THE ARCHIVES FOR GUIDED IMAGERY AND MUSIC

In July 2001, Dr. Helen Bonny donated all of her unpublished papers, audiotapes, LPs, videos, and various other materials on her work to Paley Library of Temple University. With this donation, the Special Collections Department of the library, and the Music Therapy Program at Temple have established an archive specifically devoted to GIM. At the same time, selected materials were also donated by Marilyn Clark, Linda Keiser Mardis, the Bonny Foundation, and the Association for Music and Imagery. Additional contributions to the archives may be made by other members of the GIM community at any time. (See below for instructions).

The purpose of the archive is twofold: to insure the legacy of Helen Bonny and her original method of Guided Imagery and Music, and to stimulate proponents of her method to make further developments in theory, research and practice. To accomplish this, the library has begun the process of: 1) preserving the originals of all materials contributed to the archive, while also making copies of them in other formats that will not decay; 2) cataloging the entire contents of the archive, using standard library systems; 3) making materials from the archives available to all interested parties, as appropriate to the nature of the materials and their intended use, and to the extent possible within financial constraints; and 4) continually adding relevant materials to the archive that will serve its purposes.

These materials may be housed in the archives or in the circulating collection of the library. Materials in the archives may be accessed on a special website to be established, or they will be available only for use in the library; materials in the circulating collection may be borrowed, or made available through legal photocopy. Altogether then, the GIM holdings at Paley consists of:

- All unpublished speeches, papers, and notes of Helen Bonny. Most of these will be digitized and made available on a website to be established for the archive.
- All original tapes created by Helen Bonny, and the LPs she used to create them. Because of copyright issues, these will be available only for use in the library.
- All published works of Helen Bonny, including articles and books. These will be in the permanent circulating collection of the library, and may be borrowed at any time. Also, within copyright laws, photocopies of articles or book sections may be obtained from the library upon request.
- All videos of Helen Bonny. Because of copyright issues, these will be available only for use in the library. Unpublished papers and published papers of AMI fellows pertaining to GIM. Most of these will be digitized and made available on a website to be established for the archive.
- All published articles and books on GIM. These will be in the permanent circulating collection of the library, and may be borrowed at any time. Also, within copyright laws, photocopies of articles or book sections may be obtained from the library upon request.
- All issues of the Journal of the Association for Music and Imagery. These will be available for use in the library. Also, within copyright laws, photocopies of articles may be obtained from the library upon request.
- Newsletters and various organizational papers of: the Institute for Consciousness and Music, the Institute for Music and Imagery, the Association for Music and Imagery, and the Bonny Foundation. These may be used in the library; and photocopies may be obtained by request. Other materials deemed pertinent.
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[BOX 1]


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**[BOX 2]**


Music for GIM on Phonograph Records

[BOX 3]


Grosso in D minor, Op.3, No. 11; Corelli: Concerto Grosso in G minor, Op. 6, No. 8 [recorded by Leopold Stokowski conducting his Symphony Orchestra]. On “Jesu, Joy of Man’s Desiring” a Baroque Concert by Leopold Stokowski and his Orchestra [record]. U.S.A.: Vanguard SRV 363 SD.


Brahms, J. (n. d.). German Requiem, Op. 45 [recorded by The Philharmonia Orchestra and Chorus, conducted by Otto Klemperer; Elisabeth Schwarzkopf, soprano,


Glinka, M., et al. (1974). Glinka: Aria of Susanin (A Life for the Tsar, Act IV); Rimsky-Korsakov: Song of the Viking Guest (Sadko, Scene IV); Mussorgsky: Boris
Godunov (Scene at the Palace, Act II), [recorded by Orchestra of the Leningrad Kirov Theater; conducted by Sergei Eltsin]. Dargomyzhsky: Aria of the Miller (Russalka, Act I); Tchaikovsky: Aria of Gremin (Eugen Onegin, Act III); Rachmaninoff: Cavatina of Aleko (Aleko) [recorded by Orchestra of the Bolshoi Theater, conducted by Fuat Mansurov]. On *The Great Russian Bass Boris Shtokolov, Arias by...* [record]. U.S.S.R.: Columbia/CBS/Melodiya M 34569.


[BOX 4]


Ibert, J., et al. (n.d.). Ibert: Entr’acte; Villa-Lobos, Bachianas Basileiras No. 5-Aria, Desportes, Ronde and Pastorale Joyeuse; Ovalle: Azualo and Tres Pontos de Santo; Chopin, Prelude in E-minor, Op. 28, No. 4; Almeida: O Cacador; Gossec: Tambourin; Henrique: Boi Bumba; Faure: Sicelienne; Barroso: Para Ninar; Ravel: Piece en Forme de Habanera; Braga: Maracatu [recorded by Laurindo Almeida (guitar), Martin Ruderman (flute), and Saali Terri (voice)]. On *Duets with the Spanish Guitar* [record]. U.S.A.: Angel 36050.

Ives, C., et al. (n.d.). Ives: Sixty-Seventh Psalm; Berger: Alleluia-from the Brazilian Psalm; Schuman: Prelude for Voices; Thomson: Alleluia; Tschaikowsky: The Golden Cloudlet; Tschesnokoff: Salvation is Created; Farewell Joy of my Life (traditional); The Bright Moon is Shining (arr. A. Sveschnikov); Every Time I Feel the Spirit (arr. W. L. Dawson); Sometimes I Feel Like a Motherless Child (traditional); I Couldn’t Hear Nobody Pray (arr. H. Johnson); Ezekiel Saw the Wheel (arr. W. L. Dawson). [recorded by Oberlin College Choir, conducted by Robert Fountain]. On *Oberlin College Choir, Robert Fountain, Conductor* [record, Volume 14: Part 3 + 4]. Oberlin College: Empirical EMS-23A.


Pachelbel, J. & Fasch, J. F. (n. d.). Pachelbel: Canon in D major, Partita No. VI in B-flat major, and Partie in G major; Fasch: Trumpet Concerto in D major, Sinfonia in G major, and Sinfonia in A major. [recorded by J.-F. Paillard Chamber Orchestra, conducted by Jean-Francois Paillard]. On JohannPachelbel: Canon in D major,
Partita No. VI in B-flat major, and Partie in G major, Johann Friedrich Fasch: Trumpet Concerto in D major, Sinfonia in G major, and Sinfonia in A major [record]. France: Erato MHS 1060.


Shostakovich, D. & Prokofiev, S. (1958). Shostakovich Symphony No.1; Prokofiev: “Classical” Symphony [recorded by Philharmonia Orchestra, conducted by Efrem


Strauss, R. (n.d.). Death and Transfiguration, Till Eulenspiegel’s Merry Pranks, and Dance of the Seven Veils (Salome) [recorded by Vienna Philharmonic Orchestra, conducted by Herbert von Karajan]. On Richard Strauss: Death and Transfiguration (op. 24), Till Eulenspiegel’s Merry Pranks, and Dance of the Seven Veils (Salome) [record]. England: Decca/London CS 6211.


**AUDIO WITH DIGITAL COPY (.aiff Format)**

**Board Meetings on Cassette Tape**

[BOX 5]


Conference Proceedings, Interviews, Presentations and Workshops on Cassette

CONFERENCE ON INNOVATIVE RESEARCH IN THE ARTS

[BOX 6]

Bonny, H. L. (Facilitator). (October, 1980). Conference on Innovative Research in the Arts [15 cassettes]. Contributors include: Phillip Crabtree (Speaker), Bob Dunbar (Speaker), Kay Gardner (Speaker), Lorin Hollander (Speaker, Pianist), Pat Kerr (Speaker), and Paul Lewis (Speaker). Series of informal symposiums held at the home of Jessica and Dean Barrons. Albuquerque, NM. Salina, KS: The Bonny Foundation.

ASSORTED EVENTS

[BOX 5 cont.]


Sun, P. (n. d.) [Lecture given by Patricia Sun]. Lecture given at unspecified location.

**HELEN BONNY IN NEW ZEALAND, 1992**

[BOX 7]


**THE 1995 MANDALA CONFERENCE**


**HELEN BONNY INTERVIEWED BY DENISE ERDONMEZ**

[BOX 8]


**GIN Trainings and Gatherings on Cassette Tape**

**GIN TRAINING AT UNKNOWN LOCATION**

**[BOX 5 cont.]**


1978 GIN TRAINING AT UNKNOWN LOCATION


**1979 GATHERING OF GIM FELLOWS AND ADVANCED STUDENTS, BALTIMORE, MD**


**1979 PHASE I GIM TRAINING AT LOYOLA ON THE POTOMAC RETREAT CENTER, FAULKNER, MD**


**1980 GIM TRAINING AT UNKNOWN LOCATION**


**1981 PHASE II GIM TRAINING**
1982 PHASE II GIM TRAINING AT UNKNOWN LOCATION


1982 PHASE III GIM TRAINING IN PENNSYLVANIA


1983 PHASE II GIM TRAINING AT “WELL-SPRINGS” IN PORT TOWNSEND, WA


1983 PHASE II GIM TRAINING AT “BEACHWOOD” IN PORT TOWNSEND, WA


VIDEO

[BOX 9]


[BOX 10]


MULTIMEDIA

Case Study Materials

[BOX 11]

Bonny, H. L. (1973, October-1974, August). Cheryl. Original case study materials including manuscripts; letters and correspondence; mandalas; questionnaires, inventories, and surveys; one reel-to-reel-audiotape; session notes.


[BOX 12]

Bonny, H. L. (1974, January-December). Ben. Original case study materials including mandalas and mandala commentary; questionnaires, inventories, and surveys; and session notes.


PRINT

Bibliographies

[BOX 13]


**Books, Chapters, and Manuscripts**


[BOX 14]


**[BOX 15]**


[BOX 16]


**Brochures**


**Conference, Retreat, and Special Event Proceedings and Memorabilia**

**1990 CONFERENCE OF THE CANADIAN ASSOCIATION FOR MUSIC THERAPY**


**INTERNATIONAL SYMPOSIUM ON MUSIC THERAPY: “MUSIC IN THE LIFE OF MAN”**


**PSYCHIC HEALING AND SELF-HEALING: THE TRANSCENDENT HUMAN POTENTIAL**


2nd INTERNATIONAL SYMPOSIUM ON MUSIC IN MEDICINE


7th ANNUAL CONFERENCE OF AMERICAN ART THERAPY ASSOCIATION


ELEVENTH ANNUAL CONFERENCE OF THE CANADIAN ASSOCIATION FOR MUSIC THERAPY

WISDOM RETREAT AND ELDERSBURG GATHERING


HELEN’S 70TH BIRTHDAY, SALINA KS


Correspondence


Discographies and GIM Program Catalogs

Bonny, H. L. & Espinosa, R. (n. d.) The Inner Sports Group. Unpublished manuscript, notes, correspondence regarding The Inner Sports Group, and discographies for “Inner Skiing Tape” and “Cruising”.


Bonny, H. L. (n.d.). *Preferred Record Albums (voted by two or more therapists) for Stated Drug Phase*. Unpublished manuscript.


Bonny Foundation (n.d.) *Classical CD’s for Relaxation*. Unpublished manuscript.

Bonny Foundation (n. d.) *GIM: Core Programs*. Unpublished manuscript. (2 copies)

Bonny Foundation (n. d.) *GIM Level I Training: Classical Music Listening List.* Unpublished manuscript. (2 copies)

Bonny Foundation (n. d.) *GIM-programs*. Unpublished manuscript.

Bonny Foundation (n. d.) *Single Music Selections for Group GIM*. Unpublished manuscript. (3 copies)


Bonny Foundation (n. d.) *GIM Taped Music Programs*. Unpublished manuscript.

Bonny Foundation (n. d.) *GIM Taped Music Programs: Music for Groups*. Unpublished manuscript. (4 copies)


**Dissertations, Theses, GIM Trainee Papers**

[Box 17]


[BOX 18]


[BOX 19]


**[BOX 23]**


**[BOX 24]**


Martin, J. A. (n. d.). *An Exploration of the Contraindications in the Bonny Method of Guided Imagery and Music with the Terminally Ill*. Unpublished paper submitted in partial fulfillment of the requirements of the status of Fellow of the Association for Music and Imagery, Salina, KS.


Rinker, R. (1995). The Bonny Method of Guided Imagery and Music (GIM) and It’s Application in the Clinical Treatment of Adolescents. Unpublished paper submitted in partial fulfillment of the requirements for the status of Fellow of the Association for Music and Imagery, Salina, KS.


[BOX 26]


[BOX 27]


Endorsement Materials for GIM Training Programs

[BOX 28]

Association for Music and Imagery (1989). Requirements for AMI-Endorsed GIM Training Programs. Unpublished manuscript. (2 copies)


Journals and Journal Articles


[BOX 29]


**Miscellaneous Brochures, Newsletters, and Concert Programs**


Anonymous. (n. d.). *Patricia Sun Returns to Southeastern Retreat by Popular Demand*. Brochure containing quotes and testimonials.

Bonny, H. L. (n. d.). *Helen Bonny Tapes*. Order form used to purchase GIM programs.


**Miscellaneous Notes**


Bonny, H. L. (n. d.). *Guiding in GIM.* Unpublished notes on guiding in GIM.


Bonny, H. L. (n. d.). *Research Ideas.* Unpublished notes on research in GIM.

**Newspaper and Magazine Articles**


Office Files

ASSOCIATION FOR MUSIC AND IMAGERY

[BOX 30]


[BOX 31]

Association for Music and Imagery. (n. d.). *Circle and Committee Meeting Minutes*. Unpublished meeting minutes of AMI Circle and various committees.

Association for Music and Imagery. (n. d.). *Circle and Committee Member Lists*. Unpublished lists of Circle and committee members with contact information.

Association for Music and Imagery. (n. d.). *Committee Correspondence*. Unpublished committee documents and documented communication between various committees and groups.


Association for Music and Imagery. (n. d.). *Corporate Records*. Unpublished files related to by-laws, incorporation, non-profit/tax exemption status, trade marking, etc.

[BOX 32]


Association for Music and Imagery. (n. d.). *International GIM*. Unpublished correspondence and meeting minutes related to the practice of GIM in other countries.


Association for Music and Imagery. (n. d.). *Statement of Purpose and GIM Definition*. Unpublished correspondence, manuscripts, memos, and notes related to the purpose of AMI and its definition of GIM.

Association for Music and Imagery. (n. d.). *Trainer Retreats and Meetings*. Unpublished correspondence and minutes related to Primary Trainer retreats and meetings.


**THE BONNY FOUNDATION**

[BOX 33]


The Bonny Foundation. (n. d.). *Bonny Foundation Scrapbook*. Unpublished compilation of bibliographies, correspondence, discographies, flyers, forms, instructional materials, presentation notes, program schedules, etc.

The Bonny Foundation. (n. d.). *Correspondence with Helen Bonny*. Unpublished written correspondence between Helen Bonny and other professionals.


The Bonny Foundation. (n. d.). *Letters to Helen*. Unpublished letters of appreciation written by various organizations and individuals to Helen Bonny, which were compiled for public relations purposes.

The Bonny Foundation. (n. d.). *Level I Training in GIM: Trainee Packet, Notes, and Correspondence*. Unpublished packet of instructional materials and forms given to trainees, with author(s) notes and correspondence.

**INSTITUTE FOR CONSCIOUSNESS AND MUSIC**

[BOX 34]


**INSTITUTE FOR MUSIC AND IMAGERY**


**Presentations and Proposals**

[BOX 35]


Bonny, H. L. (1967). *Psychedelic Therapy (Utilizing LSD) with Terminal Cancer Patients*. Unpublished manuscript presented at the American Psychiatric Association Meeting, Detroit, MI.


Bonny, H. L. (1996). *Notes for presentation*. Notes for presentation at Kansas Wesleyan University, Salina, KS.


Grof, S. (n. d.). *Beyond Psychoanalysis: III. Birth Trauma and Its Relation to Mental Illness, Suicide and Ecstasy*. Unpublished manuscript presented at the second
Interdisciplinary Conference on Voluntary Control of Internal States, Council Grove, KS.


Grof, S. (n. d.). *Psycholytic and Psychedelic Therapy With LSD; Toward an Integration of Approaches*. Unpublished manuscript presented at the Conference of European Association for Psycholytic Therapy, Frankfurt a./M., West Germany.


**Research: Consent Forms, Inventories/Schedules, and Questionnaires**

Beck (n. d.). *Instructions for Administration of Depression Inventory*. Guidelines for Depression Inventory used at unspecified location.


Levine, J. (n. d.). *PSC-PEP (revised form)*. NIMH-Psychopharmacology Service Center; revised form reproduced at the Research Department, Spring Grove State Hospital, Baltimore, Maryland.


Maryland Psychiatric Research Center (n. d.). *Out-Patient Psychotherapy Project: Information for Applicants*. Preliminary criteria for patients considering the Out-Patient Psychotherapy Project used at Maryland Psychiatric Research Center, Baltimore, MD.

Maryland Psychiatric Research Center (n. d.). *Permission for a Psychedelic (LSD) Training Experience*. Consent form used at Maryland Psychiatric Research Center, Baltimore MD.

Maryland Psychiatric Research Center (n. d.). *Psychedelic Experience Questionnaire*. Post-session questionnaire used at Maryland Psychiatric Research Center, Baltimore MD.

Maryland Psychiatric Research Center (n. d.). *Looking back on your LSD experience, how does it look to you now?* Post-session questionnaire used at Maryland Psychiatric Research Center, Baltimore MD.

Maryland Psychiatric Research Center (n. d.). *Post-Drug Questionnaire*. Post-session questionnaire used at Maryland Psychiatric Research Center, Baltimore MD.

Maryland Psychiatric Research Center (n. d.). *Weekly Questionnaire*. Meditation questionnaire used at Maryland Psychiatric Research Center, Baltimore MD.


Overall & Gorham (1975) *Brief Psychiatric Rating Scale*. Unidentified source. (2 copies)


**Research: Manuscripts, Proposals, and Studies**

[BOX 36]

Bonny, H. L. (n. d.). [Cardiac Research]. Unpublished correspondence, notes, and raw data collected during study at unspecified location(s).


Bonny, H. L. (n. d.). [Hospital Project # 344]. Unpublished notes and raw data related to Hospital Employees’ Questionnaire: Music Experience for Listening Test.

Bonny, H. L. (n. d.). [LSD Training Session Reports-Music]. Unpublished notes and raw data (session reports written by participants) collected from study conducted at unspecified location(s).


Bonny, H. L. (n.d.). [Pre to Post LSD Music Questionnaire: #1 and #2]. Unpublished notes, original copy of questionnaire, and raw data collected from studies conducted at unspecified location(s).


[BOX 37]


Cohen, R. (1972, August). *ASCID Experiment. Re: Dr. R. Soskin’s Comments.* Unpublished memorandum from Richard Cohen to Dr. A. A. Kurland at Spring Grove State Hospital, State of Maryland.


**[BOX 38]**


Soskin, R. (1972, July 31). *Memorandum* Unpublished correspondence from Dr. R. Soskin to Dr. A. A. Kurland at Spring Grove State Hospital, State of Maryland.

**Scores and Literature Related to GIM Music**
Training Materials

The Bonny Foundation, (n. d.) Competencies for the Bonny Foundation Training in GIM. Unpublished manuscript.


Transcripts


PRINT WITH COPY ON COMPUTER FILE (Word Format)

Books, Chapters, and Manuscripts


**Journal Articles**

[BOX 44]


Bonny, H. L. & Panke, W. N. (1972). The Use of Music in Psychedelic (LSD) Psychotherapy. *Journal of Music Therapy*, 9(2), 64-87. (Holdings include 3 print copies, as well as notes and rough draft not included in computer file).


**Presentations**


**BOX 45**

**Research, Development and Marketing for Dr. Bonny’s program Music Rx.**


Bonny, H.L. (n.d.) *Music for Music Rx.* Unpublished correspondence, manuscripts, memos, and notes related to the purpose of selecting music for the Music Rx program.


Lullaby from the womb: Dr. Murooka’s remarkable discovery (n.d.).


Under the knife without going under. *Science*, 82.


Bonny, H.L. (n.d.) Unpublished correspondence, manuscripts, memos, and notes related to the purpose of setting up the Music Rx program.

Bonny, H.L. (n.d.) Unpublished correspondence, manuscripts, memos, testimonials and notes related to the purpose the effectiveness of the Music Rx program.


LeShan, L.L. (1964). Mobilizing the life force: an approach to the problem of arousing the sick patient’s will to live. In D. Kissen and L. LaShan (Eds.), *Psychosomatic aspects of neoplastic disease*.

Bonny, H.L. (n.d.) Unpublished correspondence, manuscripts, memos, proposals and notes related to the purpose of acquiring grant funding for the Music Rx program.


Bonny, H.L. (n.d.) Unpublished lists of music suggestions for the Music Rx program.

Bonny, H.L. (n.d.) Unpublished correspondence, manuscripts, memos, and notes related to the purpose of making physicians aware of the Music Rx program.

Bonny, H.L. (n.d.) Unpublished correspondence, manuscripts, memos, and notes related to the purpose of presenting on the Music Rx program at conferences.

**Trainers’ Meetings**


Trainers’ retreat participants (February 7, 1999). Proposals to Education Committee.


Trainer’s Retreat Notes (January 1-6, 1998).

Trainers’ Retreat notes, summary of accomplishments, and ideas (January 1-6, 1998).

**BOX 46**


Mardis, L. K. (n.d.). GIM Advanced Training Examinations. (3 print versions)


In **Facilitator Resources**


In **Misc. Resources**


Mardis, L. K. (n.d.). “Putting together a program.” Includes hand and type written notes.

AMI Cred- Old Format Sheets (n.d.). 3 versions with notes.

Copyright Issues (1992). Includes notes regarding process by Linda Keiser Mardis and memo to AMI members from Helen Bonny and Mardis regarding new copyright policies.


*In Misc. GIM “Stuff”*


Advanced Level GIM Training- Examination III (n.d.). Includes 2 copies of instructions, 1 copy of example transcripts, GIM Transcript Notation, and Transcript Excerpts-Music.


Mardis, H. K. (n.d.). “Advanced GIM”. Includes handwritten proposal for Archedigm Advanced GIM training cycle, GIM Taped Music Programs Discography, reading