zervanos, M.D.  
 Albert J. Finestone, M.D. Associate Dean and Director Emeritus, Office of CME  
 Melinda Somasekhar, Ph.D. Assistant Dean, Office of CME

#### **PRE-TEST**

- 7:45 – Pre-Test (1 hour)  
 8:45 a.m.  
 8:45 a.m. Greetings from Moderator

#### **PREVENTIVE MEDICINE AND THE PUBLIC HEALTH**

- 8:50 a.m. 2. 2012 Immunization Update  
 9:40 a.m. 3. Aerobic and Strength Training in the Elderly  
 10:00 a.m. Break  
 10:15 a.m. 4. What's New in Hypercholesterolemia and the 2012 ATP 4 Guidelines  
 10:35 a.m. 5. Identifying and Using Good Practice Guidelines  
 11:05 a.m. 6. Managing Obesity  
 11:35 a.m. Questions and Answers  
 12:05 p.m. Lunch

#### **CARDIOLOGY**

- 1:00 p.m. 7. Common Types of Supraventricular Tachycardia  
 1:20 p.m. 8. Cardiac Rehab  
 1:45 p.m. 9. Hypertension: 2012  
 2:15 p.m. 10. A Case-Based Approach to Hypertension  
 2:40 p.m. Questions and Answers  
 3:10 p.m. Break

#### **PULMONARY**

- 3:25 p.m. 11. COPD 2012 Update  
 3:45 p.m. 12. Asthma Update 2012  
 4:10 p.m. 13. Sleep Apnea  
 4:40 p.m. 14. Case Studies of Five Common Pulmonary Conditions  
 5:20 p.m. Questions and Answers  
 5:50 p.m. Dinner (Distlefunk Ballroom)  
 7:00 – Workshops and Seminars including 10 minute break  
 9:45 p.m.

## **TUESDAY**

### **March 13, 2012**

### **October 2, 2012**

- 7:00 a.m. Preview of Syllabus and Continental Breakfast (Showroom)  
7:45 a.m. Greetings from Moderator

#### **GASTROENTEROLOGY**

- 7:50 a.m. 15. Heartburn  
8:20 a.m. 16. Five Common GI Conditions: Case Studies  
8:45 a.m. 17. When Diverticula Bleed: Clinical Considerations  
9:15 a.m. Questions and Answers  
9:40 a.m. Break

#### **ENDOCRINOLOGY AND METABOLIC DISORDERS**

- 9:55 a.m. 18. Diabetes Mellitus 2012 Update  
10:25 a.m. 19. Diabetes Mellitus Case Studies  
10:55 a.m. 20. Thyroid Dysfunction in the Elderly  
11:20 a.m. 21. Adrenal Disorders  
11:40 a.m. Questions and Answers  
12:00 p.m. Lunch

#### **INFECTIOUS DISEASE**

- 1:00 p.m. 22. Meningitis in Children  
1:25 p.m. 23. Acute Bronchitis: Dx & Rx Considerations (When to Use Antibiotics)  
1:50 p.m. 24. MRSA 2012 Update  
2:10 p.m. 25. The Human Papilloma Virus: In Men and Women  
2:30 p.m. Questions and Answers  
3:00 p.m. Break

#### **DERMATOLOGY**

- 3:15 p.m. 26. Acute Pruritic Rashes  
3:40 p.m. 27. Atypical Moles, Dx Considerations  
4:05 p.m. 28. Oral Manifestations of Systemic Disease  
4:30 p.m. 29. Choosing Topical Steroids  
4:55 p.m. 30. Atopic Dermatitis  
5:20 p.m. Questions and Answers  
5:45 p.m. Dinner (Distelfink Ballroom)  
7:00 – Workshops and Seminars (including 10 minute break)  
9:30 p.m.

## WEDNESDAY

### March 14, 2012

### October 3, 2012

- 6:30 a.m. *Fun Run (2 miles) Weather permitting: Lancaster Host Golf Course Jogging Route. There is a prize for the top male and female runner. The top 10 runners will also receive a Temple University/LGH T-shirt.*
- 7:00 a.m. Preview of Syllabus and Continental Breakfast (Showroom)
- 7:45 a.m. Greetings from Moderator

### RHEUMATOLOGY

- 7:50 a.m. 31. Psoriatic Arthritis
- 8:10 a.m. 32. Five Common Conditions in Rheumatology Case Studies
- 8:40 a.m. 33. Osteoporosis
- 9:00 a.m. Questions and Answers
- 9:20 a.m. Break

### PAIN MANAGEMENT

- 9:35 a.m. 34. Chronic Back Pain
- 10:05 a.m. 35. What's New in Pain?
- 10:35 a.m. 36. Case-based Approach to Pain
- 11:15 a.m. Questions and Answers
- 12:00 p.m. Lunch (Distelfink Ballroom)

### PSYCHIATRY

- 1:00 p.m. 37. Major Depression vs. Dysthymia in Clinical Practice
- 1:25 p.m. 38. Generalized Anxiety Disorder (Without Depression?)
- 1:50 p.m. 39. The Twenty Minute Hour and Cognitive Behavioral Therapy
- 2:15 p.m. 40. ADHD
- 2:40 p.m. 41. Addiction
- 3:10 p.m. Questions and Answers
- 3:40 p.m. Break
- 3:55 – Workshops and seminars
- 6:35 p.m.

## THURSDAY

### March 15, 2012

### October 4, 2012

- 7:00 a.m. Preview of Syllabus and Continental Breakfast (Showroom)  
7:45 a.m. Greetings from Moderator

#### **UROLOGY / NEPHROLOGY**

- 7:50 a.m. 42. Chronic Kidney Disease  
8:10 a.m. 43. Scrotal Masses  
8:30 a.m. 44. Enuresis  
9:00 a.m. 45. Case Studies of Five Common Problems seen in Nephrology/Urology  
9:25 a.m. Questions and Answers  
9:55 a.m. Break

#### **HEMATOLOGY/ONCOLOGY**

- 10:10 a.m. 46. The Lymphomas: (Are We Over Treating?)  
10:30 a.m. 47. Leukocytosis  
10:50 a.m. 48. "For the past few weeks I have noticed bruises on my body"  
11:10 a.m. 49. Normochromic Normocytic Anemia In Elderly: A Case Study Approach  
11:30 a.m. Questions and Answers  
12:00 p.m. Lunch

#### **NEUROLOGY**

- 1:00 p.m. 50. How to Avoid Brain Injuries  
1:30 p.m. 51. Peripheral Neuropathy  
2:00 p.m. 52. Frontal-Temporal Dementia  
2:30 p.m. 53. Movement Disorders  
3:00 p.m. Questions and Answers  
3:30 p.m. Break

#### **ORTHOPEDICS / GERIATRICS**

- 3:45 p.m. 54. Entrapment Syndrome  
4:10 p.m. 55. Lower Extremity Injuries  
4:40 p.m. 56. Meniscus Injuries of the Knee  
5:10 p.m. 57. Chronic Shoulder Pain  
5:40 p.m. Questions and Answers

#### **WORKSHOPS AND SEMINARS**

- SUNDAY EVENING  
7:00 – 9:30 p.m.  
MONDAY EVENING  
7:00 – 9:45 p.m.  
TUESDAY EVENING  
7:00 – 9:30 p.m.  
WEDNESDAY AFTERNOON  
3:55 – 6:35 p.m.

#### **ALCOHOLIC ANONYMOUS/NARCOTICS ANONYMOUS**

- On your own (Top Flight Lounge)  
Monday (5:40 – 6:10 p.m.) Tuesday (5:45 – 6:20 p.m.)

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**SUNDAY**  
**March 11, 2012**  
**September 30, 2012**

69. Immunizations: 2012
70. Nutritional Issues in Internal Medicine, Including a Discussion on Vitamins and Their Clinical Implications
71. Alcoholism and Drug Abuse ... Improving Physician Patient Interactions
72. Dementia
73. HIV and AIDS: Dx, Rx, & Px Considerations

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**MONDAY**  
**March 12, 2012**  
**October 1, 2012**

74. SAM: Self Assessment Module Workshop on Diabetes Mellitus
75. Hyperlipidemia – Diagnosis and Management
76. Electrocardiography Part I, Basic – (*Part II, Advanced - Tuesday*)
77. Common Musculoskeletal Injuries in Athletes and During Exercise
78. Making Effective Use of Diagnostic Imaging
79. Gastroenterology with Case Studies

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**TUESDAY**  
**March 13, 2012**  
**October 2, 2012**

80. SAM (Self Assessment Module) workshop on Depression
81. Electrocardiography: Part II, Advanced – (*Part I, Basic - Monday*)
82. Billing and Coding: Economic Consequences
83. Common Pain Syndromes and Their Management (Medication Safety Issues)
84. Strategies for Taking the Internal Medicine Board Examination

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**WEDNESDAY**  
**March 14, 2012**  
**October 3, 2012**

85. Infectious Disease Workshop
86. Management and Treatment of Headaches
87. CPR (this may go to 6:45 PM)
88. Common Urologic Problems including Male Sexual Dysfunction in Office Practice
89. Diagnostic and Skin Biopsy Techniques in Dermatology
90. What is Cognitive Behavioral Therapy? A Review of the “B-A-T-H-E” Technique and the 20 Minute Hour: A Case Study Approach
91. Rheumatology – Includes Joint Injection

# Mark Your Calendar!

## INTERNAL MEDICINE REVIEWS

**March 17 - 22, 2013**  
**September 29 - October 3, 2013**



# Internal Medicine Reviews The Lancaster Host Resort Reservation Form

CHECK ONE:  Spring: March 11-15, 2012  Fall: Sept. 30 - Oct. 4, 2012

Rates quoted per day per person **European Plan (Room Accommodation only)**

\$99 per day/per room, Single or Double Occupancy Triple \$109.00

NOTE: All rates are subject to 11% State Sales Tax

**GUARANTEED RESERVATIONS NOT CANCELLED 48 HOURS PRIOR TO THE DAY OF ARRIVAL WILL BE CHARGED FOR ONE NIGHT.**

### CHECK TYPE OF ROOM REQUESTED:

- Single Occupancy
- Double Occupancy (King Bed)
- Double Occupancy (Two Double Beds)
- Will Be Sharing Room\*\*

\*\*The hotel cannot be responsible for assigning roommates. Unless roommate is stated, you will be assigned a single occupancy accommodation.

### PLEASE NOTE: ROOM TYPE CANNOT BE GUARANTEED

- Forms received after February 15, 2012 for the Spring Course and August 15, 2012 for the Fall Course will be confirmed on an "if available basis".
- Deposit of first room night rate per person plus 11% sales tax must confirm reservation.
- Please make check payable to THE LANCASTER HOST RESORT
- Major credit cards are accepted at the hotel, as well as for deposits.
- Hotel confirmation is required for check-in

**Send form and deposit to**  
**THE LANCASTER HOST RESERVATIONS,**  
**2300 LINCOLN HIGHWAY EAST**  
**LANCASTER, PA 17603**  
**T (717) 299-5500. F (717) 295-5112**

PLEASE FILL OUT ONLY ONE FORM FOR EACH ROOM NEEDED.  
Please Print or Type the Following Information:

Name \_\_\_\_\_

No. of Children \_\_\_\_\_ Children's Ages \_\_\_\_\_

Roommates \_\_\_\_\_

Company Name \_\_\_\_\_

Company Address \_\_\_\_\_

Home Address \_\_\_\_\_

Home Phone \_\_\_\_\_

Business Phone \_\_\_\_\_

Arrival Date \_\_\_\_\_ Day \_\_\_\_\_

Departure Date \_\_\_\_\_ Day \_\_\_\_\_

Email Address \_\_\_\_\_

### \*If Credit Card Deposit

American Express  Visa  MasterCard  Diners Club  Discover

Exp. Date \_\_\_\_\_ Card No. \_\_\_\_\_

Signature \_\_\_\_\_

\*Credit Cards will be charged upon receipt of reservation.

**Internal Medicine Review**  
 Registration fee includes printed syllabus, updated syllabus online, tote bag, pre & post tests, 4 continental breakfasts, 4 lunches, 2 dinners, all refreshment breaks and all workshops.  
 Register online: [www.temple.edu/CME](http://www.temple.edu/CME)

CHECK ONE:  Spring: March 11-15, 2012  
 Fall: Sept. 30 - Oct. 4, 2012

Basic Registration Fees: \$1100.00 (US money equivalent), \$1000.00 (Fellows), \$950.00 (Residents - with a letter from Department Chairman)

GUEST MEAL TICKETS (LUNCH) \$15.00 each day  
 (Please specify how many tickets for each day)  
 \_\_\_ Monday \_\_\_ Tuesday \_\_\_ Wednesday \_\_\_ Thursday \_\_\_ Total # Tickets

GUEST MEAL TICKETS (DINNER/BUFFET) \$20.00 each day  
 \_\_\_ Monday \_\_\_ Tuesday \_\_\_ # of Tickets

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Daytime Telephone# \_\_\_\_\_ Fax \_\_\_\_\_  
 E-Mail Address \_\_\_\_\_  
 Specialty \_\_\_\_\_  
 Mastercard/Visa# \_\_\_\_\_ Expiration Date \_\_\_\_\_  
 Signature \_\_\_\_\_  
 Please note if all meals will be vegetarian

How did you hear about the program:  
 Ad  Direct Mail  Word of Mouth

To Register:  
 • By Phone – (800) 23-TUCME or (215) 707-4787  
 • Online – [www.temple.edu/CME](http://www.temple.edu/CME)  
 • By Fax – Complete Form and Fax to (215) 707-8268  
 • By Mail – Complete Form and Mail to:  
 Catherine Thomas-King, CMP  
 Temple University School of Medicine  
 The Albert J. Finestone, M.D.  
 Office for Continuing Medical Education  
 3440 North Broad Street, Philadelphia, PA 19140

Make checks payable to **TEMPLE UNIVERSITY POSTGRADUATE**  
**NO CASH ACCEPTED**

**Cancellation Policy:** Refunds for withdrawal after deduction of a \$100.00 fee made only upon written request prior to February 15, 2012 for the Spring Course and September 1, 2012 for Fall Course. No refunds after February 15, 2012 for Spring Course and September 1, 2012 for the Fall Course. Temple University School of Medicine reserves the right to cancel the program and return all course monies without further obligation if sufficient attendance is not secured.

**WORKSHOPS** (Please specify 3 workshop choices, write in Workshop numbers)

**Sunday Evening**  
 \_\_\_ 1st Choice \_\_\_ 2nd Choice \_\_\_ 3rd Choice

**Monday Evening**  
 \_\_\_ 1st Choice \_\_\_ 2nd Choice \_\_\_ 3rd Choice

**Tuesday Evening**  
 \_\_\_ 1st Choice \_\_\_ 2nd Choice \_\_\_ 3rd Choice

**Wednesday Afternoon**  
 \_\_\_ 1st Choice \_\_\_ 2nd Choice \_\_\_ 3rd Choice

**If you cannot attend  
the live program  
please visit our website  
[www.temple.edu/cme](http://www.temple.edu/cme)  
for our online offerings and  
enduring materials.  
Contact our office for more  
information:  
**215-707-4787**  
or  
**800-23-TUCME****



**The Albert J. Finestone, MD  
Office for Continuing Medical Education**  
3440 North Broad Street  
Philadelphia, PA 19140

Registration fee includes printed syllabus,  
updated syllabus online, tote bag,  
pre & post tests, 4 continental  
breakfasts, 4 lunches,  
2 dinners, all refreshment  
breaks and all workshops.

**REGISTER  
ONLINE!**

[www.temple.edu/CME](http://www.temple.edu/CME)

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