

Advice you can count on.



## How to Save More

Are you wondering how much you should be saving for tomorrow? Or how much to put away for your child's education? It's never too early or too late to start building your nest egg. LifeWorks is here to help. A consultant can help you get started, figure out how to save more, and help you come up with a plan, whether you've just opened your first 401(k) account or are nearing retirement. Contact LifeWorks today.

We also have a wealth of resources to help you budget and save for the future. This month we're featuring a new podcast on How to Save More, with Manisha Thakor, co-author of two personal finance books. She shares tips on how to achieve financial peace of mind.

Try our financial calculators online, or read or download helpful articles like these:

- Saving as a Way of Life
- Financial Tips for New Parents
- Choosing a Financial Planner
- Saving for a Child's College Education

Also be sure to follow our new Taking Charge of Your Money blog beginning this month as you work toward your financial goals. And check out our featured seminar this month, Personal Budgeting, where you'll learn how to track your spending, manage debt and identify and achieve your financial goals.

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