Student request for OPT Recommendation - DO NOT STAPLE ANY OPT APPLICATION MATERIALS TOGETER.

<table>
<thead>
<tr>
<th>Your Name:</th>
<th>Non temple email address</th>
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<tbody>
<tr>
<td>TU ID#:</td>
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I am requesting

☐ Full Time  ☐ Part Time  ☐ **Pre- completion OPT**

OR

☐ Full Time  **Post Completion OPT**

**Date to begin:**  **Date to End:**

List any dates of previously authorized CPT or OPT

<table>
<thead>
<tr>
<th>Begin</th>
<th>End</th>
<th>Level of study during or prior to employment</th>
<th>Full Time or Part Time</th>
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☐ Full Time  ☐ Part Time

Remember: You are eligible for 12 months of OPT per academic level. This applies to certification programs, undergraduate degrees, professional level studies, etc.

**CHOOSING YOUR DATES**

If you feel that you will be able to find employment quickly upon completing your program, you should pick an early start date. If you feel that you are going to take some time to find employment, then pick a start date that is close to or at the end of your 60-day grace period.

After your Academic Advisor completes page 6 you must select the date you want the OPT to begin and end. Refer to the Specific Date of Completion your advisor listed on the form to determine your date preference.

You must select a requested beginning date and end date for OPT. It has to be a date: Month/Day/Year. “Sometime in June” or “early May” is not a date. The I-20 you need to apply for the employment authorization document cannot be generated until you provide start and end dates.

If you are meeting degree requirements the start date must be within 60 days of the completion date indicated by your academic advisor on page 6.

You may only apply for a total of 12 months full time OPT (minus any time you’ve already used). For example, if you will meet degree requirements on May 9th, the OPT can begin any day from May 10, 200X through July 9th, 200X.

You can go to the following website to calculate your dates: [www.convertit.com/Go/Convertit/Calculators/Date_and_Time/Date_Time_Diff_Calc.ASP](http://www.convertit.com/Go/Convertit/Calculators/Date_and_Time/Date_Time_Diff_Calc.ASP). If this link doesn’t work for you, does an internet search for “date calculators” and you’ll find one that does.