Get rewarded for getting healthy

Log in to your secure ibxpress.com account to track your completed wellness activities and points earned.

1. After you log in, click the Healthy Lifestyles Rewards link in the Health & Wellness Programs box.

2. Click the link at the bottom of the Welcome page to get started. When prompted, choose the "I Understand" button.

3. First-time visitors are asked to provide contact information. Once provided your Home page will appear. The Home page contains your available activities and points. Use this page to track the points you have earned and to access the self-report functionality.

Not registered for ibxpress.com?
Sign up today!

- Click the Register button on the www.ibxpress.com home page.
- Select Member.
- Enter your personal information. You'll be required to enter either your member ID number or your social security number to complete your registration.

Questions?
Call 215-587-0360.
To start your Personal Health Profile, go back to the main page of ibxpress.com and click on the Personal Health Profile link in the My Health box.

You can complete your Personal Health Profile in about 15 minutes by answering simple questions about your health habits. This information is kept private and confidential.

Once you’re done, click on View My Results to get your health score and helpful information about how to improve it. And don’t forget to check back on the Healthy Lifestyles Rewards site in a few days to see your Points.