

14 Days of Family Music Activities During Time at Home

DAY 1

WASH YOUR HANDS TO MUSIC!

a. Compile a list of 20-second songs to wash your hands to e.g. ABC Song

DAY 2

NAME THAT TUNE!

a. Split the family into teams
b. One person is the moderator or "judge"
c. The judge will play a song and the first family member to guess the name of the song correctly gets a point
Challenge: You can do bonus points for knowing the correct artist or album name!

DAY 3

MAKE A PLAYLIST

a. Write down in a notebook or use a device and search through popular streaming services
b. Curate a playlist of songs related to how you are feeling in that moment.

DAY 4

LEARN ABOUT A NEW ARTIST

a. Pick any artist you may have been interested in learning about in the past e.g. Idina Menzel from *Frozen*, The Beatles Taylor Swift, etc.
b. Read about their life and listen to some of their music

DAY 5

MUSICAL MAD LIBS

a. Pick a song you love
b. Access the lyrics
c. Leave some blank spaces in the lyrics & insert new words
d. Once you have finished, play the song and sing along with the new words

DAY 6

LEARN ABOUT A MUSIC APP!

a. Download a music app such as *GroovePad* from the app store onto your phone or tablet. This app will teach you how to create your own songs and beats
b. Look up video tutorials on *Youtube* on how to create different beats e.g. Type into the search bar "Make Easy Beats On GroovePad Modern Hip Hop"

DAY 7

MAKE AN INSTRUMENT AT HOME

a. This can be as simple as using pots, pans, and buckets as drums, or actually making instrument, which is listed below:

HOMEMADE SHAKERS:

Materials:

- 2 large paper cups or yogurt cups
- Dried beans or rice
- Hot glue gun or duct tape
- *(Optional)* Decorate with markers or crayons

Instructions

1. *(Optional)* Decorate the outside of each paper cup
2. Fill one cup halfway with dried beans or rice
3. Apply hot glue to the top edge of the cup. Place the second cup on the glue to create the maraca

DAY 8

MAKE UP A DANCE TO YOUR FAVORITE SONG

a. Put on some music and bust a move!
b. This can be an improvised movement on the spot, or a choreographed dance

DAY 9

DRAW TO MUSIC

a. Pick a pre-made playlist on a music streaming service such as *Youtube* or *Spotify*
b. Get some markers or crayons and draw as you listen through the playlist

DAY 10

LEARN A NEW SONG!

a. Select a genre or artist you usually do not listen to or are unfamiliar with and pick a song e.g. On *Spotify* go to the search bar and scroll down to "Browse all" and choose an unfamiliar genre
b. Listen to the song once or twice
Challenge: If you know how to play an instrument, learn how to play/sing the song on that instrument!

DAY 11

COVER A SONG!

a. Is there a song you have been meaning to learn the words to? Do it!
b. Look up the lyrics to this song and use a streaming service to sing-along.
Challenge: Play the song on an instrument/sing and record the song in your own unique style.

DAY 12

PUT A CREATIVE SPIN ON A SONG

a. Change something about the song e.g. if the song is usually slow, sing it faster. If the song is quiet, sing it louder!

DAY 13

WRITE A SIMPLE SONG

a. Pick a topic e.g. animals
b. Write a few sentences about your selected topic-- those are your lyrics!
c. Look up "background music" on *Youtube* and sing your new lyrics over it!
Challenge: If you play an instrument, create your own background music for the song and complete a finished product. Post it online!

DAY 14

FAMILY JAM!

a. No instruments required! Put on some family favorites and sing along
b. Use those instruments you made, even use body percussion